

# ACTIVITY GUIDE

Friday, May 29<sup>th</sup> – Friday, June 5<sup>th</sup>

YMCA OF THE ROCKIES – SNOW MOUNTAIN RANCH



**CHILDREN UNDER THE AGE OF 13 MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES**

## FAMILY PROGRAMS

### FRIDAY 5/29

#### **Doll Making**

1:30pm @ Homestead  
\$5/pp; registration required

#### **Yoga**

5:30pm @ Day Camp

#### **Roller Disco**

7pm @ Rec Center

### SATURDAY 5/30

#### **Doll Making**

9:30am @ Homestead  
\$5/pp; registration required

#### **Horse Stick Rodeo**

3pm @ Homestead

#### **Yoga**

5:30pm @ Day Camp

#### **Dodgeball**

7pm @ Rec Center

### SUNDAY 5/31

#### **Morning Prayer**

10am @ Whispering  
Pines Chapel

#### **Journal Making**

1:30pm @ Homestead

#### **Dino Dig**

3pm @ Homestead

#### **Skating Games**

8pm @ Rec Center

### MONDAY 6/1

#### **Dodgeball**

5pm @ Rec Center

### TUESDAY 6/2

#### **Human Hungry**

#### **Hippos**

4pm @ Rec Center

### WEDNESDAY 6/2

#### **Skating Games**

7pm @ Rec Center

### THURSDAY 6/4

#### **Hungry Human Hippos**

4pm @ Rec Center

#### **"Let it Glow" Skate Night**

5-9pm @ Rec Center

### FRIDAY 6/5

#### **Doll Making**

1:30pm @ Homestead  
\$5/pp; registration required

#### **Dino Dig**

3pm @ Homestead

#### **Yoga**

5:30pm @ Day Camp

#### **Community Bike Ride**

5:30pm @ Programs Lawn

#### **Dodgeball**

7pm @ Rec Center

## EXPLORE

### **FREE FAMILY FUN**

Stop by the programs building or give us a call at x4135 for activity information & registration, equipment rentals, and more!

#### **Junior Explorer Certification**

Pick up your Junior Explorer Booklet at the Programs Office. Complete as many activities as you can during your stay and return to Programs for a special prize!

#### **Library**

Let your imagination bloom. Grab a good book, enjoy a challenging puzzle or create your own magic fairy house. Open daily 9am-5pm.

#### **Dog Park**

Take your dog for a play date at our 3-acre dog park. Large & small dog areas provided.

#### **Mini Golf**

Play a round of mini golf at our 27-hole outdoor course. Balls & putters provided at the course. Open daily 6am-Midnight.

### **WEEKLY COMMUNITY BIKE RIDE**

- Every Friday starting June 5th
- Meet @ 5:30pm on the Programs Lawn
- Bring your own bike or inquire about discounted rentals x4020
- All ages and levels welcome!

## ADVENTURE ACTIVITIES – REGISTRATION REQUIRED

Book [online](#) or call the Programs Desk at 970-887-2152 x 4135.

#### **INDOOR CLIMBING WALL**

Located at the Rec Center, the indoor climbing wall is modeled to look and feel like real rock! Participants must be 40-250 lbs. 45 minute sessions. \$12/person.

#### **AERIAL CHALLENGE COURSE**

Traverse the trees, well above the forest floor! Each session begins with ground school that each participant must pass before entering the course. People with known heart conditions or who are pregnant may not participate. Participants must weigh less than 250 pounds and be at least 4'9". 2 hour sessions. \$35/person.

#### **OUTDOOR ARCHERY**

Located at the Outdoor Archery Range by the Library. Archery sessions allow beginners to learn the basics, while experienced archers get a chance to practice their skills. Open to ages 6+. 45 minute sessions. \$12/person.

#### **SUMMER TUBING**

Head for the hills and have a whole lot of fun on our specially designed tubing slope that expands the traditional winter activity of tubing to the summer! Included with YMCA stay; additional fee for Day Pass users, ages 3 and up.

