



**YMCA
OF THE
ROCKIES**

SEASONAL PLANNING GUIDE

FALL 2026

AUGUST 8 – OCTOBER 30

**YMCA OF THE ROCKIES
ESTES PARK CENTER**

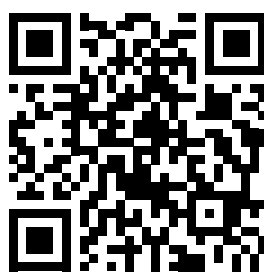
TABLE OF CONTENTS

WELCOME TO ESTES PARK CENTER	3
FAMILY PROGRAM FACILITIES	4
FAMILY PROGRAMS	5-6
BOONE FAMILY MOUNTAIN CENTER	7-9
ADVENTURE ACTIVITIES	7
RENTALS	7
NATURALIST PROGRAM	7
HIKING	8
MOOTZ FAMILY CRAFT & DESIGN CENTER	9-10
STAFF LED WORKSHOPS & CLASSES	10
MAUDE JELLISON LIBRARY	11
DORSEY MUSEUM	11
CENTER FOR WELL-BEING	12
DORSEY SWIMMING POOL	12
SPIRIT & FAITH	13
SPECIAL EVENTS	14-17
ARTIST IN RESIDENCE PROGRAM	15-16
CLEVELAND POPS ENSEMBLE	17
HOMEGROWN MASSAGE & YOGA	18
SASQUATCH FLY FISHING	18
JACKSON STABLES	18

FACILITY HOURS



CALENDAR



ACTIVITY SIGN UP





**YMCA
OF THE
ROCKIES**

WELCOME TO ESTES PARK CENTER

WHERE NATURE INSPIRES

CHECK OUT: 10 AM

QUIET HOURS: 11 PM – 7 AM

QUESTIONS OR NEED ASSISTANCE?: Dial 0 on any YMCA landline, 24/7






INTERNET ACCESS: Wireless internet is available in all buildings.
'YMCA-Guest Secure' Password: stayandplayguest

ACTIVITIES AND PROGRAMS



Read on to learn more about our activities and programs! **ADVANCE REGISTRATION REQUIRED FOR SOME ACTIVITIES.** Call 970-586-3341 ext. 1104 or scan the QR code to sign up!

STAY INFORMATION

-  **Linens Exchange:** Lower level of Longhouse, 8 AM – 4:30 PM daily. Call x0 for assistance.
-  **Recycling:** Receptacles in lodges and cabins. Recycle paper, cardboard, cans, glass, and plastic bottles.
-  **Trash:** Place in bear-proof bins outside cabins. Call x0 for bin emptying.
-  **Guest Laundry:** Lower level of Longhouse, open 24/7
-  **Speed Limits:** 20 mph on roads, 10 mph in parking lots.

DONATE



Help us continue our mission by donating today. Your support ensures we can keep serving families and youth for years to come. Thank you for your generosity!

CHECK OUT INFORMATION

KEY DROP-OFF: Boxes at Administration Building entrance, by tennis courts or leave in your room.

POST CHECK-OUT: Enjoy grounds and activities for the rest of the day.

FINAL BILL: Emailed on departure morning.

POLICIES

SMOKING | Only in designated areas outside main buildings.

ALCOHOL | Permitted only in personal accommodations or meeting spaces.

MARIJUANA | Not allowed on properties or in facilities.

IMPORTANT CONTACTS

Front Desk/assistance
Dial 0 on any YMCA landline, 24/7

Post Office | x1224
Mon.-Fri. 11:30 AM-3:30 PM
Sat. 11:30 AM-2:30 PM

General Store | x1015
Open daily 8 AM- 8 PM

DINING & FOOD

*TIMES SUBJECT TO CHANGE

ASPEN DINING HALL

A year-round, all-you-care-to-eat buffet with vegan, gluten-free, and vegetarian options. Meals include a salad bar, entrees, dessert, and beverages.

Breakfast | 7 AM-9 AM
Adults (13+) | \$16.50
Children | \$9
5 and younger | Free

Lunch | 11 AM-1 PM
Adults (13+) | \$19.50
Children | \$11.50
5 and younger | Free

Dinner | 4:30 PM-7 PM
Adults (13+) | \$22
Children | \$16.50
5 and younger | Free

RUSTIC CAFE | HOURS VARY

Enjoy a variety of breakfast, lunch, and snacks at our counter located in the Administration Building.

THE PINE ROOM RESTAURANT

Open until Labor Day. Hours may vary.

Lunch | Mon.- Fri. 11 AM- 3 PM | A La Carte
Dinner | Tue.- Sat. 5 PM- 8 PM | Prime Rib Buffet
Brunch | Sun. 11 AM- 2 PM

PAYMENT FOR FOOD & ACTIVITIES

Accepted methods: Cash, credit/debit card, charge to room.

FAMILY PROGRAM FACILITIES

SWEET MEMORIAL PROGRAMS BUILDING

HOURS: SUN-THUR 9AM-5PM | FRI-SAT 8AM-9 PM

Located west of the Administration Building parking lot, the Sweet Memorial Building is the hub of the Program Department. Come by or give us a call at **970-586-3341 x1104**

- **Game Room:** Anyone for ping pong, billiards, foosball, or table shuffleboard? See our newly renovated game room in the basement of Sweet Memorial Building.
- **Board games and puzzles** to play here or take back to your cabin or lodge room!
- Explore the **toddler area** especially designed for guests 3 and under with age-appropriate toys and games.

DUNCAN FAMILY CLUBHOUSE

HOURS: SAT-SUN 9-11AM; 1-5PM | MON-FRI 1-5PM

Located next to the Mini Golf Course, the Duncan Family Clubhouse is the go-to place for recreation equipment check-out.

- Mini Golf Equipment
- Horseshoes
- Bocce Ball Sets
- Bean bags
- Shuffleboard Equipment
- Pickleball Equipment
- Tennis Equipment
- Basketballs, Soccer Balls, Volleyballs, Kickballs, etc



BOB ECKER ROLLER RINK

HOURS: MON & WED 3-5PM | TUES & THURS 3-4PM; 6-9PM | FRI-SUN 3-7PM *Roller Rink Hours are subject to change based on private events. Check the website [here](#).

