



THE  SPA
at turf valley resort



Facial Retreats

Dermalogica[®]

THE CUSTOM FACIAL

60 min

This customized facial focuses on your specific skin care concerns beginning with a thorough skin analysis to determine your personalized products and protocols. Your esthetician will choose from a combination of remedies to treat your skin at its deepest level and restore your skin to a healthy, luminous balance. Enjoy a hand treatment and massage with hot towels.

AGE SMART POWER FACIAL

60 min

Renew and revive aging skin as our estheticians infuse your skin cells with an antioxidant therapy. Fragile, tired or dull skin is softened and returned to a vital, youthful glow by a wealth of Vitamins A, C, E, and F to help firm and strengthen the skin and help reduce signs of aging. Luxurious moisturizers nourish and sustain the results of your facial.

TEEN FACIAL & CONSULTATION

(AGES 12-18)

45 min

Enjoy the fabulous effects of a facial specifically designed for teen complexions. Our esthetician will soothe and refresh your skin, answer questions about skin care, and recommend an at-home follow-up routine.

EXPRESS FACIAL

30 min

Available Monday through Thursday only.

Your skin will be cleansed, lightly exfoliated, and a mask will be applied to refine your pores. To conclude this treatment, a light moisturizer will be applied.

CLEANSING BACK FACIAL

60 min

Pamper the core of your body with this deep-cleansing and exfoliating treatment. Your back muscles will be soothed and your skin rejuvenated.



Advanced Skincare

Dermalogica[®]

PRO PEEL 30

30 min

This express 30-minute treatment features our highly active Pro Power Peel, tailored to your skin needs. This robust peel smooths skin while targeting signs of acne, hyperpigmentation, and premature aging for a completely customized experience.

PRO PEEL 60

60 min

Ultra-potent and completely customized – you've never had a peel like this before! This comprehensive 60-minute treatment pairs our most powerful peel with advanced techniques to thoroughly address your skin's ever-changing needs.

PRO NANOINFUSION

60 min

Dermalogica's NanoInfusion service delivers advanced professional results for skin texture and signs of aging. This non-invasive treatment uses the Dermalogica Pro Pen along with silicon nano-tips that help with resurfacing and product infusion with professional-grade actives to instantly help diminish the appearance of lines and wrinkles, brighten complexion, and smooth the appearance of skin.

LUMINFUSION

60 min

LuminFusion combines a targeted Retinol Peel and Pro Power Eye Peel to resurface and renew, NanoInfusion technology to deeply infuse active ingredients and LED red light therapy to visibly restore skin luminosity with no down time. This advanced skincare treatment brightens your complexion, diminishes signs of aging, refines your pores, and leaves you with an instant glow.



Organic Facial Retreats

Eminence

EMINENCE ORGANIC CUSTOM FACIAL

60 min

Naturally occurring fruit enzymes and organic ingredients leave your skin feeling fresh, clean, smooth, and glowing. This treatment is customized to your particular skin type and includes cleansing, exfoliation, mask, massage, hand treatment, and hydration performed with Eminence products.

ARCTIC BERRY PEEL & PEPTIDE ILLUMINATING FACIAL

60 min

This results-oriented facial uses three uniquely formulated products that work in harmony as an advanced resurfacing treatment. The breakthrough Arctic Berry Peel and Peptide Illuminating System also targets blemishes, uneven skin, and fine lines to reveal a new level of luminosity to your skin. Deep exfoliation combined with a botanical peptide infusion will leave you with an instantly younger-looking appearance. Also suitable for sensitive skin types.

AGE CORRECTIVE FACIAL

60 min

Get a natural lift with an organic facial that leaves skin instantly refreshed, tightened, and smooth. Take your skin on a tropical retreat with exotic neroli and monoi oils, hydrating coconut, and strengthening bamboo as wrinkles and fine lines disappear. Skin feels plump and youthful as a clinically proven natural retinol alternative boosts collagen and Swiss green apple stem cells replenish the epidermis.

EMINENCE EXPRESS FACIAL

30 min

Available Monday through Thursday only.

This mini facial will rejuvenate your skin with organic fruits and vegetables, leaving your face absolutely radiant.



Aesthetic Enhancers
Enhance Your Experience

Customize your treatment to your needs with our spa enhancements.

