



**YMCA  
OF THE  
ROCKIES**

# **SEASONAL PLANNING GUIDE**

**SUMMER 2026**  
**MAY 22 – AUGUST 7**

**YMCA OF THE ROCKIES  
ESTES PARK CENTER**

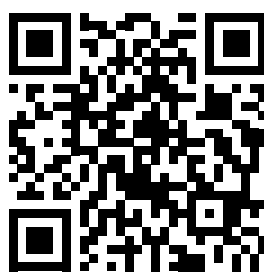
# TABLE OF CONTENTS

<b>WELCOME TO ESTES PARK CENTER .....</b>	<b>3</b>
<b>FAMILY PROGRAM FACILITIES .....</b>	<b>4</b>
<b>FAMILY PROGRAMS .....</b>	<b>5-6</b>
<b>BOONE FAMILY MOUNTAIN CENTER .....</b>	<b>7-9</b>
<b>ADVENTURE ACTIVITIES .....</b>	<b>7</b>
<b>HIKING .....</b>	<b>8</b>
<b>RENTALS .....</b>	<b>9</b>
<b>NATURALIST PROGRAM .....</b>	<b>9</b>
<b>NATURE WORKSHOPS .....</b>	<b>9</b>
<b>MOOTZ FAMILY CRAFT &amp; DESIGN CENTER .....</b>	<b>10-11</b>
<b>STAFF LED WORKSHOPS &amp; CLASSES .....</b>	<b>11</b>
<b>MAUDE JELLISON LIBRARY .....</b>	<b>12</b>
<b>DORSEY MUSEUM .....</b>	<b>12</b>
<b>CENTER FOR WELL-BEING .....</b>	<b>13</b>
<b>CABIN OPEN HOUSE .....</b>	<b>13</b>
<b>SPIRIT &amp; FAITH .....</b>	<b>14</b>
<b>DORSEY SWIMMING POOL .....</b>	<b>15</b>
<b>DAY CAMP .....</b>	<b>15</b>
<b>SPECIAL EVENTS .....</b>	<b>16-17</b>
<b>ARTIST IN RESIDENCE PROGRAM .....</b>	<b>17</b>
<b>HOMEGROWN MASSAGE &amp; YOGA .....</b>	<b>18</b>
<b>SASQUATCH FLY FISHING .....</b>	<b>18</b>
<b>JACKSON STABLES .....</b>	<b>18</b>

**FACILITY HOURS**



**CALENDAR**



**ACTIVITY SIGN UP**





**YMCA  
OF THE  
ROCKIES**

# WELCOME TO ESTES PARK CENTER

**WHERE NATURE INSPIRES**

**CHECK OUT:** 10 AM

**QUIET HOURS:** 11 PM – 7 AM

**QUESTIONS OR NEED ASSISTANCE?:** Dial 0 on any YMCA landline, 24/7






**INTERNET ACCESS:** Wireless internet is available in all buildings.  
Network: YMCA-Guest Secure Password: **stayandplayguest**

## ACTIVITIES AND PROGRAMS



Read on to learn more about our activities and programs! **ADVANCE REGISTRATION REQUIRED FOR SOME ACTIVITIES.** Call 970-586-3341 ext. 1104 or scan the QR code to sign up!

## STAY INFORMATION

-  **Linens Exchange:** Lower level of Longhouse, 8 AM – 4:30 PM daily. Call x0 for assistance.
-  **Guest Laundry:** Lower level of Longhouse, open 24/7
-  **Recycling:** Receptacles in lodges and cabins. Recycle paper, cardboard, cans, glass, and plastic bottles.
-  **Trash:** Place in bear-proof bins outside cabins. Call x0 for bin emptying.
-  **Speed Limits:** 20 mph on roads, 10 mph in parking lots.

## DONATE



Help us continue our mission by donating today. Your support ensures we can keep serving families and youth for years to come. Thank you for your generosity!

## CHECK OUT INFORMATION

**KEY DROP-OFF:** Boxes at Administration Building entrance, by tennis courts or leave in your room.

**POST CHECK-OUT:** Enjoy grounds and activities for the rest of the day.

**FINAL BILL:** Emailed on departure morning.

## POLICIES

**SMOKING** | Only in designated areas outside main buildings.

**ALCOHOL** | Permitted only in personal accommodations or meeting spaces.

**MARIJUANA** | Not allowed on properties or in facilities.

## IMPORTANT CONTACTS

**Front Desk/assistance**  
Dial 0 on any YMCA landline, 24/7

**Post Office** | x1224  
Mon.-Fri. 11:30 AM-3:30 PM  
Sat. 11:30 AM-2:30 PM

**General Store** | x1015  
Open daily 8 AM- 8 PM

## DINING & FOOD

\*TIMES SUBJECT TO CHANGE

### ASPEN DINING HALL

A year-round, all-you-care-to-eat buffet with vegan, gluten-free, and vegetarian options. Meals include a salad bar, entrees, dessert, and beverages.

**Breakfast** | 7 AM-9 AM  
Adults (13+) | \$16.50  
Children | \$9  
5 and younger | Free

**Lunch** | 11 AM-1 PM  
Adults (13+) | \$19.50  
Children | \$11.50  
5 and younger | Free

**Dinner** | 5 PM-8 PM  
Adults (13+) | \$22  
Children | \$16.50  
5 and younger | Free

### RUSTIC CAFE | HOURS VARY

Enjoy a variety of breakfast, lunch, and snacks at our counter located in the Administration Building.

### THE PINE ROOM RESTAURANT

**Lunch** | Mon.- Fri. 11 AM- 3 PM | A La Carte  
**Dinner** | Tue.- Sat. 5 PM- 8 PM | Prime Rib Buffet  
**Brunch** | Sun. 11 AM- 2 PM

**PAYMENT FOR FOOD & ACTIVITIES**  
Accepted methods: Cash, credit/debit card, charge to room.

# FAMILY PROGRAM FACILITIES

## SWEET MEMORIAL PROGRAMS BUILDING

**HOURS: 8 AM – 9 PM**

Located west of the Administration Building parking lot, the Sweet Memorial Building is the hub of the Program Department. Come by or give us a call at **970-586-3341 x1104**

- **Game Room:** Anyone for ping pong, billiards, foosball, or table shuffleboard? See our newly renovated game room in the basement of Sweet Memorial Building.
- **Board games and puzzles** to play here or take back to your cabin or lodge room!
- Explore the **toddler area** especially designed for guests 3 and under with age-appropriate toys and games.

## DUNCAN FAMILY CLUBHOUSE

**HOURS: 8 AM – 8 PM**

Located next to the Mini Golf Course, the Duncan Family Clubhouse is the go-to place for recreation equipment check-out.

- **Mini Golf Equipment**
- **Horseshoes**
- **Bocce Ball Sets**
- **Bean bags**
- **Shuffleboard Equipment**
- **Pickleball Equipment**
- **Tennis Equipment**
- **Basketballs, Soccer Balls, Volleyballs, Kickballs, etc**



## BOB ECKER ROLLER RINK

**HOURS: 1 PM – 9:30 PM** \*Roller Rink Hours are subject to change based on private events. Check the website [here](#).

Located on the southern side of Longhouse, guests can enjoy classic roller skating in this indoor skating rink. Roller skates available for check out from sizes J8-14.



## MINIATURE GOLF

Located on the North end of the Administration field. Try our 18-hole course or an easier 9-hole course with larger holes for younger children. Golf clubs available for free from the Clubhouse.

SCAN HERE FOR FACILITY HOURS



Scan here to reserve pickleball courts



## THE VICE FAMILY RECREATION AND SPORTS PARK

- **3 Pickleball Courts** - 1 available for open play, the other 2 are reservable in one-hour blocks between 8am-8pm. You can reserve these courts [here](#).
- **3 Tennis Courts** - All first come first served, no reservations available.
- **Kickball Field**
- **Horseshoes**
- **Cornhole**
- **Gaga Pits**
- **4 Square Courts**
- **Bocce Ball**
- **Shuffleboard**
- **Sand Volleyball**
- **Outdoor Fitness Track**



Scan for fire ring availability



## FIRE RING RENTALS

\*Fire Ring availability subject to fire restrictions.

Campfires are allowed in designated fire rings throughout the property. Please call ext.1104 or check online for fire ring availability.

Fire rings are available to be booked in 2-hour sessions in the evenings. A fee of \$30 includes use of the site for 2 hours, two bundles of wood, Firestarter, and a pack of matches. Extra firewood is for sale at Sweet Memorial or the Administration Building for \$7 a bundle.

## DISC GOLF

Do you frof? Our 18-hole frisbee golf course is great for beginners and avid disc golfers alike. Cruise around the property, enjoy the scenery, and see who can keep their score the lowest! Disc golfs can be checked out at Sweet Memorial.

# FAMILY CAMP PROGRAMS

## FACILITATED PROGRAMS FOR ALL AGES

Exact times and locations for these programs are listed in the [online calendar](#).

SCAN HERE  
TO VIEW  
ONLINE  
CALENDAR



### **BABY RAVE** Ages 3 and under

Glow, groove, and giggle at Baby Rave, a playful dance experience for babies and their grown-ups! Enjoy fun music, wave glow sticks, and move together in a joyful environment designed for movement and fun.



### **BASKETBALL**

Hit the court for basketball fun with casual pickup games and favorites like H.O.R.S.E, Knock Out, and Around the World.

### **BEACH TOWEL VOLLEYBALL**

Experience volleyball with a twist in this playful team challenge! Use giant beach towels to catch and launch the ball over the net.

### **BINGO**

This isn't your grandma's bingo- it's Bingo turned all the way up! Enjoy fast rounds, music, prizes, and big reactions in this high-energy, all-ages favorite.

### **BUBBLES** Ages 3 and Under

Pop, chase, and giggle in this playful activity made just for our littlest guests! Catch bubbles, watch them float, and even practice blowing your own in a simple, joyful outdoor experience.

### **CAPTURE THE FLAG**

Rally your team and jump into this high-energy camp classic!

### **CLOUD WATCHING**

Slow down and look up during this peaceful, connection-focused activity.

### **COLOR WARS**

As the sun sets, the rivalry begins at our ultimate Color Wars showdown! Join us on the Administration Field for high-energy relays and team challenges as you earn points, cheer loud, and compete for victory.

### **COMMUNITY CAMPFIRE**

Gather around the fire for songs, simple games, and shared stories under the evening sky. Bring your own s'mores supplies or purchase them earlier in the day at Sweet Memorial or the General Store for a classic camp tradition the whole family will enjoy.



### **FEEDIN' THE BIRDS**

Join the Family Programs team at the Bird Blind to help feed our feathered friends.

### **FLOOR HOCKEY**

Grab a stick and hit the court for this fast-paced game!

### **FOUR SQUARE** Ages 4+

Step into the square and join this classic camp favorite!

### **FRIENDSHIP BRACELETS**

Slow down and get creative as you design and weave your own friendship bracelet using colorful threads and simple patterns.



### **GAGA BALL**

Jump into the Gaga pit for this fast-paced, high-energy game! Similar to dodgeball but played with the ball below the knees, players dodge and strike to be the last one standing.

### **JR SURVIVAL** Ages 5 and Under

Calling all little adventurers! Jr Survival introduces kids to basic outdoor safety skills through a fun, guided scavenger hunt that builds confidence, awareness, and teamwork.

### **KARAOKE**

Grab the mic and sing your heart out!

## SHADOW PENDANTS

Create a nature treasure in this fun, hands-on activity! Kids will collect leaves and flowers to press into a bookmark or hanging decoration that shines beautifully when held up to the light.

## TOWER POWER

Put your engineering skills to the test in this hands-on building challenge! Using only dry spaghetti and mini marshmallows, teams will compete to build the tallest and strongest freestanding tower through creativity and teamwork.

## TRIVIA

Get ready for a fast-paced battle of the brains in this high-energy competition!

## TWILIGHT CAFE

Ages 13-17

A relaxed, parent-free hangout just for guests ages 13-17. Teens can connect with friends, enjoy the game room, and play strategy games in a safe space supervised by Family Programs staff.

## ULTIMATE FRISBEE

Jump into this fun, fast-paced team game that keeps everyone moving! In Ultimate Frisbee, players pass the disc down the field to score while using teamwork and strategy.

## UNO TOURNAMENT

Shuffle up and deal in this friendly Uno Tournament for all ages! Test your strategy, timing, and luck- just don't forget to shout "UNO"!

## WOOLY WORM HUNT

Young explorers will search for soft, colorful "wooly worms" hiding in the grass and trees. Along the way, we'll talk about how animals use camouflage to hide and stay safe in the wild.

## SPECIAL EVENTS



### BIRD BANDING

Join expert birder Scott Rashid for an engaging look at our local birds, including identification, behavior, and the safe, regulated process of bird banding. This program offers a close-up experience while sharing how research helps protect wildlife. Check out the online calendar for dates!

## MAKE YOUR OWN ICE CREAM

Shake things up and create your own vanilla ice cream using simple ingredients. With a little science and a lot of shaking, you'll turn milk, sugar, and vanilla into a delicious frozen treat (contains dairy).

## MAKE SLIME

Get creative and a little messy as you make your own batch of slime to take home!

## MINUTE TO WIN IT

Think fast and move faster in this series of quick, silly challenges! Compete with friends and family in fun games that test speed, balance, and coordination in a high-energy, laugh-filled competition for all ages.

## NATURE PRINTS

Discover nature through art in this gentle, hands-on activity! Young explorers will create beautiful leaf rubbings while building curiosity and fine motor skills- and take home their own nature-inspired masterpiece.

## ORIGAMI

Discover the ancient art of paper folding in this hands-on introduction to origami.

## QUIDDITCH

Step into the wizarding sport that's taken the muggle world by storm in this fast-paced, ground-based team challenge! Run, pass, defend, and score as you combine strategy, teamwork, and a touch of magic in this high-energy game.

## SARDINES

Get ready for a fun twist on hide and seek in this lively group game! One person hides while everyone else searches, and when you find them, you squeeze into the spot until it's packed like sardines.



### COOKOUT AND CAMPFIRE

Join us every Tuesday night for a classic summer evening! Enjoy a cookout dinner prepared by our Food Service team, then gather around the fire for s'mores, songs, and simple campfire fun. Advanced registration required (book online or call x1104).

# BOONE FAMILY MOUNTAIN CENTER

**OPEN DAILY 8:30 AM – 5 PM**

Located near Upper Cookout on the North end of our property, the Boone Family Mountain Center provides a base camp to launch outdoor and high-adventure activities such as hiking, rock climbing, aerial challenge course sessions, and more! The Mountain Center contains serves as nature hub with interactive exhibits and a gear shop to supply your last-minute adventure needs. Staffed with area experts, you're sure to find advice for your next adventure here. Be sure to stop by before hitting the trail head!

## ADVENTURE ACTIVITIES

Advanced registration required ([book online](#) or call x1104)

### AERIAL CHALLENGE COURSE

Located 35 feet high in the trees behind the Boone Family Mountain Center. Each session lasts approximately 1.75 hours, and includes 30 minutes of instruction with a guide. Closed toed shoes are required, safety equipment is provided with instruction. This activity has some health and height requirements. Meet at the Mountain Center.

Must be between 4'10" and 6'7" tall, and weigh less than 250lbs

Cost: \$35 per person

### INDOOR ROCK CLIMBING

Get your hands on our indoor climbing wall that is molded to look and feel like real rock! Climb to the top of the 30-foot wall, or stay low to the ground on the bouldering wall. Climbing shoes and harnesses are provided and all participants will be given an introduction to the equipment and beginner climbing technique. Meet at the Mountain Center.

Ages: 5+

Cost: \$12 per person

### OUTDOOR ROCK CLIMBING

Located on the far north side of campus, the Outdoor Rock Climbing Wall is nestled near Glacier Creek. This 25-foot-tall climbing wall has something for everyone with three sides with a variety of climbs ranging in difficulty. Closed toed shoes are required, safety equipment is provided with instruction. Meet at the Mountain Center.

Ages: 5+

Cost: \$12 per person

### ARCHERY

These one-hour sessions welcome participants 6 and up and of all skill levels. Guests receive guided instruction on safety, stance, and technique before practicing on the Outdoor Archery Range.

Ages: 6+

Cost: \$12 per person

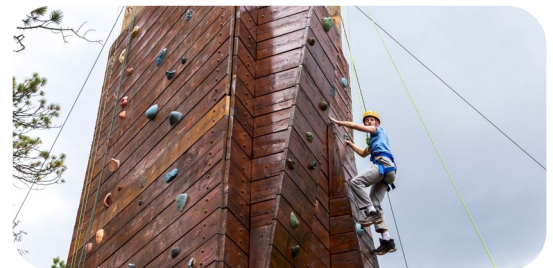
### AXE THROWING

Under guided supervision, guests ages 6 and older will learn proper safety techniques and throwing form before taking aim at the target.

Ages: 6+

Cost: \$12 per person

SCAN HERE TO  
BOOK ONLINE



# HIKING

## HIKING DESK OPEN DAILY 8:30 AM – 5 PM

Extension x1311 | Advanced registration required for guided hikes.

[Click here to book](#)

Join our experienced Hikemasters for a guided hike into Rocky Mountain National Park! Hikes range from family-friendly strolls on easy terrain to the highest peaks in the park, as well as specialty hikes every day of the week. Check out our website or visit the Boone Family Mountain Center for more details on what hikes will be available during your stay. Our full schedule is typically posted two weeks out.

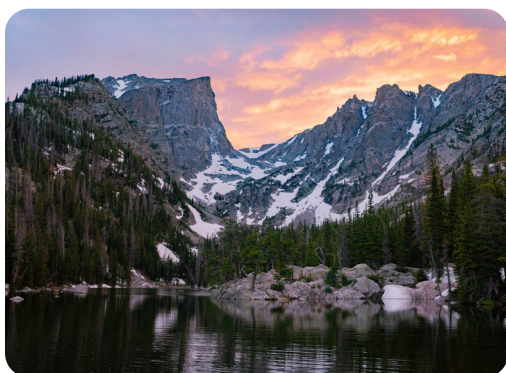
All YMCA guided hikes will meet at the Boone Family Mountain Center, and participants are required to provide their own transportation to and from the trailhead unless stated otherwise. When with us on a guided hike, timed entry permits are not required, however, a **Rocky Mountain National Park entry pass is required**, which can be purchased at the Park's entry station or at the Boone Family Mountain Center. **Guided hikes require a sign up ahead of time**, and are free to YMCA of the Rockies members and guests. We will assess a \$5 cancellation fee for no-shows. **Walk-ins will not be accepted.**

Starting in 2026, the Park will assess additional fees for non-US residents. Visit [NPS.gov](https://www.nps.gov) for more information.