Located on the southern side of Longhouse, guests can enjoy classic roller skating in this indoor skating rink. Roller skates available for check out from sizes J8-14.



MINIATURE GOLF

Located on the North end of the Administration field. Try our 18-hole course or an easier 9-hole course with larger holes for younger children. Golf clubs available for free from the Clubhouse.

SCAN HERE FOR FACILITY HOURS



THE VICE FAMILY RECREATION AND SPORTS PARK

- **3 Pickleball Courts** - All first come first served, no reservations available.
- **3 Tennis Courts** - All first come first served, no reservations available.
- **Kickball Field**
- **Horseshoes**
- **Cornhole**
- **Gaga Pits**
- **4 Square Courts**
- **Bocce Ball**
- **Shuffleboard**
- **Sand Volleyball**
- **Outdoor Fitness Track**

LONGHOUSE GYMNASIUM

OPENS LABOR DAY! OPEN DAILY 9AM-9PM

Indoor basketball courts, pickleball net and other sports equipment to use. Hours are subject to change based on private groups.



FIRE RING RENTALS

*Fire Ring availability subject to fire restrictions.

Campfires are allowed in designated fire rings throughout the property. Please call ext.1104 or check online for fire ring availability.

Fire rings are available to be booked in 2-hour sessions in the evenings. A fee of \$30 includes use of the site for 2 hours, two bundles of wood, Firestarter, and a pack of matches. Extra firewood is for sale at Sweet Memorial or the Administration Building for \$7 a bundle.

DISC GOLF

Do you frof? Our 18-hole frisbee golf course is great for beginners and avid disc golfers alike. Cruise around the property, enjoy the scenery, and see who can keep their score the lowest! Disc golfs can be checked out at Sweet Memorial.

FAMILY CAMP PROGRAMS

FACILITATED PROGRAMS FOR ALL AGES

Exact times and locations for these programs are listed in the [online calendar](#).

SCAN HERE
TO VIEW
ONLINE
CALENDAR



BASKETBALL

Hit the court for basketball fun with casual pickup games and favorites like H.O.R.S.E, Knock Out, and Around the World.

BINGO

This isn't your grandma's bingo- it's Bingo turned all the way up! Enjoy fast rounds, music, prizes, and big reactions in this high-energy, all-ages favorite.

PARACHUTE GAMES

Young campers ages 2-7 and their families can enjoy colorful parachute games, movement activities, and silly camp fun together.

LITTLE EXPLORERS

Children ages 3-7 can discover nature through a simple hike, sensory activities, and hands-on outdoor exploration.

KICKBALL

Kick, run, and play this classic camp game designed for all skill levels. Best for ages 5 and up.

DISC GOLF 101

Come learn the basics of disc golf including throwing technique, rules, and beginner-friendly gameplay. Best for ages 8 and up.

VOLLEYBALL

Serve, bump, and volley in this casual recreational game open to all experience levels.

CAMP GAMES JR

Campers ages 4-8 can enjoy classic schoolyard games with simple rules, movement, and lots of fun.

FLAG FOOTBALL

Join a friendly non-contact football game focused on teamwork, movement, and camp fun. Best for ages 8 and up.

COMMUNITY CAMPFIRE

Gather around the fire for songs, simple games, and shared stories under the evening sky. Bring your own s'mores supplies or purchase them earlier in the day at Sweet Memorial or the General Store for a classic camp tradition the whole family will enjoy.



FEEDIN' THE BIRDS

Join the Family Programs team at the Bird Blind to help feed our feathered friends.

FLOOR HOCKEY

Grab a stick and hit the court for this fast-paced game!

FOUR SQUARE Ages 4+

Step into the square and join this classic camp favorite!

FRIENDSHIP BRACELETS

Slow down and get creative as you design and weave your own friendship bracelet using colorful threads and simple patterns.



GAGA BALL

Jump into the Gaga pit for this fast-paced, high-energy game! Similar to dodgeball but played with the ball below the knees, players dodge and strike to be the last one standing.

JR SURVIVAL Ages 5 and Under

Calling all little adventurers! Jr Survival introduces kids to basic outdoor safety skills through a fun, guided scavenger hunt that builds confidence, awareness, and teamwork.

SOCCER

Kick around and enjoy a casual soccer game for all experience levels.

TOWER POWER

Put your engineering skills to the test in this hands-on building challenge! Using only dry spaghetti and mini marshmallows, teams will compete to build the tallest and strongest freestanding tower through creativity and teamwork.

TRIVIA

Get ready for a fast-paced battle of the brains in this high-energy competition!

FAMILY GAME NIGHT

Guests of all ages can gather for board games, card games, and relaxed evening fun for the whole family. Some strategy games at Sweet cannot be taken back to your cabins and are exclusively available during this time!

ORIGAMI

Discover the ancient art of paper folding in this hands-on introduction to origami.

QUIDDITCH

Step into the wizarding sport that's taken the muggle world by storm in this fast-paced, ground-based team challenge! Run, pass, defend, and score as you combine strategy, teamwork, and a touch of magic in this high-energy game.

MAKE YOUR OWN ICE CREAM

Shake things up and create your own vanilla ice cream using simple ingredients. With a little science and a lot of shaking, you'll turn milk, sugar, and vanilla into a delicious frozen treat (contains dairy).



MAKE SLIME

Get creative and a little messy as you make your own batch of slime to take home!

MINUTE TO WIN IT

Think fast and move faster in this series of quick, silly challenges! Compete with friends and family in fun games that test speed, balance, and coordination in a high-energy, laugh-filled competition for all ages.

NATURE PRINTS

Discover nature through art in this gentle, hands-on activity! Young explorers will create beautiful leaf rubbings while building curiosity and fine motor skills- and take home their own nature-inspired masterpiece.



BOONE FAMILY MOUNTAIN CENTER

OPEN DAILY 8:30 AM – 5 PM

Located near Upper Cookout on the North end of our property, the Boone Family Mountain Center provides a base camp to launch outdoor and high-adventure activities such as hiking, rock climbing, aerial challenge course sessions, and more! The Mountain Center contains serves as nature hub with interactive exhibits and a gear shop to supply your last-minute adventure needs. Staffed with area experts, you're sure to find advice for your next adventure here. Be sure to stop by before hitting the trail head!

