THE SPA
AT TERRANEA

Signature Journeys

CRIMSON REVIVAL: A HOLISTIC SAUNA RETREAT

Move between warmth and cool in an immersive contrast-therapy journey. Natura Bissé skincare and mineral-rich thermal mud prepare the body for a Swiss shower, aloe gel mask, and private in-suite sauna, followed by warm bamboo massage, detoxifying oils, cooling gel, and a heated towel compress.

Mon-Thurs: $606 | Fri-Sun: $642, 120 min

SILENT MOMENT

Slip into a warm bath infused with signature Tranquility oil and allow the pace of the day to fall away. A comforting cocoon wrap follows, paired with a massage for the face, neck, and scalp before a gentle full-body massage with nourishing cream.

Mon-Thurs: $380 | Fri-sun: $395, 90 min

SOUND SLEEP

Touch, scent, and sound work together to guide the body toward rest. Essential oils and harmonious rhythms quiet the senses while gentle Ayurvedic techniques encourage a deeper state of calm. The pace remains slow and intentional throughout, allowing the body to gradually reset.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

HARMONIC AURA AWAKENING

Himalayan singing bowls surround the body with resonant sound and vibration, then transition into marma point massage for the face and body. Arnica and ashwagandha complement the experience, bringing together ancient technique, botanical care, and a meditative sense of balance.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

OCEAN'S PRELUDE

With the sound of the ocean below the signature suite, this immersive treatment draws directly from the sea. Dry brushing awakens the skin before a mineral-rich seaweed wrap and saltwater bath invite a slower pace. Long, rhythmic massage strokes with laminaria seaweed oil complete the experience.

Mon-Thurs: $606 | Fri-Sun: $642, 120 min

Body Rituals

HONEY BODY BLISS

Brown sugar, raw honey, and organic coconut oil give this treatment its richly nourishing character. Gentle exfoliation smooths the skin before honey and coconut oil are worked into the body through massage.

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OCEAN'S RENEWAL WITH A BALNEO SOAK AND SCALP MASSAGE

Immerse in a warm Balneo soak before transitioning into Ocean's Renewal. Long massage strokes with mineral-rich laminaria seaweed oil are followed by a revitalizing leg and foot treatment and a nourishing scalp massage.

Mon-Thurs: $456 | Fri-Sun: $474, 90 min

TRANQUILITY

Settle into the warmth of a cocoon wrap as massage across the face, neck, and scalp begins to release tension. Nourishing cream is then worked slowly across the body through gentle, flowing movements.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

SEA MINERAL BALANCE SCRUB

A mineral-rich blend of Dead Sea and Himalayan salts gently buffs the skin while replenishing essential minerals. A full-body massage follows with slow, restorative touch.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

VOLCANIC CLAY WRAP

A revitalizing salt scrub smooths the skin before mineral-rich volcanic ash is applied to the body. Gentle warmth enhances the experience while the clay rests, then a refreshing Vichy shower rinses it away.

Mon-Thurs: $255 | Fri-Sun: $270, 60 min

Massages & Bodywork

RELAXING CLASSICAL MASSAGE

Fluid Swedish techniques ease muscular tension while encouraging the body into deeper relaxation. Each massage is tailored to the individual, with pressure and focus adjusted to what the body needs most that day.

Mon-Thurs: $282 | Fri-Sun: $300, 60 min
Mon-Thurs: $423 | Fri-Sun: $450, 90 min

STONE THERAPY

Warm basalt stones and therapeutic massage work together to soften muscular tension and encourage deeper release. Heat penetrates with movements across the body, creating a grounded sense of ease.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min
Mon-Thurs: $459 | Fri-Sun: $486, 90 min

TERRANEA THERAPEUTICS MASSAGE

Rather than following a prescribed sequence, this massage begins with what your body needs. Your therapist draws from a range of modalities, including deep tissue techniques, to address chronic tension, muscular discomfort, fluid retention, and other areas requiring focused attention.

Mon-Thurs: $294 | Fri-Sun: $312, 60 min
Mon-Thurs: $441 | Fri-Sun: $468, 90 min

REFLEXOLOGY

Focused pressure is applied to specific points of the feet traditionally associated with systems throughout the body. Precise yet soothing, the treatment encourages relaxation and a renewed sense of balance.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min
Mon-Thurs: $306 | Fri-Sun: $324, 60 min

OCEAN'S RENEWAL

Long, fluid strokes with mineral-rich laminaria seaweed oil give this massage its distinctive rhythm. A revitalizing leg treatment and specialty foot cream follow, extending the care from the body to the feet.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

REVITALIZING MARINE MASSAGE

Dry brushing and lymphatic-focused techniques encourage circulation before Italian algae mud is worked into the skin through massage, combining marine minerals with focused bodywork.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

MOMMY-TO-BE MASSAGE

A gentle, nurturing massage tailored to the changing needs of pregnancy. Thoughtful positioning, soothing touch, and careful stretching ease tension and support comfort. Available beginning in the fourteenth week of pregnancy.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min
Mon-Thurs: $459 | Fri-Sun: $486, 90 min

TIDAL MOON

Gentle rocking recalls the movement of an incoming tide while a sugar scrub of plantain leaf, grapefruit, and aloe vera refreshes the skin. Specialized prenatal massage techniques then ease tension, support circulation, and create space for deep comfort and rest.