AROMATHERAPY

Lavender, citrus, or eucalyptus mint

CITRUS LIP TREATMENT

Eminence 3-step lip treatment

BRIGHT EYES TREATMENT

Eminence 4-step eye treatment

TREAT YOUR FEET *

Exfoliate and soften feet

HAND RENEWAL *

Hydrate with a hand mask

EYE LIFT TREATMENT

Dermalogica eye contour treatment

YOUTHFUL LIP TREATMENT

Dermalogica treatment to smooth,
hydrate, and renew

YAM & PUMPKIN PEEL

Eminence treatment to reduce the appearance of
pigmentation and fine lines

BLUEBERRY DETOX PEEL

Eminence treatment to clean pores and tone skin

WARM STONES

Relax facial muscles

** Excludes Express and Teen Facial*



Massage Therapy

CUSTOM MASSAGE

60/75/90 min

This personalized experience provides the relaxation and renewal you need as our expert massage therapists use a variety of pressures, stretches, and other modalities tailored to your personal needs. Our most popular and requested massage therapy is best for those searching for a combination of pressures and techniques that makes this treatment uniquely yours.

SWEDISH MASSAGE

60/75/90 min

The main focus of this massage is relaxation. The Swedish Massage involves long fluid strokes of the muscle and tissue with pressure that varies from light to medium.

COUPLE'S SWEDISH MASSAGE

75 min

Our 75-minute Swedish Massage done side-by-side in our private couples' suite.

DEEP TISSUE MASSAGE

60/75/90 min

An area-specific deep tissue massage designed to focus on areas of persistent discomfort resulting from stress and overuse. We recommend this massage after a strenuous game of golf, or an intense workout.

WARM RIVER ROCK MASSAGE

60/75 min

Penetrating heat from smooth, oiled, and warmed basalt stones is used with light to medium pressure to relieve tense muscles and sore joints. This ancient style of therapy creates calming and healing responses for the body and soul.

COUPLE'S WARM RIVER ROCK MASSAGE

75 min

Our Warm River Rock Massage done side-by-side in our private couples' suite.



Massage Therapy

HIMALAYAN SALT STONE MASSAGE 75 min

A unique therapeutic massage that offers salt healing benefits, including a deep sense of relaxation, improved sleep, and exfoliated skin. Reduces anxiety, stress, inflammation, and even illness.

MOTHER-TO-BE MASSAGE 60 min

Must be outside first trimester.

We designed this massage with special support and care specifically for the mom-to-be. This massage relieves discomfort and reduces fluid retention.

REFLEXOLOGY 30 min

Using an ancient Chinese art of relaxation, this treatment involves the application of pressure to specific reflex points located in the feet that correspond to glands, organs, and systems of the body. The result is improved circulation and restored body balance.

TEEN SWEDISH MASSAGE (AGES 16-18)

45 min

For teens only with parental consent.

This Swedish Massage therapy is specifically designed for teenagers to ease sore or tense muscles and unwind from stress.

EXPRESS MASSAGE 30 min

Available Monday through Thursday only.

This treatment targets specific areas of tension to release the stress in your neck, shoulders, and back.

CANNABLISS MASSAGE 60/75/90 min

Enjoy a healing massage meant to reduce body pain, tension, and inflammation while simultaneously soothing the mind. This treatment utilizes CBD-infused oil that is massaged into your skin along with CBD pain cream on localized areas that need relief. After your massage, relax with a hot cup of our Green Passion Hemp-infused tea. Continue the experience at home with a CBD oil roller ball as a take-home gift. Available with Swedish, Combo, and Deep Tissue Massages.



Massage Enhancers
Enhance Your Experience

Customize your treatment to your needs with our spa enhancements.

AROMATHERAPY

Lavender, citrus, or eucalyptus mint

DRY BRUSHING *

15 minutes additional (*includes take-home brush*)

HOT STONES

Add warmth with six

placement stones (*not full body*)

TREAT YOUR FEET **

Exfoliate and soften feet

HAND RENEWAL **

Hydrate with a hand mask

BIOFREEZE APPLICATION

Hot/cold therapy for tight muscles

CBD OIL - FULL BODY

Deep relaxation and pain relief

CBD BALM

Localized pain relief

DEEP TISSUE

Releases chronic muscle tension

SIGNATURE MASSAGE

Hot towels, aromatherapy, and hot packs

BACK SCRUB **

Gently exfoliates dry skin

COMBO MASSAGE

Combination of Deep & Swedish

** Excludes 90 Minute Services*

*** Excludes Express and Teen Massages*



Amenities

When you book any of our spa services you will also gain access to our hotel amenities which include:

INDOOR POOL & HOT TUB

OUTDOOR POOL

DRY SAUNAS

FITNESS CENTER

TENNIS & PICKLEBALL COURTS



Body Treatments

(Includes Vichy shower)

SWEET ORANGE & CITRUS PICK-ME-UP

60 min

This uplifting, skin polishing scrub of raw sugars combined with fresh squeezed citrus blends will leave you feeling invigorated and refreshed. With a high amount of antioxidants, citrus is well known for energizing and strengthening the body, and aiding in detoxification. This treatment includes a Vichy shower rinse followed by a warm citrus lotion application.

