



Refresh . Indulge . Rejuvenate

## MASSAGES

### EXPRESS MASSAGE

25MIN \$95 | \$105

A massage focusing on Back, Neck and Shoulders for an instant relief.

### LAKEWAY LAVENDER MASSAGE

50MIN \$165 | \$175      80MIN \$245 | \$255

A gentle to medium massage to increase circulation, releases built-up toxins, allows your body to relax into deeper state of wellness

### Z'AROMATHERAPY MASSAGE

50MIN \$170 | \$180      80MIN \$250 | \$260

Select from hand-crafted, organic essential oils that will add a level of healing therapy and aromatic pleasure to your massage

#### SCENT OPTIONS

- EUCALYPTUS | eases joint pain
- LAVENDER | anxiety relief
- PEPPERMINT | relieves fatigue
- SAGE | eases stiff muscles
- SWEET ORANGE | calms the nerves

### REFLEXOLOGY

50MIN \$170 | \$180

Heal the soul from the sole. