

ENHANCEMENTS

Our unique blends of herbs, clays, mud and sea nutrients provide an effective formula for well-being, using the power of natural ingredients to condition and balance the skin.

PEPPERMINT HAND & ARM TENSION RELIEF

This energizing enhancement combines a detailed hand and arm massage with a therapeutic multi-purpose cream.

Extracts of Peppermint and Horse Chestnut improve circulation, while steaming hot towels steeped in aromatic essential oils relieve hand and wrist tension to help address carpal tunnel syndrome and computer fatigue. **\$30**

MIGHTY MINT FOOT THERAPY

A revitalizing foot and lower leg treatment designed to invigorate the entire body. Calves and feet are massaged with energizing Peppermint and stimulating Horse Chestnut to enhance circulation. Feet are then cocooned in aromatic steamed towels to awaken the senses from head to toe. **\$30**

ESPRESSO MUD FOOT SCRUB

This deeply detoxifying, rich mud scrub blends traditional remedies to cleanse and replenish the skin. Enjoy the sweet, earthy notes of Indian Tobacco and Sarsaparilla with Volcanic Pumice and Coffee Arabica to exfoliate the skin and help draw out impurities. **\$45**

EYE CONTOUR TREATMENT

This intensive treatment is designed to reduce puffiness, under-eye discoloration and the appearance of fine lines and wrinkles. **\$30**



NATUROPATHICA®

H O L I S T I C H E A L T H

Hawkeye Spa uses Naturopathica products. Naturopathica empowers personal transformation with its skin and body products, remedies and rituals that inspire individuals on their path to well-being.



November 2025

Hawkeye Spa

Menu of SERVICES



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MASSAGE TREATMENTS

Designed to improve muscle & joint health, natural immunity, stress relief and women's wellness, Wise Concoctions utilizes the best of nature's pharmacy with therapeutic botanical ingredients including Alpine Arnica, Sweet Birch and Mint.

SWEDISH MASSAGE

This full-body massage is designed for pure relaxation and is the most familiar technique. Long, smooth strokes and moderate pressure ease-tired muscles while improving circulation using your choice of unscented or lavender bath and body oil.

50 minutes \$155 | 80 minutes \$210

OTESAGA SIGNATURE MASSAGE

Herbal Massages are deeply therapeutic treatments that combine your massage therapists' best techniques with traditional healing practices using clinical-grade essential oils and plant extracts to balance and heal the body.

50 minutes \$160 | 80 minutes \$215

ALPINE ARNICA DEEP TISSUE MASSAGE

Created especially for athletes and for faster recovery, this intensive treatment is designed to relax muscles and stiff joints by enhancing deep tissue massage with Trigger Point Therapy, Myofascial Release and Russian Massage techniques, utilizing the best ingredients from nature's pharmacy for muscle care.

50 minutes \$175 | 80 minutes \$240

PRE-NATAL REST AND RENEWAL MASSAGE

This deeply restorative treatment is designed for moms-to-be to help improve sleep, reduce stress and soothe muscle fatigue. Beginning with a Swedish massage, then followed by the application of Gotu Kola Healing Balm to help prevent the appearance of stretch marks.

50 minutes \$175

DUAL SIGNATURE MASSAGE

Share any of our wonderful massage experiences side by side with a loved one or a friend in Our Dual Massage Suite that accommodates two people.

**50 minutes \$340 | 80 minutes \$447
+\$40 Deep Tissue**

Upgrade any treatment to experience the relaxing benefits of CBD essential oil. **\$30** add-on

Soothe away stress and tension with the addition of **Himalayan Salt Stones or Hot Stones** to your massage. (No added treatment time) **\$30**

*All prices exclude taxes and gratuities.

FACIAL TREATMENTS

We use proven ingredients such as seed oils, probiotics and botanical extracts to nourish the skin barrier and enrich our formulas with clean cosmeceuticals: plant stem cells, AHAs, retinols and peptides that provide real benefits to the skin.

SIGNATURE PURE RESULTS FACIAL

Each facial is uniquely customized and includes an in-depth skin analysis, powerful enzymatic exfoliation, nutritive botanical facial massage, and targeted treatments with clean cosmeceuticals to recharge your skin. The session concludes with a holistic prescription of skin care, herbal remedies, and wellbeing rituals to sustain your visible results in between treatments.

50 minutes \$165

RESURFACING FACIAL

Reduce rough, dry, pigmented or scarred texture on the skin with a microdermabrasion facial. This minimally invasive treatment improves overall skin tone and texture for healthier looking skin, along with products that may contain moisturizing, brightening or reconstruction benefits to the skin.

50 minutes \$185

ADVANCED WRINKLE REMEDY FACIAL

Our Advanced Wrinkle Remedy Facial, designed exclusively for mature skin. Harnessing the potent benefits of argan oil, peptides and retinol, this luxurious treatment revitalizes your complexion, reducing wrinkles, firming sagging skin, and promoting a radiant, healthy glow. Expertly tailored to your unique needs, and embrace a new chapter of ageless beauty.

50 minutes \$185

MARSHMALLOW SOOTHING FACIAL

Experience a soothing spa facial that provides instant relief for sensitive and sensitized skin. Our specialized treatment is designed to calm inflammation, reduce redness, and restore the skin's natural barrier function. Featuring the healing properties of Marshmallow Root Extract. Combined with reparative Mediterranean Microalgae, nourishing Probiotics, and moisture locking Ceramides, this facial treatment gently soothes irritation and replenishes the skin's moisture balance, leaving it feeling restored and revitalized.

50 minutes \$165

GLIMMER GLASS SKIN FACIAL

Nature's cure for thirsty, moisture-deprived skin – Manuka Honey. This facial treatment restores hydration and glow with an expert botanical blend of hydrating Manuka Honey, sensorial Pear and Fig Fruit Enzymes, and restorative Plant Cell Extracts. A nourishing Manuka facial massage is followed by a restorative firming mask to truly drench your skin in healing honey.

50 minutes \$190



CLARIFYING FACIAL

The first step to clearer skin is here. Our multi-tiered approach begins with a targeted exfoliation and extraction process that effectively decongests the skin. With the power of maximum strength Salicylic Acid, blemishes are treated while innovative botanicals work to tighten pores and control excess oil production. The treatment culminates with a mattifying mask and moisturizer, leaving your complexion clear, nourished, and radiantly vibrant.

50 minutes \$190

BACK FACIAL

Powerful and multi-tiered approach to back acne that delivers clean, clear and comfort to your skin. This treatment includes exfoliation, extractions, and high frequency, that decongests the skin and treats back blemishes. Specialized techniques such as cool stones and gentle brushing are used to help promote detoxification and stimulate lymphatic flow. (Only performed in combination with a facial).

30 minutes \$95

BODY TREATMENT

Revive dull-looking skin with a scrub and polish. Unique blends condition and smooth the skin, while rich botanicals and essential oils help restore balance.

LEMON VERBENA BODY POLISHING SCRUB

This deeply nourishing body polish leaves skin radiant and spirits lifted. Bright citrus notes of Lemon Verbena and gentle buffing grains are blended with hydrating Aloe Vera and Shea Butter to ease the discomfort of dryness.

80 minutes \$210