CBD HIMALAYAN SALT BODY GLOW

60 min

Elevate your mind and body to pure bliss with this multi-dimensional body scrub that combines the powerful, regenerative properties of water-soluble CBD and Himalayan salt to give you glowing, exfoliated skin and relieve sore muscles. You will feel relaxed with a warm Vichy shower followed by an application of CBD infused body butter.

SEA GLOW BODY POLISH

60 min

Natural mineral salts are mixed with essential oils and gently massaged over the body using a light, circular motion to deeply cleanse, exfoliate, and invigorate the skin. The warm rain of our Vichy shower gently dissolves the salt and a rich body butter is massaged into the skin.

OLIVE OIL BODY GLOW

60 min

Warm olive oil infused with essential oils is applied from head to toe. Body brushes and olive oil are used over the body using a light, circular motion to deeply cleanse and exfoliate the skin to restore energy. Enjoy a warm Vichy shower that will leave you with soothed and relaxed muscles, youthful hydration, and velvety skin.

MILK & HONEY BODY WRAP

60 min

The exotic sugar cane and milk exfoliates the skin while the honey soothes and hydrates. Enjoy the warm Vichy shower during this treatment.



Organic Body Treatments

(Includes Vichy shower)

MANGO ENZYME BODY WRAP

60 min

Youthfulness is restored to the skin with this exfoliating enzyme body wrap by Eminence. Your skin will be exfoliated by dry brushing then cocooned in an organic tropical mango and pineapple blend. High in Vitamin A and antioxidants, this wrap lightens pigmentation while leaving your skin feeling toned, tightened, and silky smooth. Enjoy a warm Vichy shower during this treatment.

CHOCOLATE TRUFFLE BODY WRAP

60 min

Experience the luxurious indulgence of being totally enrobed in chocolate. Your skin will be exfoliated by dry brushing, then enveloped in an organic chocolate treatment as you experience the heavenly scent of total chocolate bliss. This rich treatment will leave your body moisturized and full of antioxidants. Enjoy a warm Vichy shower during this treatment.

STONE CROP BODY WRAP

60 min

We begin with a polishing scrub that is infused with healing stone crop, turmeric, and antioxidant-rich lemon peel to brighten, smooth, and revitalize your skin. Then, you will be enveloped with a gel body treatment that increases circulation and contains powerful detoxifying active ingredients, encouraging all-over skin rejuvenation. To finish, you will enjoy a warm Vichy shower followed by a full body application of stone crop body oil and lotion.

COCONUT SUGAR SCRUB

60 min

Buff your skin to perfection with potent virgin coconut oil and raw sugar cane for deep hydration and nutrition. Known for its ancient healing properties, coconut contains high levels of antioxidants and hydrators to restore your skin, leaving it soft and supple. After a warm Vichy shower, your skin is treated to a coconut firming body lotion that promotes softer and more youthful looking skin.



Body Treatments

(Does not include Vichy shower)

RADIANT WRAP

60 min

Our body wrap blends essential oils and other active ingredients to nourish, soothe, and invigorate overexposed skin and tired muscles while relieving mental fatigue. Your skin will be exfoliated by dry brushing, which stimulates the lymphatic systems and prepares the skin for optimum absorption of oils. Relax in peace as the luxurious oils uplift and energize your mind, body, and spirit.

CBD HERBAL BODY WRAP

60 min

Our ultimate CBD oil treatment. Start with dry brushing exfoliation and enjoy deep relaxation and pain relief. Continue with a full body application of CBD oil and green tea essential oil, followed by a warm cocoon-style wrap while you enjoy an invigorating head massage and herbal eye mask. This treatment finishes with an application of HEMPZ Herbal Body Moisturizer to prolong the Nirvana-like experience.