ADVENTURE ACTIVITIES

Advanced registration required ([book online](#) or call x1104)

INDOOR ROCK CLIMBING

Get your hands on our indoor climbing wall that is molded to look and feel like real rock! Climb to the top of the 30-foot wall, or stay low to the ground on the bouldering wall. Climbing shoes and harnesses are provided and all participants will be given an introduction to the equipment and beginner climbing technique. Meet at the Mountain Center.

Ages: 5+

Cost: \$12 per person

ARCHERY

Will move to indoor range October 16

These one-hour sessions welcome participants 6 and up and of all skill levels. Guests receive guided instruction on safety, stance, and technique before practicing on the Outdoor Archery Range.

Ages: 6+ (Recommended ages 8+ due to equipment and focus required)

Cost: \$12 per person

SCAN HERE TO
BOOK ONLINE



RENTALS Offered until 10/16

We rent gear such as trekking poles, microspikes, and backpacks to guests for a small fee. Hikers on a guided hike with us will be able to rent any necessary gear at no charge.

Spikes: \$10/day | **Backpacks:** \$5/day | **Kid Carriers:** \$10/day

GOLDEN NUGGETS

Offered until 10/16

On The Enger Family Nature Trail outside of the Mountain Center, little hikers can look for golden nuggets! Bring them back to the hiking desk for a prize. Please collect only one nugget per child.

MOUNTAIN CENTER NATURALIST PROGRAMS offered until 10/16

Offered on Saturdays and Sundays, these programs are ideal for school-age children who want to learn more about their environment with one of our experienced naturalists! Exact times are listed in the [Online Calendar](#).

ANIMAL DETECTIVES – 1 hr – Learn to recognize animal tracks!

WALK IN THE WOODS – 1.5 hrs – Explore the woods around the Y!

SURVIVAL – 1.5 hrs – Learn survival skills.

KNOT TYING – 1 Hr – Learn to tie knots.

CREEK STOMPIN' – 1 hr – Learn what's going on in the creek!

BEAR AWARE – 30 mins – Learn about black bears and bear safety!

WHAT ABOUT WOLVES – 30 mins – Learn about wolf rehabilitation!

FIREQUEST – 1 hr – Learn fire making and have some s'mores!

SCAN HERE TO
VIEW THE ONLINE CALENDAR



HIKING

HIKING DESK OPEN DAILY UNTIL 10/16 8:30 AM – 5 PM

Extension x1311 | Advanced registration required for guided hikes.

[Click here to book](#)

Join our experienced Hikemasters for a guided hike into Rocky Mountain National Park! Hikes range from family-friendly strolls on easy terrain to the highest peaks in the park, as well as specialty hikes every day of the week. Check out our website or visit the Boone Family Mountain Center for more details on what hikes will be available during your stay. Our full schedule is typically posted two weeks out.

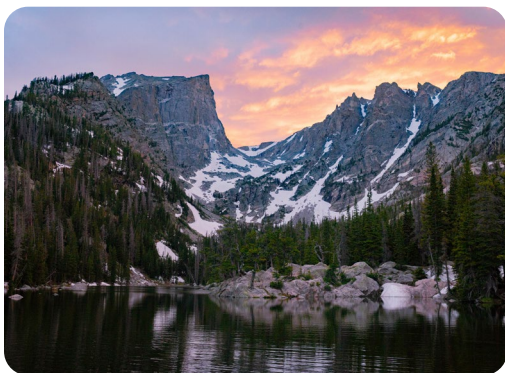
All YMCA guided hikes will meet at the Boone Family Mountain Center, and participants are required to provide their own transportation to and from the trailhead unless stated otherwise. When with us on a guided hike, timed entry permits are not required, however, a **Rocky Mountain National Park entry pass is required**, which can be purchased at the Park's entry station or at the Boone Family Mountain Center. **Guided hikes require a sign up ahead of time**, and are free to YMCA of the Rockies members and guests. We will assess a \$5 cancellation fee for no-shows. **Walk-ins will not be accepted.**

Starting in 2026, the Park will assess additional fees for non-US residents. Visit [NPS.gov](https://www.nps.gov) for more information.

When entering the park on your own (not part of a YMCA guided hike), a **park entry pass is required**, as well as a **timed entry permit when entering by vehicle from Memorial Day Weekend to mid-October**. Visit [NPS.gov](https://www.nps.gov) for more information on the timed entry permit system.

Conditions can change rapidly in the park. Make sure you are prepared for your hike by considering the following:

- Wear or pack multiple layers including a moisture-wicking base layer (ideally not cotton!), a warm insulating layer such as a fleece or down coat, and a waterproof shell to protect from wind and rain.
- Have adequate footwear, such as hiking boots or sturdy tennis shoes or trail runners. Wool socks are recommended, as they retain body heat when wet, unlike cotton.
- Check the forecast. The National Weather Service website can provide a specific forecast for the area of the park you're traveling to. Look for factors like wind speed, chance of rain or snow, and visibility.
- Consider recent trail conditions. Ask our wonderful Hike Staff at the Boone Family Mountain Center, or find trail reports online.



SCAN HERE TO
BOOK ONLINE



FREQUENT HIKES OFFERED

Classic RMNP hikes like Mills Lake, Emerald Lake, Lake Haiyaha, and many more.



HIKING GRADING SYSTEM

All hikes offered by the YMCA of the Rockies – Estes Park Center are graded on a letter scale from A–H, with A being the hardest and H being the easiest. Hikes are graded based on four aspects:

1. Total miles covered by the hike
2. Elevation gain of the hike
3. Highest elevation of the hike
4. Difficulty of the terrain

All of these factors are combined to create an "overall grade" for the hike. A separate "terrain grade" is given based on the difficulty of obstacles on the trail, such as steepness, presence of boulders, scree or talus, snowfields or glaciers, river crossings, exposure, or scrambling; again, with A being the hardest and H being the easiest.