When entering the park on your own (not part of a YMCA guided hike), a **park entry pass is required, as well as a timed entry permit when entering by vehicle from Memorial Day Weekend to mid-October.** Visit [NPS.gov](https://www.nps.gov) for more information on the timed entry permit system.

**Conditions can change rapidly in the park. Make sure you are prepared for your hike by considering the following:**

- Wear or pack multiple layers including a moisture-wicking base layer (ideally not cotton!), a warm insulating layer such as a fleece or down coat, and a waterproof shell to protect from wind and rain.
- Have adequate footwear, such as hiking boots or sturdy tennis shoes or trail runners. Wool socks are recommended, as they retain body heat when wet, unlike cotton.
- Check the forecast. The National Weather Service website can provide a specific forecast for the area of the park you're traveling to. Look for factors like wind speed, chance of rain or snow, and visibility.
- Consider recent trail conditions. Ask our wonderful Hike Staff at the Boone Family Mountain Center, or find trail reports online.



SCAN HERE TO  
BOOK ONLINE



## FREQUENT HIKES OFFERED

Monday – Moraine Park Monday  
Tuesday – Off-Trail Tuesday  
Wednesday – Wildflower Wednesday  
Thursday – Three-Lake Thursday  
Friday – Frosty Friday  
Saturday – Saturday Sunset  
Sunday – Sunday Sunrise

Classic RMNP hikes like Mills Lake, Emerald Lake, Lake Haiyaha, and many more.

Be on the lookout for weekly programs such as the Hiker Huddle, an informational Q&A session with our knowledgeable Hikemasters!

## HIKING GRADING SYSTEM

All hikes offered by the YMCA of the Rockies – Estes Park Center are graded on a letter scale from A–H, with A being the hardest and H being the easiest. Hikes are graded based on four aspects:

1. Total miles covered by the hike
2. Elevation gain of the hike
3. Highest elevation of the hike
4. Difficulty of the terrain

All of these factors are combined to create an "overall grade" for the hike. A separate "terrain grade" is given based on the difficulty of obstacles on the trail, such as steepness, presence of boulders, scree or talus, snowfields or glaciers, river crossings, exposure, or scrambling; again, with A being the hardest and H being the easiest.

Most hikes guided by the YMCA fall in the E, F, or G range. All hikes with an overall grade of A, B, C, or D require a prerequisite – the hiker must successfully complete a hike of at least two grades lower (ex: an F hike qualifies for a D hike) without issue during the current season to qualify.

For more detailed information about the Hike Grading System, visit the Hiking Desk at the Boone Family Mountain Center.

## RENTALS

We rent gear such as trekking poles, microspikes, and backpacks to guests for a small fee. Hikers on a guided hike with us will be able to rent any necessary gear at no charge.

**Spikes: \$10/day | Backpacks: \$5/day | Kid Carriers: \$10/day**

## GOLDEN NUGGETS

On The Enger Family Nature Trail outside of the Mountain Center, little hikers can look for golden nuggets! Bring them back to the hiking desk for a prize. Please collect only one nugget per child.

## MOUNTAIN CENTER NATURALIST PROGRAMS

These programs are ideal for school-age children who want to learn more about their environment with one of our experienced naturalists! Exact times are listed in the [Online Calendar](#).

**ANIMAL DETECTIVES – 1 hr** – Learn to recognize animal tracks!

**WALK IN THE WOODS – 1.5 hrs** – Explore the woods around the Y!

**SURVIVAL – 1.5 hrs** – Learn survival skills.

**KNOT TYING – 1 Hr** – Learn to tie knots.

**CREEK STOMPIN’ – 1 hr** – Learn what’s going on in the creek!

**BEAR AWARE – 30 mins** – Learn about black bears and bear safety!

**WHAT ABOUT WOLVES – 30 mins** – Learn about wolf rehabilitation!

**FIREQUEST – 1 hr** – Learn fire making and have some s’mores!

**SURVIVAL BRACELETS – 1 hr** – Make survival bracelets out of paracord!

**WATER PURIFYING – 1 hr** – Learn how to safely gather and drink water in the backcountry!

**BIRD SURVEY WALK – 1.5 hrs** – Walk the Y grounds and find out what kinds of birds are making it their home!

**NATURALIST TABLE** – At Admin on select days. Walk-up and interact with a collection of objects from nature!



## NATURE WORKSHOPS

Advanced registration required. Check out our [Online Calendar](#) for more info!

Free educational programs designed for adults and teens, taught by experts in their respective fields. Covering topics such as ecology, history, geology, flora & fauna, and much more. Workshops typically enter Rocky Mountain National Park, so a park pass is required. Be ready learn, hike, and explore!

SCAN HERE TO  
VIEW THE ONLINE  
CALENDAR





# MOOTZ FAMILY CRAFT & DESIGN CENTER

**OPEN DAILY 9:30 AM – 5 PM**

**\* 11 AM LATE OPEN ON JULY 3RD FOR PARADE**

Bring your creativity to life at the Mootz Family Craft & Design Center in Estes Park! We offer hands-on fun for all ages with a wide variety of art projects! Many of our crafts are walk-in friendly, so you can stop by anytime and start creating right away! Come see all we have to offer and make something to commemorate your time spent with us and family!

\*\*Some crafts are age restricted.

\*\*Although many of our crafts are walk-in, workshops/classes require pre-registration. **Check out the online calendar or call 970-586-3341 ext. 1132 for more information!**



## MORE INFORMATION

- Prices range from \$5 to \$85/project
- Some crafts take overnight so please plan accordingly (glass fusion, silk painting, glazed ceramics, tie dye (optional overnight))
- We offer shipping for projects!
- Crafts for all ages (some restrictions apply to certain crafts ie. glass fusion, etc.)
- Accessible

## WALK-IN CRAFTS INCLUDE:

**GLASS FUSION** Learn the tools used to cut and customize glass and craft your own project ranging from nightlights to home decor items like plates and bowls. This craft does take 1-2 nights for us to fire in our kilns. One night firing applies to flat pieces while two night firing applies to shaped pieces. Glass fusion closes for new purchases at 4:00pm, plan accordingly. \*Ages 10+

**SILK PAINTING** Choose from hundreds of patterns and craft a silk painting (from sizes 11"x11" to 11"x60") using a tool called 'resist' and mixing your own dyes to create your own vibrant silk to use as wall decor, scarves, bandanas, table runners, etc. This craft is processed overnight and is ready at noon the following day. \*Ages 10+

**JEWELRY MAKING** Choose to craft bracelets, earrings, or necklaces, customizable with charms and specialty beads. With staff teaching you how to attach clasps, tie off elastics, and more! \*Ages 10+, except daily 10am elastic bracelet class for ages 4+

**GLAZED CERAMICS** Bring a little piece home with you, from miniature animals to mugs, plates, planters, tiles, lanterns, etc. This project takes overnight. Turn your project in by 3:00pm and have it ready the following day at 10:00am to take home with you! Please plan accordingly with our firing schedule. The craft shop also offers shipping (at a base rate of \$15) if you're only here for a day trip!

