

Refresh . Indulge . Rejuvenate

## MASSAGES

### EXPRESS MASSAGE

\$105 | 25MIN A massage focusing on Back, Neck and Shoulders for an instant relief.

### LAKEWAY LAVENDER MASSAGE

\$175 | 50MIN \$255 | 80MIN A gentle to medium massage to increase circulation, releases built-up toxins, allows your body to relax into deeper state of wellness

### Z'AROMATHERAPY MASSAGE

\$180 | 50MIN \$260 | 80MIN Select from hand-crafted, organic essential oils that will add a level of healing therapy and aromatic pleasure to your massage

#### SCENT OPTIONS

EUCALYPTUS | eases joint pain LAVENDER | anxiety relief PEPPERMINT | relieves fatigue SAGE | eases stiff muscles SWEET ORANGE | calms the nerves

#### REFLEXOLOGY

\$180 | 50MIN Heal the soul from the sole. Skilled hands utilize specific pressure points found on the feet to alleviate stress and tension in the body.

#### **MOTHER MASSAGE**

\$185 | 50MIN After first trimester to postpartum. Providing gentle and thorough massage during this very special time.

### **TEXAS RIVER ROCK**

\$190 | 50MIN \$270 | 80MIN Warm and smooth Basalt stones use their density and heat to gently penetrate deep into muscle. Melt away stress and tension while inducing calmness and reconnection.

#### THERAPEUTIC MASSAGE

\$190 | 50MIN\$270 | 80MINRelease tension and stress deep within your musclewhile providing deep relaxation and renewal.

### BODY TREATMENT

### LADYBIRD WILDFLOWER WRAP

\$165 | 50MIN \$240 | 80MIN Dry brushing stimulates lymphatic system followed by a shea butter wrap like a cocoon containing Calendula, Rose, Chamomile and Lavender which work in synergy, moisturize and soothe dry skin for a total hydration

#### SCRUB

\$165 | 50MIN
\$240 | 80MIN
Exfoliation and Hydration at its finest!
Skin rejuvenating treatment with double exfoliation removing dead skin cells, smoothing and softening rough dry skin followed by a body butter to nourish and hydrate skin deeply leaving the skin soft & silky

#### SCRUB SCENT OPTIONS

LAVENDER SAGE | earthy and floral Best choice for relaxing body and mind while it stimulates healing the skin, easing tension, stiff and pain in muscles and joints

HONEY LAVENDER | sweet and fragrant Fine sea salt with a subtle scent of raw honey and fresh garden lavender restoring skin complexion

SWEET CREAM | buttery and sweet Silky rice bran oil combined with the finest of salt grains for soft and glowing skin

## A LA CARTE

Add on (25min)	
Reflexology	\$75
Scrubs	\$75
Scalp and Neck Massage	\$75
Hot Stone Focus	\$95
Enhancement	
Dry Body Brushing	\$25
Paraffin Hand	\$30
Paraffin Feet	\$30
Paraffin Hand & Feet	\$55

## FACIALS

Featuring services with **Skinceuticals** & **Phytomer** product line

### EXPRESS FACIAL

\$105 | 25MIN Cleanse, Exfoliate and Hydrate! An instant refresh!

### C THE CHANGE FACIAL

\$165 | 50MIN

A vitamin C boost facial that helps brighten and retexturize the skin, reducing the appearance of fine lines, wrinkles and hyperpigmentation

## **BACK FACIAL**

\$195 | 50MIN

A treatment geared to clarify and repair harder-to-reach areas of the back and shoulder providing tailored deep cleansing-exfoliation and extractions as needed

### CYFOLIA ORGANIC FACIAL

\$195 | 50MIN

An energizing facial combining marine and organic ingredients that ensures skin regeneration, elasticity and suppleness

### **PRO-GLOW FACIAL**

\$195 | 50MIN An anti-aging facial with a bio-cellulose restorative mask and micro peeling that visibly reduces expression lines, wrinkles and blemishes providing an instant smooth skin and youthful look

### XMF LUMINOUS GLOW

#### \$220 | 60MIN

A restorative facial that delivers instant result with all the benefits of marine biotechnology. Uses resurfacing multi-exfoliant, marine sugars, and finishes with XMF mask instantly smooths wrinkles and redensifies the skin matrix revealing a plumped, firmer and radiant skin



#### GLYCOLIC PEEL / AHA \$165 | 25MIN

#### SALICYLIC PEEL / BHA \$165 | 25MIN

# A LA CARTE

Add on (25min)	
Guasha	\$35
Décolleté	\$35
Extraction & Acne Treatment	\$55
Enhancement	
Eye and Lip Collagen Mask	\$20
Bio Cellulose Mask	\$25
Spot Treatment	\$30
Paraffin Hand	\$30
Paraffin Feet	\$30
Paraffin Hand & Feet	\$55

PACKAGES

## TEEN PACKAGE

\$265 | 80MIN
For ages 13-17
A 50min Back, Neck and Shoulder Massage and a 25min facial customized by our expert esthetician for your specific skin type and needs.
Includes skin coaching and a take home travel size toner

## COUPLES MASSAGE

\$380 | 50MIN\$540 | 80MINEnjoy relaxation and pampering side-by-side with custommassage using gentle to firm pressure.

# LOVERS AT THE LAKE

\$560 | 80MIN A 50 min custom massage for two and a 30min exclusive use of couple's room and steam room with a serving of chocolate covered strawberry and 2 small bottles of Prosecco

# LAKEWAY JOURNEY

\$605 | 4HRS All-in-one relaxation with 50min of each service; Ladybird Wildflower Wrap Body Scrub Lakeway Lavender Massage Youniversal Facial

> 20% AUTO GRATUITY WILL BE ADDED FOR ALL SERVICES UPON CHECK OUT THESPA@LAKEWAYRESORTANDSPA.COM 512.261.7350