Most hikes guided by the YMCA fall in the E, F, or G range. All hikes with an overall grade of A, B, C, or D require a prerequisite – the hiker must successfully complete a hike of at least two grades lower (ex: an F hike qualifies for a D hike) without issue during the current season to qualify.

For more detailed information about the Hike Grading System, visit the Hiking Desk at the Boone Family Mountain Center.



MOOTZ FAMILY CRAFT & DESIGN CENTER

OPEN DAILY 9:30 AM – 5 PM

Bring your creativity to life at the Mootz Family Craft & Design Center in Estes Park! We offer hands-on fun for all ages with a wide variety of art projects! Many of our crafts are walk-in friendly, so you can stop by anytime and start creating right away! Come see all we have to offer and make something to commemorate your time spent with us and family!

**Some crafts are age restricted.

Although many of our crafts are walk-in, workshops/classes require pre-registration. **Check out the online calendar or call 970-586-3341 ext. 1132 for more information!



MORE INFORMATION

- Prices range from \$5 to \$85/project
- Some crafts take overnight so please plan accordingly (glass fusion, silk painting, glazed ceramics, tie dye (optional overnight))
- We offer shipping for projects!
- Crafts for all ages (some restrictions apply to certain crafts ie. glass fusion, etc.)
- Accessible

WALK-IN CRAFTS INCLUDE:

GLASS FUSION Learn the tools used to cut and customize glass and craft your own project ranging from nightlights to home decor items like plates and bowls. This craft does take 1-2 nights for us to fire in our kilns. One night firing applies to flat pieces while two night firing applies to shaped pieces. Glass fusion closes for new purchases at 4:00pm, plan accordingly. *Ages 10+

SILK PAINTING Choose from hundreds of patterns and craft a silk painting (from sizes 11"x11" to 11"x60") using a tool called 'resist' and mixing your own dyes to create your own vibrant silk to use as wall decor, scarves, bandanas, table runners, etc. This craft is processed overnight and is ready at noon the following day. *Ages 10+

JEWELRY MAKING Choose to craft bracelets, earrings, or necklaces, customizable with charms and specialty beads. With staff teaching you how to attach clasps, tie off elastics, and more! *Ages 10+, except daily 10am elastic bracelet class for ages 4+

GLAZED CERAMICS Bring a little piece home with you, from miniature animals to mugs, plates, planters, tiles, lanterns, etc. This project takes overnight. Turn your project in by 3:00pm and have it ready the following day at 10:00am to take home with you! Please plan accordingly with our firing schedule. The craft shop also offers shipping (at a base rate of \$15) if you're only here for a day trip!

ACRYLIC PAINTING Good for a day trip and quicker project, use our acrylic paints to customize your own wood birdhouses, wood trinket boxes, ceramic figurines, ornaments, canvas, etc.

WOOD MOSAICS Using our glass cutting tools and pre-cut pieces of glass, carefully piece together and arrange them on items like boxes, plaques, frames, coasters, etc. After stabilizing your pieces, choose from our many colors of grout to finalize your piece! This process does take 1-2+ hours so please plan accordingly.

TIE DYE Once you choose your item, choose from a wide variety of patterns. Our staff will tie your pattern for you and set you on a path to dye your own piece and customize it to your liking. Once finished, take it home to wash or we will wash it for you and it will be ready for pick-up the following day at 10:00am. Tie dye closes for new purchases at 4:00pm, plan accordingly.

SAND ART Choose from a variety of fun shaped vessels (dinosaurs, sports, flowers, etc.) and fill them with different colored sand!

BEAD ART Use our photo guides to create beaded animals (lizards, bees, mermaids, etc.) using pony beads and string. Finish your piece with a key ring and wear it right after!



STAFF LED WORKSHOPS & CLASSES

For all workshops/classes, please plan to arrive 15 minutes early to check in and pay. We kindly ask that any cancellations be made at least 24 hours in advance, per our policy. If you do not cancel within this window and you do not attend your reserved activity, the card on file will be charged the full activity fee. Thank you for understanding and helping us keep our schedule running smoothly!

Workshops/classes require pre-registration. [Click here to book](#) or call 970-586-3341 ext. 1132 for more information!

JEWELRY CLASSES OFFERED DAILY

*Age 10+, except 10am elastic bracelet class for ages 4+

ELASTIC BRACELETS OR NECKLACE - \$10 - ages 4+

EARRINGS MAKING - \$15 - ages 10+

BRACELET MAKING - \$15 - ages 10+

NECKLACE MAKING - \$15 - ages 10+



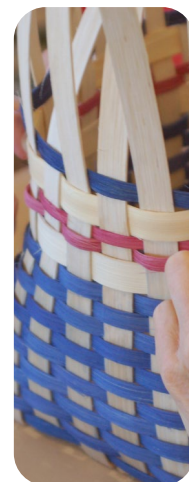
MONDAYS & TUESDAYS DROP-IN LEGACY CRAFTS

Starting at \$5, ages 10+

LEATHER WORKING is a hands-on craft with endless possibilities—from creating and personalizing a wallet to designing a custom collar for your pet.

BASKET MAKING is a timeless art form used for both beauty and function. Because this process is more detailed and time-intensive, please plan to allow plenty of time (or days) to complete your piece.

WOOD BURNING uses heated tools and requires focus and care. Decorate anything from small ornaments to plaques, burning your own designs and creativity directly into the wood!



FOR THE FOLLOWING CLASSES, CHECK OUT THE ACTIVITY CALENDAR FOR DAYS AND TIMES

AUTUMN MULTI-MEDIA COLLAGE - \$5 - ages 6+

Pumpkins, fall leaves, golden aspens — the inspiration is endless! Use a variety of materials to bring your cozy autumn collage to life while celebrating the colors and magic of the season.

HARVEST JAR LANTERNS - \$10 - ages 4+

Create a glowing lantern inspired by crisp autumn evenings, golden leaves, woodland walks, and the cozy feeling of fall nights in the mountains.

FALL BLOCK PRINTING WITH WATERCOLOR - \$15 - ages 10+

Explore printmaking by layering hand-carved stamps and watercolor to create artwork inspired by autumn leaves, mountain landscapes, woodland creatures, and cozy fall colors.