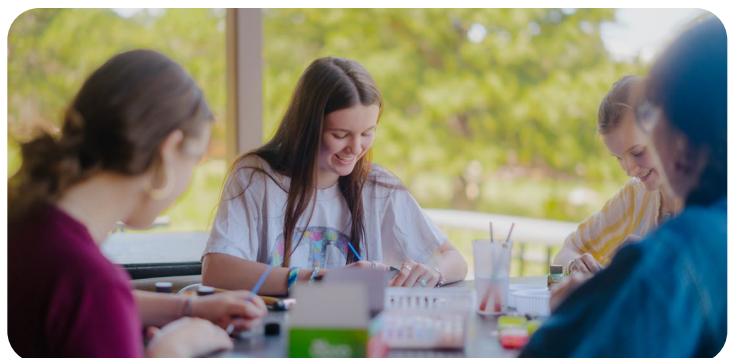
**ACRYLIC PAINTING** Good for a day trip and quicker project, use our acrylic paints to customize your own wood birdhouses, wood trinket boxes, ceramic figurines, ornaments, canvas, etc.

**WOOD MOSAICS** Using our glass cutting tools and pre-cut pieces of glass, carefully piece together and arrange them on items like boxes, plaques, frames, coasters, etc. After stabilizing your pieces, choose from our many colors of grout to finalize your piece! This process does take 1-2+ hours so please plan accordingly.

**TIE DYE** Once you choose your item, choose from a wide variety of patterns. Our staff will tie your pattern for you and set you on a path to dye your own piece and customize it to your liking. Once finished, take it home to wash or we will wash it for you and it will be ready for pick-up the following day at 10:00am. Tie dye closes for new purchases at 4:00pm, plan accordingly.

**SAND ART** Choose from a variety of fun shaped vessels (dinosaurs, sports, flowers, etc.) and fill them with different colored sand!

**BEAD ART** Use our photo guides to create beaded animals (lizards, bees, mermaids, etc.) using pony beads and string. Finish your piece with a key ring and wear it right after!



# STAFF LED WORKSHOPS & CLASSES

For all workshops/classes, please plan to arrive 15 minutes early to check in and pay. We kindly ask that any cancellations be made at least 24 hours in advance, per our policy. If you do not cancel within this window and you do not attend your reserved activity, the card on file will be charged the full activity fee. Thank you for understanding and helping us keep our schedule running smoothly!

**Workshops/classes require pre-registration.** [Click here to book](#) or call 970-586-3341 ext. 1132 for more information!

## JEWELRY CLASSES OFFERED DAILY

\*Age 10+, except 10am elastic bracelet class for ages 4+

**ELASTIC BRACELETS OR NECKLACE** - \$10 - ages 4+

**EARRINGS MAKING** - \$15 - ages 10+

**BRACELET MAKING** - \$15 - ages 10+

**NECKLACE MAKING** - \$15 - ages 10+



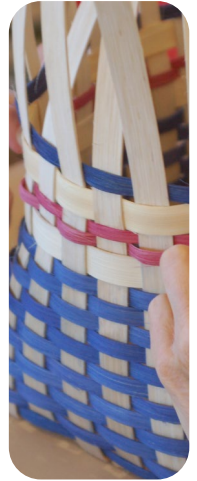
## MONDAYS & TUESDAYS DROP-IN LEGACY CRAFTS

Starting at \$5, ages 10+

**LEATHER WORKING** is a hands-on craft with endless possibilities—from creating and personalizing a wallet to designing a custom collar for your pet.

**BASKET MAKING** is a timeless art form used for both beauty and function. Because this process is more detailed and time-intensive, please plan to allow plenty of time (or days) to complete your piece.

**WOOD BURNING** uses heated tools and requires focus and care. Decorate anything from small ornaments to plaques, burning your own designs and creativity directly into the wood!



## FOR THE FOLLOWING CLASSES, CHECK OUT THE ACTIVITY CALENDAR FOR DAYS AND TIMES

**MULTI-MEDIA COLLAGE** - \$5 - ages 6+

Get creative with color, texture, and imagination as you build your own multi-media collage with stamps, maps, paint, and more!

**TEA PARTY HAT & FLOWER CROWN MAKING** - \$10 - ages 4+

Create your own flower crown or hat using flowers, feathers, ribbon, and more! Once your creation is ready to be shown off, stroll down the hill to the Museum for a delightful tea party.

**JAR LANTERNS** - \$10 - ages 4+

Bring the beauty of your surroundings to life with your own glowing jar lantern! You'll create a cozy lantern that captures the magic of nature at night. Light up your space with a touch of the wild!

**MIXED MEDIA BLOCK PRINTING W/ WATERCOLOR** - \$15 - ages 10+

In this hands-on print making workshop, explore mixed media printmaking as you use hand-carved stamps to build a 'printed' base, then finish your piece with watercolor for added color and care.

**ROCKY MOUNTAIN WILDFLOWER UV RESIN** - \$15 - ages 10+

Collect wildflowers outdoors, press them yourself, and preserve them in resin to create a one-of-a-kind wearable work of art. With quick UV curing, explore resin art in a fun, hands-on way.

**MYSTICAL PINECONE CREATURES** - \$5 - ages 4+

Create your own creature from the mystical forest using real pinecones and treasures from nature! This hands-on activity blends creativity with nature as you design whimsical creatures. Creatures include hedgehogs, forest elves, fairies, and whatever else you can dream up. Let your imagination take root!

**UV RESIN PENDANTS OR KEYCHAINS** - \$15 - ages 10+

Design a dazzling pendant or keychain using UV resin and create a one-of-a-kind wearable work of art. With quick UV curing, explore resin art in a fun, hands-on way.