# ON-SITE PARTNER PROGRAMS

Register Online with our Partners



## MASSAGE THERAPY

Massage Therapy by Lynda  
[massagebylynda.com](http://massagebylynda.com)

Hot Stones, Cupping, Essential Oils  
 Located in the lower level of the Caudill Building

## HORSEBACK RIDES

Rocky Mountain Stables  
[rockymountainstables.com](http://rockymountainstables.com)

Wrangler-led rides with breathtaking views of the Rocky Mountains.

## GUEST AMENITIES



### SCHLESSMAN COMMONS

6:30-9am, 11am-1pm, 5-7:30pm

	Adult (13+)	Child (6-12)	Child (<6)
Breakfast	\$16.50	\$9	FREE
Lunch	\$19.50	\$11.50	FREE
Dinner	\$22	\$16.50	FREE

### GENERAL STORE x4109

Souvenirs, snacks, and more!

Open Everyday: 9am-12:30pm & 1:30pm-6pm

### LAUNDRY x4141

Coin laundry 9am-midnight  
 Linen exchange 9-11am, 1-5pm

### BUCKBOARD GRILL

OPEN DAILY: 8AM-7:30PM

### Lost an item? Let us know!

Scan the QR code to file a lost item report, and we will let you know when we find something!



FACILITY HOURS	FRI 5/29	SAT 5/30	SUN 5/31	MON 6/1	TUE 6/2	WED 6/3	THU 6/4	FRI 6/5
<b>CRAFT SHOP</b>	Craft with a wide variety of ceramics, leather crafts, wood burning, tie-dye and more! Prices vary upon craft. Located below the Leggett Building. x4007 *							
	9am-5pm	9am-5pm	9am-5pm	9am-5pm	9am-5pm	9am-5pm	9am-5pm	9am-5pm
<b>RECREATION CENTER</b>	Roller skating, basketball, volleyball, ping-pong, foosball, billiards, pickleball, and much more! x7576 or x4135.							
	1pm-9pm	1pm-9pm	1pm-9pm	1pm-9pm	1pm-9pm	1pm-9pm	1pm-9pm	1pm-9pm
<b>POOL</b>	Anyone under the age of 13 must be accompanied by an adult over 18. Limited capacity available. Please call x4126 during pool hours with any questions.							
	9:30am-4:45pm & 6:15-8:30pm	9:30am-4:45pm & 6:15-8:30pm	CLOSED	CLOSED	9:30am-4:45pm & 6:15-8:30pm	9:30am-4:45pm & 6:15-8:30pm	9:30am-12:15pm & 2:30pm-5pm & 6:15pm-8:30pm	9:30am-4:45pm & 6:15-8:30pm
<b>LAP SWIM</b>	8am-9:30am & 5pm-6pm	8am-9:30am & 5pm-6pm	CLOSED	CLOSED	8am-9:30am & 5pm-6pm	8am-9:30am & 5pm-6pm	8am-9:30am & 5pm-6pm	8am-9:30am & 5pm-6pm
<b>BIKE &amp; FISH SHOP</b>	Visit us at the program's building for all of your bike and fish rental needs! We also offer bike service and can direct you to the best trails and fishing spots.							
	8:30am-5pm	8:30am-5pm	8:30am-5pm	8:30am-5pm	8:30am-5pm	8:30am-5pm	8:30am-5pm	8:30am-5pm
<b>ROWLEY HOMESTEAD</b>	Explore the life of a homesteader in the early 1900's! Take a tour or check out our programming for hands on learning opportunities!							
	1-5pm	9am-12pm & 1pm-4pm	9am-12pm & 1pm-5pm	9am-12pm & 1pm-5pm	CLOSED	CLOSED	9am-12pm & 1pm-5pm	9am-12pm & 1pm-5pm

At YMCA of the Rockies we are stewards of the Earth. Please do your part and recycle this Activity Guide. Click [here](#) or visit our website to learn more about our sustainability goals and practices.