ROCKY MOUNTAIN FALL UV RESIN - \$15 - ages 10+

Preserve the beauty of fall by creating wearable resin art inspired by golden aspens, pressed leaves, wildflowers, and treasures collected from the outdoors.

WOODLAND PINECONE CREATURES - \$5 - ages 4+

Create whimsical woodland creatures using pinecones and natural treasures inspired by the magic of autumn forests. Make hedgehogs, owls, forest elves, foxes, and more!

PAINTING WITH FLORA: FALL EDITION - \$15 - ages 10+

Celebrate the beauty of autumn through acrylic painting! Each week features seasonal subjects such as golden aspens, pumpkins, mountain wildlife, cozy cabins, moody skies, and colorful fall landscapes in a relaxed and encouraging environment.

FALL WATERCOLOR WORKSHOP - \$15 - ages 10+

Celebrate the beauty of autumn through watercolor painting! Explore warm fall color palettes while painting golden aspens, pumpkins, woodland scenes, mountain landscapes, falling leaves, and cozy seasonal moments. Fall-themed stencils will also be available to help inspire your artwork or add extra details to your painting. Whether you're a beginner or experienced painter, this relaxing class is a wonderful way to capture the magic of fall through watercolor.



SCAN HERE TO
BOOK ONLINE



MAUDE JELLISON LIBRARY



HOURS: THROUGH SEPTEMBER 25 –
MON-SAT 9AM-7PM; SUN 1PM-5PM
THROUGH SEPTEMBER 26 –
MON-SAT 9AM-5PM | SUN 1-5PM

Located up the slope between the Administration Building and Hyde Chapel, this two-story library offers welcoming spaces for all ages. The lower level features the Children's and Young Adult section, while the upper level houses the Adult Library, with fireplaces on both floors and a balcony with swings and sweeping mountain views. Guests may check out books, DVDs, and puzzles; enjoy newspapers and magazines; use games in-house; access a guest computer for printing; and enjoy complimentary coffee and tea.

LIBRARY ACTIVITIES:

No cost or registration required!
 Check out the [online calendar](#) for details.

DAILY CHILDREN'S STORY TIME

10:30 AM Mon.- Sat. through 9/28
 From 10/3- 10:30 AM on Saturdays

MONDAYS @ THE MAUDE MUSICAL SERIES 7PM

- 8/10 POETRY & SONG OPEN MIC
- 8/17 THE MCDAILEY'S Bluegrass/Americana
- 8/24 NEAL WHITLOCK 70's Singer/Songwriter
- 8/31 KALANI DAS Native American Flute
- 9/7 KURTIS KELLY Estes Park Historic Personality Portrayal
- 9/14 POETRY & SONG OPEN MIC
- 9/21 NEAL WHITLOCK 70's Singer/Songwriter
- 9/28 POETRY & SONG OPEN MIC (6:30 PM start)
- 10/5 LAURIE SIMMONS 70's & 80's Pop
- 10/19 POETRY & SONG OPEN MIC (6:30 PM start)

ARTIST IN RESIDENCE PROGRAMS

CHILDREN'S STORY TIME W/ ARTS & CRAFTS

Every Monday 10:30 AM
 Through 10/29

MEET & GREET ROUND TABLE WITH THE ARTIST

Every Tuesday 7 PM
 Through 10/20

SCAN HERE
 TO VIEW
 THE ONLINE
 CALENDAR



DORSEY MUSEUM

OPEN DAILY

Visit the Dorsey Museum to learn about the history and culture of YMCA of the Rockies and the surrounding area.

*Limited wheelchair accessibility



MUSEUM ACTIVITIES:

Check out the [online calendar](#) to find specific activity times. No cost, no registration required. Capacity limited: first come, first served.

DINO DIG Join us to learn about dinosaurs found in Colorado and excavate your own dino egg. You'll be digging in the ice to find frozen dinos! Recommended ages 4+

DOLL MAKING Join us at the museum to create a "homesteader" style doll of your own! Capacity limited, recommended ages 8+

ARCHAEOLOGY HIKE This mile long hike takes you to an excavated rock shelter on property to learn about early people who lived in the region. Please bring water. Capacity limited, recommended ages 8+

TEDDY ROOSEVELT Meet the 26th president of the United States, Theodore Roosevelt, and listen as he shares his passion for the conservation of the West. Bully, Bully!

JOURNAL MAKING Learn about the importance of journals and other primary sources to historical research and make your own journal to capture your memories! Capacity limited, recommended ages 8+

BYGONE GAMES Drop by the museum porch to play some bygone games of the past! Enjoy games like jacks, dominos, checkers, and more.

IN TIME

LIVE ACTION ROLE PLAY

FRI 8/21 & SAT 8/22
TICKETS REQUIRED

Join us to celebrate the Semiquincentennial and Sesquicentennial with a performance from Live History! This In Time performance has escape room, quest, and theatre elements. Expect to work with your group and the actors as you explore the venue while trying to solve clues and complete your selected tasks. In Time Unlimited is a site specific promenade show that allows you walk around the venue, solving tasks as you do so.

CENTER FOR WELL-BEING

OPEN DAILY 11:30 AM – 3 PM

SCAN HERE TO VIEW THE ONLINE CALENDAR



Completed in 2025, is a dedicated space for rest, rejuvenation, and holistic wellness of the spirit, mind, and body. The center features three massage rooms and a yoga studio that hosts up to 18 participants, with classes offered throughout the summer. When classes are not in session, guests and members are welcome to use the studio during open hours for personal practice. Massage services are provided through our third-party concessionaire, Homegrown Yoga. Visit www.homegrownyoga.com for more information and booking details.

YOGA DECK

The Yoga Deck is located adjacent to the Outdoor Archery Range, behind the Boone Family Mountain Center. A privacy fence allows an immersive experience in the mountain forest.

WELLNESS CLASSES

No cost or registration required! Classes will be offered in the morning and evening every day. Location and times may vary. Please check the [online calendar](#) for the most up to date schedule.