**PAINTING WITH FLORA** - \$15 - ages 10+

Join every Friday for Painting with Flora, a relaxed acrylic class where you can explore color, texture, and creativity at your own pace. Each week features a new subject—like florals, wildlife, or seasonal themes—with step-by-step guidance and plenty of room to make it your own.

**ARTIST IN RESIDENCE WORKSHOP** - Price varies

Join a class, watch a live demo, or simply stop by and check out the art—no experience needed. With new artists joining throughout the summer, there's always something fresh to experience. Check out the Artist in Residence brochure to see what's happening during your visit.

SCAN HERE TO  
BOOK ONLINE



# MAUDE JELLISON LIBRARY

MONDAY – SATURDAY 9 AM – 7 PM  
SUNDAY 1 PM – 5 PM

\* 1 PM LATE OPEN ON JULY 3RD FOR PARADE

Located up the slope between the Administration Building and Hyde Chapel, this two-story library offers welcoming spaces for all ages. The lower level features the Children's and Young Adult section, while the upper level houses the Adult Library, with fireplaces on both floors and a balcony with swings and sweeping mountain views. Guests may check out books, DVDs, and puzzles; enjoy newspapers and magazines; use games in-house; access a guest computer for printing; and enjoy complimentary coffee and tea.



## LIBRARY ACTIVITIES:

No cost or registration required!

Check out the [online calendar](#) for details.

**DAILY CHILDREN'S STORY TIME 10:30 AM Mon.- Sat.**

**OUTDOOR MUSIC SERIES Every Monday night**

**POETRY & SONG OPEN MIC – Held every 3 weeks**

Additional evening programs include:

**AUTHOR TALKS**

**READINGS**

**LOCAL HISTORY LECTURES**

# DORSEY MUSEUM

OPEN DAILY

Visit the Dorsey Museum to learn about the history and culture of YMCA of the Rockies and the surrounding area.

\*Limited wheelchair accessibility



## MUSEUM ACTIVITIES:

Check out the [online calendar](#) to find specific activity times. No cost, no registration required. Capacity limited: first come, first served.

**DINO DIG** Join us to learn about dinosaurs found in Colorado and excavate your own dino egg. You'll be digging in the ice to find frozen dinos! Recommended ages 4+

**DOLL MAKING** Join us at the museum to create a "homesteader" style doll of your own! Capacity limited, recommended ages 8+

**PLAY TIME AT THE MUSEUM** Bring your family for a fun time as an instructor guides you through lively poses that bring museum artifacts alive. Recommended ages 4+

**ARCHAEOLOGY HIKE** This mile long hike takes you to an excavated rock shelter on property to learn about early people who lived in the region. Please bring water. Capacity limited, recommended ages 8+

**TEDDY ROOSEVELT** Meet the 26th president of the United States, Theodore Roosevelt, and listen as he shares his passion for the conservation of the West. Bully, Bully!

**EMBROIDERY** Pick a pattern, learn to stitch, and create your own embroidery piece! Capacity limited, recommended ages 10+

**JOURNAL MAKING** Learn about the importance of journals and other primary sources to historical research and make your own journal to capture your memories! Capacity limited, recommended ages 8+

**BYGONE GAMES** Drop by the museum porch to play some bygone games of the past! Enjoy games like jacks, dominos, checkers, and more.



SCAN HERE TO  
VIEW THE ONLINE  
CALENDAR



# CENTER FOR WELL-BEING

**OPEN DAILY 11:30 AM – 3 PM**

SCAN HERE TO VIEW THE ONLINE CALENDAR



Completed in 2025, is a dedicated space for rest, rejuvenation, and holistic wellness of the spirit, mind, and body. The center features three massage rooms and a yoga studio that hosts up to 18 participants, with classes offered throughout the summer. When classes are not in session, guests and members are welcome to use the studio during open hours for personal practice. Massage services are provided through our third-party concessionaire, Homegrown Yoga. Visit [www.homegrownyoga.com](http://www.homegrownyoga.com) for more information and booking details.

## YOGA DECK

The Yoga Deck is located adjacent to the Outdoor Archery Range, behind the Boone Family Mountain Center. A privacy fence allows an immersive experience in the mountain forest.

## WELLNESS CLASSES

No cost or registration required! Classes will be offered in the morning and evening every day. Location and times may vary. Please check the [online calendar](#) for the most up to date schedule.

- DEEP STRETCH & RESTORE YOGA
- RESTORATIVE 101
- YOGA PROP FUSION
- FAMILY YOGA
- VINYASA YOGA
- SLOW FLOW BEGINNER YOGA
- INTERMEDIATE YOGA
- YOGA HIKE
- MEDITATION
- PILATES
- PILATES WITH PROPS
- GUIDED FOREST BATHING
- DANCE CARDIO



# CABIN OPEN HOUSE

Curious about our Cabin Adoption Program? Take a peek at a newly renovated cabin and learn how families help make these spaces possible. You'll have the opportunity to see recent improvements firsthand, ask questions, and explore how you can impact future generations of YMCA of the Rockies.

**JOIN US FROM 2 PM – 4 PM  
ON SELECT TUESDAYS THIS SUMMER**

Light refreshments will be provided.

## DATES & CABINS

- JUNE 23 – CRYSTAL
- JUNE 30 – GRACE
- JULY 14 – LARKSPUR
- JULY 21 – MOUNTAIN VIEW
- JULY 28 – ABUNDANCE
- AUGUST 4 – COTTON



**YOU'RE INVITED!  
CONNECT WITH YMCA OF  
THE ROCKIES LEADERSHIP  
EVERY TUESDAY MORNING  
AT 8:30 AM | JUNE 9 – AUGUST 11**

We invite you to a delicious continental breakfast to introduce our leadership team and share how we are leaning into our strategic priorities for YMCA of the Rockies. Fun prize drawings for attendees and the whole family is welcome!

Prizes include a free cabin stay, free membership, and more!

# SPIRIT & FAITH

SCAN HERE TO VIEW  
THE ONLINE CALENDAR



The YMCA of the Rockies Chapel Ministry seeks to honor God and embody the teachings of Jesus Christ through the fostering of relationships, stewardship of the natural environment, and creating faith-based programs that are spiritually engaging and respectful of all.

Chapel activities during the week include Sunday night concerts, worship hikes, campfire sing-a-longs, adventure ministry programs, prayer walks, children's activities, movie nights, and much more! Check the full schedule at our [online calendar](#).

