

ENHANCEMENTS

Our unique blends of herbs, clays, mud and sea nutrients provide an effective formula for well-being, using the power of natural ingredients to condition and balance the skin.

PEPPERMINT HAND & ARM TENSION RELIEF

This energizing enhancement combines a detailed hand and arm massage with a therapeutic multi-purpose cream. Extracts of Peppermint and Horse Chestnut improve circulation, while steaming hot towels steeped in aromatic essential oils relieve hand and wrist tension to help address carpal tunnel syndrome and computer fatigue.

15 minutes \$30

MIGHTY MINT FOOT THERAPY

A revitalizing foot and lower leg treatment designed to invigorate the entire body. Calves and feet are massaged with energizing Peppermint and stimulating Horse Chestnut to enhance circulation. Feet are then cocooned in aromatic steamed towels to awaken the senses from head to toe.

15 minutes \$30

ESPRESSO MUD FOOT SCRUB

This deeply detoxifying, rich mud scrub blends traditional remedies to cleanse and replenish the skin. Enjoy the sweet, earthy notes of Indian Tobacco and Sarsaparilla with Volcanic Pumice and Coffee Arabica to exfoliate the skin and help draw out impurities.

15 minutes \$45

EYE CONTOUR TREATMENT

This intensive treatment is designed to reduce puffiness, under-eye discoloration and the appearance of fine lines and wrinkles.

15 minutes \$30

LUMINOUS LIP ENHANCEMENT

A luxurious and revitalizing experience that can be added to any service. This specialized protocol incorporates the benefits of Sweet Cherry, Oat, Aloe, and Honey to provide optimal hydration, nourishment and a naturally plump pout.

\$30

BACK FACIAL

Powerful and multi-tiered approach to back acne that delivers clean, clear and comfort to your skin. This treatment includes exfoliation, extractions, and high frequency, that decongests the skin and treats back blemishes. Specialized techniques such as cool stones and gentle brushing are used to help promote detoxification and stimulate lymphatic flow. (Only performed in combination with a facial).

30 minutes \$95



NATUROPATHICA®

H O L I S T I C H E A L T H

Hawkeye Spa uses Naturopathica products. Naturopathica empowers personal transformation with its skin and body products, remedies and rituals that inspire individuals on their path to well-being.



Hawkeye Spa

Menu of SERVICES



(607) 544-2565 | OTESAGA.COM

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BODY TREATMENTS

Revive dull-looking skin with scrubs and polishes. Unique blends of Sea Salt, Volcanic Pumice, ground Bamboo, and Jojoba Beads condition and smooth the skin, while rich botanicals and essential oils help restore balance.

ROSEMARY CITRON SEA SALT SCRUB

Mineral-Rich Sea salt blended with spicy Rosemary and Citrus essential oils to stimulate circulation and slough away dull, flaky skin. This invigorating scrub will soften the skin, leaving the surface smooth and renewed.

50 minutes \$160 | 80 minutes \$205

LEMON VERBENA BODY POLISHING SCRUB

This deeply nourishing body polish leaves skin radiant and spirits lifted. Bright citrus notes of Lemon Verbena and gentle buffing grains are blended with hydrating Aloe Vera and Shea Butter to ease the discomfort of dryness.

50 minutes \$165 | 80 minutes \$210

SEAWEED BODY WRAP

Hydrate and restore skin tone and vitality with this nutrient-rich body treatment blended with potent herbal extracts including Cypress, Katrafay and Lemon Oils. As the body wrap envelops you and the potent botanicals work their magic, an invigorating scalp massage with Lime Peel and Pink Grapefruit oils delights the senses and relieves tension. Leave feeling refreshed and renewed with revitalized skin.

50 minutes \$180 | 80 minutes \$225

MANUKA HONEY MOISTURE DRENCH WRAP

This sweet treatment is the ultimate for softening and hydrating the body. The treatment begins with a dual-action, multi-acid Manuka Honey exfoliation to smooth and reveal a natural glow. Lightweight botanical oils are massaged into the skin to nourish and condition. The treatment concludes with an application of antioxidant- and humectant-rich Manuka Honey Creamy Body Lotion for lasting moisture and hydration.

50 minutes \$185 | 80 minutes \$235



FACIAL TREATMENTS

We use proven ingredients such as seed oils, probiotics and botanical extracts to nourish the skin barrier and enrich our formulas with clean cosmeceuticals: plant stem cells, AHAs, retinols and peptides that provide real benefits to the skin.

DERMAPLANING TREATMENT

Dermaplaning removes dead skin cells and fine 'peach fuzz' hairs. The result is fresh, smoother-feeling skin when you are looking to create flawless makeup application.

30 minutes \$90

Package of 3 - \$243 | Package of 6 - \$459

RESURFACING FACIAL

Reduce rough, dry, pigmented or scarred texture on the skin with a microdermabrasion facial. This minimally invasive treatment improves overall skin tone and texture for healthier looking skin, along with products that may contain moisturizing, brightening or reconstruction benefits to the skin.

50 minutes \$185

Package of 3 - \$486 | Package of 6 - \$918

ADVANCED WRINKLE REMEDY FACIAL

Our Advanced Wrinkle Remedy Facial, designed exclusively for mature skin. Harnessing the potent benefits of argan oil, peptides and retinol, this luxurious treatment revitalizes your complexion, reducing wrinkles, firming sagging skin, and promoting a radiant, healthy glow. Expertly tailored to your unique needs, and embrace a new chapter of ageless beauty.