- DEEP STRETCH & RESTORE YOGA
- RESTORATIVE 101
- YOGA PROP FUSION
- FAMILY YOGA
- VINYASA YOGA
- SLOW FLOW BEGINNER YOGA
- MEDITATION
- PILATES
- GUIDED FOREST BATHING



DORSEY SWIMMING POOL

*Pool Hours are subject to change based on private events. Check the facility hours [here](#).

Heated to 83 degrees and at a length of 25 yards, there's plenty of room for fun at the Dorsey Swimming Pool!

Children seven years old and under need an adult in the water within arm's reach. Children ages 8-12 need to be accompanied by an adult in the building. Changing rooms and showers are available. Our pool's capacity is determined by the number of on duty lifeguards. Towels, flotation devices, and toys provided. The water slide, which enters the deep end, requires passing of a swim test. If necessary, the slide may close at the discretion of the lifeguards. During lightning storms, the pool will close for 30 minutes until an all clear is given.



OPEN SWIM

Saturday: 10:00 – 12:00; 1:00 – 6:00

Sunday: 10:00 – 12:00; 1:00 – 6:00

Monday: 1:00 – 5:00

Tuesday: 1:00 – 5:00

Wednesday: 1:00 – 5:00

Thursday: 1:00 – 6:00

Friday: 1:00 – 6:00

SCAN HERE FOR FACILITY HOURS



SPIRIT & FAITH

SCAN HERE TO VIEW
THE ONLINE CALENDAR



The YMCA of the Rockies Chapel Ministry seeks to honor God and embody the teachings of Jesus Christ through the fostering of relationships, stewardship of the natural environment, and creating faith-based programs that are spiritually engaging and respectful of all.

Chapel activities during the week include Sunday night concerts, worship hikes, campfire sing-a-longs, adventure ministry programs, prayer walks, children's activities, movie nights, and much more! Check the full schedule at on our [online calendar](#). Summer programs end September 4th.

WORSHIP

EVERY SUNDAY 10 AM

Hyde Chapel through 11/13 then moves to Ponder Chapel
All are welcome to join us for this special hour of worship.
Dress is always mountain casual. Come early to enjoy coffee and tea as we fellowship together before worship.

24/7 PRAYER CHAPEL Dannen Chapel, entrance located on the outside northeast corner of Hyde Chapel, is open 24/7 for your prayer needs.

INTERACTIVE PRAYER TRAIL Located behind the Legett Christian Center. Walk the trail and encounter 5 interactive stations based on the prayer forms of Adoration, Confession, Thanksgiving, Supplication, and Intercession. All ages will find this a fun and meaningful way to pray!

LABYRINTH A Labyrinth is a spiritual tool, a path of prayer, a walking meditation. Our Labyrinth is designed out of stones and located behind the Museum. Brochures about the Labyrinth and how to walk the Labyrinth are located at the starting point.

BIBLE POINT TRAIL Along the trail you will encounter selected Psalms that sing to the glory of God revealed in nature. If you need help finding the trail, pick up a map in the Mountain Center.

BEATITUDE STUDY TRAIL Enjoy a hike while studying the beatitudes from Jesus' famous "Sermon on the Mount." The trailhead and study guides are located at the Dorsey Lake parking lot. The trail makes a 1-mile loop.

STORY WALK Enjoy a children's book on a short walk equipped with "reading stations." Story walk begins on the walking path by the Hyde Chapel fire pit.

LAWN GAMES Located on the west side of Hyde Chapel is a storage shed full of lawn games for your enjoyment. Feel free to play these games on the Hyde Chapel lawn anytime you wish! Please return games to shed when you are finished using them.



SPECIAL EVENTS

Our Special Events are the heart of the seasonal experience, transforming the campus into a vibrant hub of energy and connection. Contact Sweet Memorial for weather cancellation info x1104.

EVENTS

CLEVELAND POPS ENSEMBLE

AUGUST 11 – 16

The Pops are back for another residency at Estes Park Center! We hope you're ready to dance because they'll be playing everything from American classics, to Broadway, and even Taylor Swift. Read on to see their full schedule of events.

ARTIST IN RESIDENCE PROGRAM

AUGUST 7 – OCTOBER 20

Every year, we welcome artists of various mediums to a residency at Estes Park Center. From quilters and musicians to painters and printmakers. Read on for the full list of artist events!

IN TIME: LIVE ACTION ROLE PLAY

AUGUST 21 & AUGUST 22 *Tickets required

Join us to celebrate the Semiquincentennial and Sesquicentennial with a performance from Live History! This In Time performance has escape room, quest, and theatre elements. Expect to work with your group and the actors as you explore the venue while trying to solve clues and complete your selected tasks.

HAUNTED HOUSE: ECHOES OF MOUNTAINSIDE

FRIDAY, OCTOBER 23

6PM-8PM | MOUNTAINSIDE LODGE

AGES 12 AND UNDER

Venture to the highest reaches of the mountain for a family-friendly voyage into the past. To celebrate the U.S. Semiquincentennial and Colorado's Sesquicentennial, we are bringing 250 years of frontier legends to life through an immersive, historic lens. Leave the modern world behind as you follow a lantern-lit trail to meet the spirits of 1776 and 1876 for a night of mystery and lighthearted mountain chills.

ECHOES OF MOUNTAINSIDE

SATURDAY, OCTOBER 21?

8PM-10PM | MOUNTAINSIDE LODGE

AGES 16+ RECOMMENDED

Venture to the highest reaches of the mountain for a journey into the true darkness of the American frontier. To honor the U.S. Semiquincentennial and Colorado's Sesquicentennial, we have unburied 250 years of mountain secrets for an intense and haunting experience. As the modern world is swallowed by the night, the restless, terrifying spirits of 1776 and 1876 wait to greet you in the freezing mountain air.

SCAN HERE TO VIEW
THE ONLINE CALENDAR



2026 ARTISTS IN RESIDENCE

SCAN HERE FOR MORE
INFORMATION ON OUR
ARTISTS OR TO SIGN UP
FOR WORKSHOPS



Every year, we welcome artists of various mediums to a residency at Estes Park Center. Check out the [website](#) for more information and to register for workshops.