Mon-Thurs: $380 | Fri-Sun: $395, 90 min

Skincare

HYDRAFACIAL DELUXE

Deep cleansing and extraction clear the way for intensive hydration, specialty boosters, and light therapy to refine the complexion and replenish moisture.

Mon-Thurs: $366 | Fri-Sun: $384, 60 min

HYDRAFACIAL PLATINUM

A comprehensive Hydrafacial combining lymphatic treatment with cleansing, extraction, hydration, specialty boosters, and LightStim Elipsa Therapy. The layered approach targets tone, texture, and firmness for a more complete complexion reset.

Mon-Thurs: $378 | Fri-Sun: $396, 60 min

SKIN SPECIFICS FACIAL

Your Terranea esthetician assesses your complexion before selecting products and techniques tailored to your skin. Deep cleansing, exfoliation, extractions as needed, a customized mask, and face and neck massage complete the treatment.

Mon-Thurs: $282 | Fri-Sun: $300, 60 min

BOTANICAL BRIGHTENING FACIAL

An herbal enzyme peel gently lifts away dull surface skin before a botanical brightener and Vitamin C complex address visible sun damage and uneven tone. A soothing hand massage completes the treatment.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

NATURE'S TRANSFORMATION

Ultrasonic exfoliation prepares the complexion for plant stem cell serum and deeply hydrating hyaluronic cream. Fine lines, uneven tone, and visible signs of aging receive focused care while moisture and suppleness are restored.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

GENTLEMEN'S FACIAL

A personalized treatment for men's skin combining cleansing, exfoliation, targeted care, and hydration. We address shaving sensitivity and ingrown hairs as needed.

Mon-Thurs: $294 | Fri-Sun: $312, 60 min

ESPRESSO LIMÓN TONING

Invigorating dry brushing stimulates the skin and lymphatic flow before European-inspired Espresso Limón slimming oil is worked across the body. Rhythmic movement and botanical oils leave the skin smooth, hydrated, and refreshed.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

ARNICA BLISS BACK TREATMENT

Consider this a facial for an area that rarely receives the same attention. Cleansing and exfoliation prepare the back for arnica-infused massage cream and a volcanic clay mask.

Mon-Thurs: $306 | Fri-Sun: $324, 60 min

Natura Bissé Barcelona

NATURA BISSÉ CITRUS GLOW FACIAL

Vitamin-rich Natura Bissé skincare nourishes the complexion while supporting firmness and luminosity and addressing visible environmental stress and signs of premature aging.

Mon-Thurs: $318 | Fri-Sun: $336, 60 min

NATURA BISSÉ DIAMOND LUMINOUS FACIAL

Natura Bissé's vitamin-rich formulas nourish the complexion, support firmness, and help soften the visible effects of environmental stress. Skin emerges refreshed with renewed luminosity and a smooth, refined finish.

Mon-Thurs: $336 | Fri-Sun: $348, 60 min

NATURA BISSÉ DIAMOND EXTREME FACE-LIFT FACIAL

An intensive lifting and hydrating treatment focused on expression lines, firmness, and smoothness. Targeted Natura Bissé skincare replenishes the complexion while delivering concentrated care for visible signs of aging.

Mon-Thurs: $336 | Fri-Sun: $360, 60 min
Mon-Thurs: $513 | Fri-Sun: $540, 90 min

Elevate Your Experience

Select from the following options to enhance your treatment. Included with the treatment duration.

UNWIND *$40*

Warm oils and botanicals nourish the scalp as gentle massage encourages release.

RELAX *$50*

Focused attention helps ease muscular tension and inflammation.

SOOTHE *$40*

Smooth warm stones bring concentrated heat to areas holding tension.

RENEW *$40*

Gentle dry brushing exfoliates the skin while encouraging circulation and lymphatic flow.

DETOX *$40*

Mineral-rich seaweed oil nourishes the skin and brings a marine element to the treatment.

RESTORE *$40*

Warm bamboo and focused pressure ease muscular tension and encourage circulation.

UPLIFT *$40*

Choose an essential oil blend to complement the mood and intention of your treatment.

REVITALIZE *$40*

A volcanic lava stone scrub gently exfoliates and softens tired feet.

Salon Offerings

NATIVE ESSENCE MANICURE & PEDICURE

Honey and prickly pear sit at the heart of this nourishing treatment. A sugar scrub smooths the skin before raw honey and coconut oil hydrate hands or feet.

Manicures: $126, 45 minutes
Pedicures: $150, 60 minutes

PACIFIC BLUE MANICURE & PEDICURE

Lavender and blue chamomile set a calm, aromatic tone while a mineral-rich salt scrub refreshes the skin. A hydrating aloe mask and nourishing finish follow before polish is applied.

Manicures: $126, 45 minutes
Pedicures: $150, 60 minutes

POLISH CHANGE

Refresh your color with careful nail grooming and fresh polish.

$66, 20 minutes

HAIR SERVICES

A selection of hair services is available through The Spa. Please contact our team for current offerings.

MEMBERSHIP

Make The Spa at Terranea an ongoing part of your wellbeing. Annual membership includes access to the Spa Pool and Fitness & Wellness Center, spa and salon services, and preferred benefits throughout Terranea Resort.

DAY PASS

Give the day over to wellbeing with access to The Spa's amenities, Fitness Center, and Spa Pool. Swim, move, restore, and linger at your own pace.

Service charge included.