50 minutes \$185

Package of 3 - \$486 | Package of 6 - \$918

MARSHMALLOW SOOTHING FACIAL

Experience a soothing spa facial that provides instant relief for sensitive and sensitized skin. Our specialized treatment is designed to calm inflammation, reduce redness, and restore the skin's natural barrier function. Featuring the healing properties of Marshmallow Root Extract. Combined with reparative Mediterranean Microalgae, nourishing Probiotics, and moisture locking Ceramides, this facial treatment gently soothes irritation and replenishes the skin's moisture balance, leaving it feeling restored and revitalized.

50 minutes \$165

Package of 3 - \$432 | Package of 6 - \$816

GLIMMER GLASS SKIN FACIAL

Nature's cure for thirsty, moisture-deprived skin – Manuka Honey. This facial treatment restores hydration and glow with an expert botanical blend of hydrating Manuka Honey, sensorial Pear and Fig Fruit Enzymes, and restorative Plant Cell Extracts. A nourishing Manuka facial massage is followed by a restorative firming mask to truly drench your skin in healing honey.

50 minutes \$190

Package of 3 - \$432 | Package of 6 - \$816

NOURISHING LIGHT TREATMENT

This innovative service uses LED light therapy to help improve the appearance of facial wrinkles. Soothing LED light therapy is followed by facial massage using cooling globes to create a sensory experience for your whole face. It's complemented by hand and arm massage, plus the application of professional skin care products: a mask, an antioxidant serum, moisturizer, and more.

45 minutes \$90

Package of 3 - \$243 | Package of 6 - \$459

SIGNATURE PURE RESULTS FACIAL

Each facial is uniquely customized and includes an in-depth skin analysis, powerful enzymatic exfoliation, nutritive botanical facial massage, and targeted treatments with clean cosmeceuticals to recharge your skin. The session concludes with a holistic prescription of skin care, herbal remedies, and wellbeing rituals to sustain your visible results in between treatments.

50 minutes \$165

Package of 3 - \$432 | Package of 6 - \$816

CLARIFYING FACIAL

The first step to clearer skin is here. Our multi-tiered approach begins with a targeted exfoliation and extraction process that effectively decongests the skin. With the power of maximum strength Salicylic Acid, blemishes are treated while innovative botanicals work to tighten pores and control excess oil production. The treatment culminates with a mattifying mask and moisturizer, leaving your complexion clear, nourished, and radiantly vibrant.

50 minutes \$190

Package of 3 - \$486 | Package of 6 - \$918

DUAL SIGNATURE FACIALS

Share any of our wonderful facial experiences side by side with a loved one or a friend in Our Dual Facial Suite that accommodates two people.

50 minutes \$340



MASSAGE TREATMENTS

Designed to improve muscle & joint health, natural immunity, stress relief and women's wellness, Wise Concoctions utilizes the best of nature's pharmacy with therapeutic botanical ingredients including Alpine Arnica, Sweet Birch and Mint.

SWEDISH MASSAGE

This full-body massage is designed for pure relaxation and is the most familiar technique. Long, smooth strokes and moderate pressure ease-tired muscles while improving circulation using your choice of unscented or lavender bath and body oil.

50 minutes \$155 | 80 minutes \$210

OTESAGA SIGNATURE HERBAL OIL MASSAGE

Herbal Massages are deeply therapeutic treatments that combine your massage therapists' best techniques with traditional healing practices using clinical-grade essential oils and plant extracts to balance and heal the body.

50 minutes \$160 | 80 minutes \$215

ALPINE ARNICA DEEP TISSUE MASSAGE

Created especially for athletes and for faster recovery, this intensive treatment is designed to relax muscles and stiff joints by enhancing deep tissue massage with Trigger Point Therapy, Myofascial Release and Russian Massage techniques, utilizing the best ingredients from nature's pharmacy for muscle care.

50 minutes \$175 | 80 minutes \$240

BLUES EUCALYPTUS MASSAGE

This holistic treatment combats adrenal fatigue caused by our modern 24/7 lifestyles. The session begins with a steaming Blue Eucalyptus inhalation to enhance immunity and is followed by a vigorous deep tissue massage with Ginger Root oil to rebalance the adrenal system. An abdominal massage technique is completing this service to help improved digestion and stomach upsets, improved immune function, aid in weight loss, increased relaxation, strengthening and toning of abdominal muscles, physical and emotional tension release of muscle spasms, increased blood flow to the abdomen, improved posture and injury prevention. This is an excellent choice for post-partum massage.

50 minutes \$155 | 80 minutes \$210

PRE-NATAL REST AND RENEWAL MASSAGE

This deeply restorative treatment is designed for moms-to-be to help improve sleep, reduce stress and soothe muscle fatigue. Beginning with a Swedish massage, then followed by the application of Gotu Kola Healing Balm to help prevent the appearance of stretch marks.

50 minutes \$175

DUAL SIGNATURE MASSAGE

Share any of our wonderful massage experiences side by side with a loved one or a friend in Our Dual Massage Suite that accommodates two people.

50 minutes \$340 | 80 minutes \$447

+ \$20 Swedish

+ \$40 Deep Tissue

Upgrade any treatment to experience the relaxing benefits of CBD essential oil. \$30 add-on

Soothe away stress and tension with the addition of Himalayan Salt Stones or Hot Stones to your massage. (No added treatment time) \$30



*All prices exclude taxes and gratuities.