ANNA KAMMEYER QUILTER

AUGUST 20 – SEPTEMBER 9

AUGUST 22 | AUGUST 29 | SEPTEMBER 5
FAMILY FIBER ART: FABRIC POST CARDS
WORKSHOP *Registration Required
10AM – 12PM | CRAFT & DESIGN CENTER

Create a meaningful, handmade keepsake inspired by your time at the YMCA of the Rockies. In this beginnerfriendly class, participants will design a fabric postcard using fusible appliqué techniques. Choose from templates or create your own design, then cut, fuse, and stitch your piece together. Guests will have the option to try simple quilting, and finish their postcard mounted on a card backing. No sewing experience needed, just come ready to create.

AUGUST 23 | AUGUST 30 | SEPTEMBER 6
LIVE ART DEMO
1PM – 3PM | ADMIN BUILDING

Join the Artist in Residence for a relaxed, behind-the-scenes look at their creative process. Watch as a quilt project comes to life and gain insight into techniques, materials, and inspiration. Guests are welcome to stop by, observe, and ask questions throughout the session.

AUGUST 24 | AUGUST 31 | SEPTEMBER 7
CREATIVE STORYTIME: QUILT BLOCK
COLORING
10AM – 11AM | LIBRARY

A gentle, family-friendly program combining storytelling and creativity. After a short reading, participants will design and color their own quilt block patterns. This relaxed activity is perfect for younger guests and encourages imagination through color and pattern.

AUGUST 25 | SEPTEMBER 1 | SEPTEMBER 8
ARTIST TALK: INSIDE THE CREATIVE
PRACTICE
7PM – 8PM | LIBRARY

Join the Artist in Residence for an open and welcoming conversation about their creative journey, artistic process, and techniques. Guests are invited to ask questions, engage in discussion, or simply listen and enjoy an evening of art and storytelling.

GRACE STEAN MUSICIAN

SEPTEMBER 10 – SEPTEMBER 30

SEPTEMBER 12 | SEPTEMBER 19 | SEPTEMBER 26
BEGINNER UKULELE WORKSHOP: PLAY YOUR FIRST
SONGS *Registration Required
10AM – 12PM | CRAFT & DESIGN CENTER

Start your musical journey in this welcoming, beginner-friendly ukulele class. Guests will learn the basics of the instrument, including history, types of ukuleles, and famous performers like. The class will cover chord charts, sheet music, and where to find helpful resources. Participants will learn a few foundational chords, explore simple song charts, and receive guided instruction. The majority of the session will focus on hands-on practice with personalized feedback. No prior experience needed.

SEPTEMBER 13 | SEPTEMBER 20 | SEPTEMBER 27
LIVE PERFORMANCE: EIGHT STRINGS ACROSS
CULTURES
1PM – 3PM | ADMIN BUILDING

Experience a dynamic live performance blending sound, culture, and storytelling. This two-part performance features electric violin with live looping and elements that go beyond classical music, followed by a traditional Sanshin performance rooted in the musical heritage of Okinawa, Japan. Guests are invited to listen, observe, and immerse themselves in two distinct yet connected musical worlds.

SEPTEMBER 14 | SEPTEMBER 21 | SEPTEMBER 28
MUSIC & STORYTIME: RHYTHM & CULTURE
10AM – 11AM | LIBRARY

A playful and interactive library experience combining music, storytelling, and hands-on creativity. Guests will enjoy ukulele sing-alongs and a reading of Ten Oni Drummers. Participants will then create their own drums inspired by traditional Okinawan Taiko drums, followed by a group rhythm activity. Additional musical exploration will be available for curious participants.

AUGUST 25 | SEPTEMBER 1 | SEPTEMBER 8
ARTIST TALK: A MOMENT OF RYUKYU
7PM – 8PM | LIBRARY

Join the Artist in Residence for an engaging talk exploring the history and cultural significance of the Sanshin, a traditional instrument from Okinawa, Japan. This presentation will cover the instrument's origins, evolution through historical periods, and its role in music today. Guests will experience live demonstrations, hear stories from the artist's travels, and gain insight into a rich musical tradition.

2026 ARTISTS IN RESIDENCE

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INFORMATION ON OUR
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FOR WORKSHOPS



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JIN-RONG ZHANG MULTIMEDIA ARTIST OCTOBER 1 – OCTOBER 21

OCTOBER 3 | OCTOBER 10 | OCTOBER 17

UPCYCLED JEWELRY ART: RENEWED CREATIONS *Registration Required

10AM – 12PM | CRAFT & DESIGN CENTER

Give new life to old materials in this creative mixed media art class. Participants will use repurposed jewelry to design a unique artwork on canvas. By layering textures, shapes, and colors, guests will explore how everyday items can become meaningful visual compositions. This process-focused class encourages creativity, experimentation, and personal expression. No experience needed.

OCTOBER 4 | OCTOBER 11 | OCTOBER 18

LIVE ART DEMO

1PM – 3PM | ADMIN BUILDING

Stop by for a relaxed, behind-the-scenes look at the artist's creative process. Guests are welcome to observe, ask questions, and gain insight into the artist's techniques and inspiration.

OCTOBER 5 | OCTOBER 12 | OCTOBER 19

CREATIVE STORYTIME & CRAFT: POP-UP CARDS

10AM – 11AM | LIBRARY

A gentle, family-friendly program combining storytelling and hands-on creativity. After a children's book reading, participants will create their own simple pop-up cards.

OCTOBER 6 | OCTOBER 13 | OCTOBER 20

ARTIST TALK

7PM – 8PM | LIBRARY

Join the Artist in Residence for an open and engaging conversation about their creative journey, process, and inspiration.



ARTS AT ALTITUDE FEST CLEVELAND POPS ENSEMBLE

August 11–16

Experience timeless music, breathtaking mountain views, and warm community spirit.

CONCERTS

JAZZ POP-UP CONCERT

WEDNESDAY, AUGUST 12 | 10AM – 11:30AM

MOOTZ CRAFT & DESIGN CENTER

Start your morning with the smooth sounds of The Cleveland Pops Jazz Ensemble. This casual pop-up performance brings world-class improvisational music to a unique, creative setting.