SEAWEED BODY WRAP

60 min

This body treatment starts with a full body dry brushing to stimulate your lymphatic system and exfoliate the skin. An application of detoxifying seaweed gel is applied to assist your body's natural metabolic balance while restoring skin's tone and vitality. As you are cocooned in a thermal blanket, you will be treated to a relaxing scalp massage. This treatment finishes with a hydrating herbal body butter application.

REBALANCING REMEDY

60 min

Relax with this balancing treatment that calms the mind, rejuvenates the body, and energizes the soul. Your journey begins with a gentle dry brushing body exfoliation and then you are enveloped in an ultra-hydrating luxurious body mask to nourish the skin. The rich, soft, warming balm melts on contact, leaving your skin perfectly hydrated and restored. While wrapped in soft linens, you will enjoy a lavender-infused herbal eye mask to help ease your mind. To finish your treatment, you will be treated to an express massage that focuses on the back, shoulders, and neck.



Body Treatment Enhancers
Enhance Your Experience

Customize your treatment to your needs with our spa enhancements.

HIMALAYAN SEA SALT *

Detoxifying and therapeutic

COOLING FOOT MASK

Exfoliate and soften feet

HAND RENEWAL MASK

Hydrate with a hand mask

CBD OIL

Deep relaxation and pain relief

HOT STONES

Add warmth with six

placement stones (*not full body*)

MEGA MOISTURE FACIAL SHEET MASK

Revitalize and moisturize

* *Select body treatments*



Day Packages

Enjoy a Blissful Bite and a Glass of Bubbly with all Day Packages.

CUSTOM RETREAT

Treat yourself to our top two treatments

60-minute Custom Massage, Eminence Organic Custom Facial, Glass of Bubbly & Dessert

ORGANIC BLISS

Treat yourself to our top two organic treatments

Eminence Organic Custom Facial, Eminence Mango Enzyme or Chocolate Truffle Wrap, Glass of Bubbly & Dessert

CLASSIC COLLECTION

Indulge in a spa day with our three classic treatments

60-minute Swedish Massage, 60-minute Citrus or Sea Glow Body Polish, 60-minute Custom Facial, Glass of Bubbly & Dessert

GIRLS' DAY OUT

Enjoy a spa day with your best friend and relax with identical spa treatments

60-minute Swedish Massage, Radiant Wrap, Glass of Bubbly & Dessert

ULTIMATE EXPERIENCE

Our most exclusive spa package

75-minute Custom Massage, Eminence Mango Enzyme Body Wrap, Custom Facial with Warm Stone Facial Massage, Glass of Bubbly & Dessert

MINI SPA DAY

Enjoy "me" time with a mini spa day.

60-minute Swedish Massage, 60-minute Custom Facial, Glass of Bubbly & Dessert



Overnight Packages

COUPLE'S SPA GETAWAY

A romantic overnight for two.

Lunch and dinner at Alexandra's American Fusion, room service breakfast, and *your choice of two* of the following spa services: a 60-minute Swedish Massage, Body Treatment*, or Custom Facial.

COUPLE'S GOLF & SPA GETAWAY

Take a mini-vacation that you both can enjoy.

Dinner for two at Alexandra's American Fusion, and one spa service for each of you. After your spa day, enjoy a round of golf (including cart rental), unlimited use of the driving range, and a gift certificate to the Golf Shop.

BABYMOON PACKAGE

Relax and take time for you, before you become two.

A spa treatment for each of you*, dinner for two in Alexandra's American Fusion, and a sweet and salty treat delivered to your room.

Note: Massages are not performed in the first trimester of pregnancy.

* Select Body Treatments

** Available for Single Occupancy

SPA ROMANCE PACKAGE

Breakfast in bed and more.

A 60-minute Swedish Massage for each of you in the Couple's Suite at the Spa, and breakfast served to you in the privacy of your hotel suite.

GIRLFRIENDS' GETAWAY **

Get away with the girls for the evening.

Lunch and dinner for two in Alexandra's American Fusion, room service breakfast for two, and two 60-minute Spa services for each of you.

Choose two of the following: Swedish Massage, Body Treatment*, or Custom Facial.

ULTIMATE GIRLFRIENDS' GETAWAY **

Experience ultimate relaxation at Turf Valley Resort with your girlfriends.

Two night stay in a golf view room, bottle of house wine, an assorted cheese tray, room service breakfast for two, lunch for two Alexandra's American Fusion, dinner for two in Alexandra's American Fusion, two cocktails in our Fairway Lounge, and two 60-minute Spa services for each of you.

Choose two of the following: Swedish Massage, Body Treatment*, or a Custom Facial.



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@TurfValleySpa

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