## WORSHIP

### EVERY SUNDAY 10 AM AT HYDE CHAPEL

All are welcome to join us for this special hour of worship. Dress is always mountain casual. Come early to enjoy coffee and tea as we fellowship together before worship.

**24/7 PRAYER CHAPEL** Dannen Chapel, entrance located on the outside northeast corner of Hyde Chapel, is open 24/7 for your prayer needs.

**INTERACTIVE PRAYER TRAIL** Located behind the Legett Christian Center. Walk the trail and encounter 5 interactive stations based on the prayer forms of Adoration, Confession, Thanksgiving, Supplication, and Intercession. All ages will find this a fun and meaningful way to pray!

**LABYRINTH** A Labyrinth is a spiritual tool, a path of prayer, a walking meditation. Our Labyrinth is designed out of stones and located behind the Museum. Brochures about the Labyrinth and how to walk the Labyrinth are located at the starting point.

**BIBLE POINT TRAIL** Along the trail you will encounter selected Psalms that sing to the glory of God revealed in nature. If you need help finding the trail, pick up a map in the Mountain Center.

**BEATITUDE STUDY TRAIL** Enjoy a hike while studying the beatitudes from Jesus' famous "Sermon on the Mount." The trailhead and study guides are located at the Dorsey Lake parking lot. The trail makes a 1-mile loop.

**STORY WALK** Enjoy a children's book on a short walk equipped with "reading stations." Story walk begins on the walking path by the Hyde Chapel fire pit.

**LAWN GAMES** Located on the west side of Hyde Chapel is a storage shed full of lawn games for your enjoyment. Feel free to play these games on the Hyde Chapel lawn anytime you wish! Please return games to shed when you are finished using them.



# DORSEY SWIMMING POOL

\*Pool Hours are subject to change based on private events. Check the facility hours [here](#).

Heated to 83 degrees and at a length of 25 yards, there's plenty of room for fun at the Dorsey Swimming Pool!

Children seven years old and under need an adult in the water within arm's reach. Children ages 8-12 need to be accompanied by an adult in the building. Changing rooms and showers are available. Our pool's capacity is determined by the number of on duty lifeguards. Towels, flotation devices, and toys provided. The water slide, which enters the deep end, requires passing of a swim test. If necessary, the slide may close at the discretion of the lifeguards. During lightning storms, the pool will close for 30 minutes until an all clear is given.



## OPEN SWIM

Saturday: 8:30-11:30, 12:30-5; 6-8:30  
Sunday: 12:30-6  
Monday: 8:30-10:30; 2-5; 6-8:30  
Tuesday: 8:30-10:30; 2-5; 6-8:30  
Wednesday: 8:30-10:30; 2-5; 6-8:30  
Thursday: 12:30-5; 6-8:30  
Friday: 8:30-10:30; 2-5; 6-8:30


## LAP SWIM

Saturday: 6:30-8:30am  
Sunday: Closed  
Monday: 6:30-8:30am  
Tuesday: 6:30-8:30am  
Wednesday: 6:30-8:30am  
Thursday: 6:30-8:30am  
Friday: 6:30-8:30 am

## DAY CAMP

**MONDAY - FRIDAY 8 AM - 3:30 PM**  
**JUNE 1 - AUGUST 7**  
**AGES 3 - 17**

Scan here to view the Day Camp website and master schedule



Advanced registration is required. Parents must supply health information, including immunization records from their doctor.

## TRADITIONAL DAY CAMP

Our daily activities vary and may include swimming, a hike in Rocky Mountain National Park, climbing wall sessions, archery, mini-golf, and a fun hot dog cookout. Plus, campers will enjoy a wide range of experiences such as team sports, camp games, skits, songs, outdoor education, arts and crafts, science and engineering projects, and collaborative national park service activities. Space is limited, so please register your camper in advance! \$55 per day for preschool age (beavers) and \$52 per day for school age. Optional activities have additional charges.

[Click here to view the master schedule!](#)

## ADVENTURERS TEEN CAMP

Mon.-Thu., 8:00 AM- 3:30 PM; Fri 6:00 AM - 2:00 PM | Ages 13-17  
\*Price per day varies based on activities

Our more adventurous camp for teens, the activities included in the price are: High ropes course, fly fishing, outdoor climbing, whitewater rafting, all day hikes in Rocky Mountain National Park and more!

## OUTPOST TEEN CAMP

Tuesday, Wednesday and overnight Thursday | Ages 13-17  
\*Price per day varies based on activities

Our traditional outdoor living skills teen camp, plus an overnight camping adventure on YMCA of the Rockies' grounds. Activities include team building exercises, outdoor living skills, all day hike in Rocky Mountain National Park, camping and more!



# SPECIAL EVENTS

Our Special Events are the heart of the seasonal experience, transforming the campus into a vibrant hub of energy and connection. From the nostalgic fun of the Penny Carnival to the rugged harmonies of our Summerfest concert series, these moments are designed to be the centerpiece of your stay. No cost or registration required for any of our special events! Hempel Auditorium will be used for weather cancellations. Contact Sweet Memorial for weather cancellation info x1104.

## LIVE MUSIC

**EVERY WEDNESDAY 7 PM (MAY 23 – AUGUST 5)**  
**KATHIE MENNEL AMPHITHEATER**

### COWBOY BRAD

An Estes Park staple, Brad Fitch specializes in folk and western music that celebrates nature and the Rocky Mountain lifestyle. His performances often include heartfelt original songs and popular John Denver tributes designed to inspire a sense of wonder.



## SUMMERFEST CONCERT SERIES

**EVERY THURSDAY 7 PM (JUNE 11 – AUGUST 6)**  
**KATHIE MENNEL AMPHITHEATER**

Our premier series brings a diverse lineup of national and regional talent to the stage, ranging from indie-folk to open-road folk-rock.

### SUMMER FEST ARTIST LINE UP

**JUNE 11 NATIONAL PARK RADIO**

**JUNE 18 THE FLYIN' A'S**

**JUNE 25 HEAVY DIAMOND RING**

**JULY 2 JON PICKETT**

**JULY 9 DAKOTA BLONDE**

**JULY 16 KAE AND THE FAULTLINE**

**JULY 23 STRANGEBYRDS**

**JULY 30 CHAPPY**

**AUGUST 6 THE VIBE TRIBE**

## EVENTS

### 4TH OF JULY PARADE

**FRIDAY, JULY 3**

**10 AM | ADMIN PROMENADE**

Join us for our annual Independence Day celebration as we honor the holiday with a traditional campus-wide parade. This year we are going back in time theming it 'America Through the Decades'.