RED, WHITE, & POPS!

THURSDAY, AUGUST 13 | 7PM – 9PM

REUSCH AUDITORIUM

FREE – REGISTRATION REQUIRED BOOK HERE

Wave your flags and warm up your singing voice — this is your all American Pops night. From patriotic powerhouses to classic Americana favorites, we're bringing the music that feels like home... and we want you in it. Expect a spirited, sing along ready program in a hall dressed for the occasion with banners, bunting, and American flags. After the concert, stick around for a special Meet the Musicians experience inside the auditorium — say hello, snap a photo, and get an up-close look at the artists who bring this music to life.

BRASS & STRINGS POP-UP CONCERT

FRIDAY, AUGUST 14 | 10AM – 11AM

ADMINISTRATION BUILDING

The Cleveland Pops Brass and String sections take center stage for a vibrant, high-energy morning performance in the heart of campus.

DANCE FEVER: FROM SWING TO SWIFT

FRIDAY, AUGUST 14 | 7PM – 9PM

ADMINISTRATION BUILDING

\$10 – REGISTRATION REQUIRED BOOK HERE

Get on your feet — this night is built for moving. Dance Fever takes you on a high energy ride from swing to today's biggest pop hits (yes, including Taylor Swift). Want a little confidence boost before the music starts? Arrive early for a dance instructor warm up from 6:30–7 PM, then hit the concert ready to groove. Grab food in the lobby, flip through the program bulletin, and enjoy a feel good night designed for families, friends, and anyone who loves a great beat. Best part: tickets are just \$10.

STRINGS AT THE FLAGPOLE

SATURDAY, AUGUST 15 | 10AM – 11AM

ADMIN FLAGPOLE

An elegant outdoor concert featuring the Cleveland Pops String Ensemble. Enjoy a selection of light classical and contemporary favorites in the mountain air.

BROADWAY ROCKS!

SATURDAY, AUGUST 15 | 7PM – 9PM

REUSCH AUDITORIUM

\$20 – REGISTRATION REQUIRED BOOK HERE

Broadway brings the drama — rock brings the electricity — and Broadway Rocks delivers both at full volume. This is a night of bigger than life showstoppers with a punch of rock 'n' roll edge, built for audiences who love a soaring chorus, a driving beat, and a finale that raises the roof. Whether you come for the theatrical thrills or the arena style energy, you'll leave with your heart racing and your playlist upgraded. Tickets are \$20 — and the experience feels priceless.

SUNDAY MORNING MUSICAL PRELUDE

SUNDAY, AUGUST 16 | 9:30AM – 10AM

FLAGPOLE AND ENTRANCE

Begin your Sunday with a double feature. The Cleveland Pops Brass Quintet performs at the Flagpole (9:30 AM), followed by the String Quartet at the Main Entrance (10:00 AM).

DANCE FEVER: FROM SWING TO SWIFT

FRIDAY, AUGUST 14 | 10AM – 11AM

ADMINISTRATION BUILDING

\$10 – REGISTRATION REQUIRED BOOK HERE

Get on your feet — this night is built for moving. Dance Fever takes you on a high energy ride from swing to today's biggest pop hits (yes, including Taylor Swift). Want a little confidence boost before the music starts? Arrive early for a dance instructor warm up from 6:30–7 PM, then hit the concert ready to groove. Grab food in the lobby, flip through the program bulletin, and enjoy a feel good night designed for families, friends, and anyone who loves a great beat. Best part: tickets are just \$10.

COMMUNITY CHAPEL SERVICE

SUNDAY, AUGUST 16 | 10AM

HYDE CHAPEL

Join us for our weekly Sunday service in the historic Hyde Chapel. This morning's service will feature special musical accompaniment provided by members of the Cleveland Pops Ensemble, offering a beautiful and reflective start to your day.

HEMPEL DEDICATION & FAREWELL

SUNDAY, AUGUST 16 | 6PM – 7:30PM

HEMPEL AUDITORIUM

FREE – REGISTRATION REQUIRED BOOK HERE

Our residency finale. Celebrate the formal dedication of Hempel Auditorium with a grand performance by the full Cleveland Pops Ensemble. This concert serves as a musical goodbye and a thank you to our community.

MASSAGE

HOMEGROWN YOGA & MASSAGE

Soothe muscles, alleviate pain, and release stress with a therapeutic massage in the Rocky Mountains. At Estes Park Center, therapeutic massage is offered through Homegrown Yoga and Massage, in our brand new Center for Well-Being. Hot stones, hikers feet heaven and more are also available to add on to your massage.

Book your massage appointment directly online! A full list of services, prices and online booking can be found at www.homegrownyoga.com

Located at the brand new Center for Well-Being! (4D on YMCA map) located next to the Museum.

Questions: Text Laura 720-218-1953 or email laura@homegrownyoga.com

Open daily. All seasons.



SOUND BATHS

Available summer months, mid June through mid August.

Weekly relaxing sacred sound baths are also offered through Homegrown on Mondays at 7:30 pm. Unwind and fill your cup!

FLY FISHING



SASQUATCH FLY FISHING

Sasquatch Fly Fishing has been offering guided fly fishing in the Estes Park valley for over two decades. Our expertise is unmatched in Rocky Mountain National Park. Join us for one of the many creative and exciting trips we plan for groups every year. Whether you are an individual looking for a private outing or a group of 20 who want to go enjoy the outdoors – Sasquatch Fly Fishing can do it all!

Visit us inside the lower level of the Boone Family Mountain Center or our website sasquatchflyfishing.com for more information.

Stop by, call, or email to book a trip!
970-586-3341 x 1153 | sasquatchflyfishing@gmail.com



HORSEBACK RIDING

JACKSON STABLES

Jackson Stables, YMCA of the Rockies Livery, offers trail rides around the YMCA property and into Rocky Mountain National Park! Rides range from 1-5 hours in length. For little riders, come take a pony ride on the Minnie Mouse Pony Trail or join us for a hayride that ends with a marshmallow roast!

For more information check out our website jacksonstables.com

Give us a call during business hours to book! Open Daily 7:15 AM – 6 PM
970-586-3341 x 1140 or 1149