### DONOR CABIN PORCH DECORATING CONTEST

**JUDGING FRIDAY, JULY 3 | 2 PM**

Kick off the holiday by exploring our cabins decorated by cabin donors. Guests are invited to participate in judging all weekend long to crown the winners for Guest Favorite and Most Creative. Stop by Sweet Memorial for more info!

### WATER CARNIVAL | SATURDAY, JULY 4

**9 AM – 12 PM | ADMIN FIELD**

Enjoy fun aquatic games with sprinklers, water balloons, and lots of prizes!

### CAMPFIRE ACROSS AMERICA

**WEDNESDAY, JULY 22**

**7 PM – 10 PM | MAIN FIRE RING**

Join us as YMCAs across the country will come together for the Y's Campfire Across America as part of our 175th anniversary celebration! This initiative celebrates more than a campfire. It celebrates what happens around it: stories shared, songs sung, and community built.

### PENNY CARNIVAL | SATURDAY, AUG 1

**9 AM – 12 PM | ADMIN FIELD**

Come and have a fun and relaxed morning with nostalgic carnival games and great prizes!

### STAFF TALENT SHOW

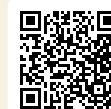
**MONDAY AUGUST 3 | 7PM**

**KATHIE MENNEL AMPHITHEATER**

You've seen them at the front desk, the dining hall, and on the trails—now see them in the spotlight! Join us for a special evening where our staff shares their hidden talents with you.

# SUMMER 2026 ARTISTS IN RESIDENCE

SCAN HERE TO VIEW  
THE ONLINE CALENDAR



Every summer, we welcome artists of various mediums to a residency at Estes Park Center. Check out the [online calendar](#) for workshops and pop-ups!

## MAY 21 – JULY 10

### EMILY HESTER – COLORED PENCIL & MIXED MEDIA

Emily Hester is a wildlife artist specializing in detailed, semi-realistic illustrations created through layered colored pencil and mixed media techniques. Her work reflects a deep love for animals and a commitment to encouraging awareness around wildlife and conservation. Through careful observation and intricate mark-making, Emily brings her subjects to life with texture, depth, and personality. Her process invites viewers to slow down and truly see the natural world. During her residency, Emily will guide guests in exploring wildlife through art, offering an approachable way to connect creativity with curiosity about the environment.



## JUNE 11 – JULY 1

### NICOLE ADKINS – THEATRE & PLAYMAKING

Nicole Adkins creates playful, nature-inspired theatre experiences that invite audiences of all ages to slow down, connect, and imagine together. Blending storytelling, sound, visual design, and gentle participation, her work often takes place outdoors or in nontraditional spaces. Rooted in environmental awareness and a sense of belonging, Nicole's work encourages people to notice the world around them and engage with it in new ways. Whether participating or simply observing, guests are welcomed into an experience that is thoughtful, imaginative, and deeply connected to place.



## JULY 2 – JULY 22

### SHARISS STEBER – ILLUSTRATOR

Sharisse Steber is an illustrator who uses art as a tool to help people feel more confident exploring the outdoors. Her work combines creativity with practical knowledge—translating topics like hiking safety, outdoor preparedness, and nature awareness into approachable and engaging visuals. Through her illustrations, Sharisse empowers people to step outside with greater confidence and curiosity. During her residency, she will share how art can be both expressive and informative, offering guests a creative way to connect with nature while learning skills that support safe and enjoyable outdoor experiences.



## JULY 23 – AUGUST 12

### MATT STOCK – PHOTOGRAPHER

Matt Stock is a photographer known for his striking nighttime landscapes created through his "Painting with Light in the Dark" process. Using long exposures and carefully controlled lighting, he reveals landscapes in a way that blends artistic vision with technical precision. His work uncovers details of the natural world that are often hidden after dark, transforming familiar environments into something luminous and unexpected. During his residency, Matt will share both the creative and technical aspects of his process, inviting guests to see the landscape—and light itself—from a new perspective.



# MASSAGE

## HOMEGROWN YOGA & MASSAGE

Soothe muscles, alleviate pain, and release stress with a therapeutic massage in the Rocky Mountains. At Estes Park Center, therapeutic massage is offered through Homegrown Yoga and Massage, in our brand new Center for Well-Being. Hot stones, hikers feet heaven and more are also available to add on to your massage.

Book your massage appointment directly online! A full list of services, prices and online booking can be found at [www.homegrownyoga.com](http://www.homegrownyoga.com)

Located at the brand new Center for Well-Being! (4D on YMCA map) located next to the Museum.

Questions: Text Laura 720-218-1953 or email [laura@homegrownyoga.com](mailto:laura@homegrownyoga.com)

Open daily. All seasons.



## SOUND BATHS

Available summer months, mid June through mid August.

Weekly relaxing sacred sound baths are also offered through Homegrown on Mondays at 7:30 pm. Unwind and fill your cup!

# FLY FISHING



## SASQUATCH FLY FISHING

Sasquatch Fly Fishing has been offering guided fly fishing in the Estes Park valley for over two decades. Our expertise is unmatched in Rocky Mountain National Park. Join us for one of the many creative and exciting trips we plan for groups every year. Whether you are an individual looking for a private outing or a group of 20 who want to go enjoy the outdoors – Sasquatch Fly Fishing can do it all!

Visit us inside the lower level of the Boone Family Mountain Center or our website [sasquatchflyfishing.com](http://sasquatchflyfishing.com) for more information.

Stop by, call, or email to book a trip!  
970-586-3341 x 1153 | [sasquatchflyfishing@gmail.com](mailto:sasquatchflyfishing@gmail.com)



# HORSEBACK RIDING

## JACKSON STABLES

Jackson Stables, YMCA of the Rockies Livery, offers trail rides around the YMCA property and into Rocky Mountain National Park! Rides range from 1-5 hours in length. For little riders, come take a pony ride on the Minnie Mouse Pony Trail or join us for a hayride that ends with a marshmallow roast!

For more information check out our website [jacksonstables.com](http://jacksonstables.com)

Give us a call during business hours to book! Open Daily 7:15 AM – 6 PM  
970-586-3341 x 1140 or 1149

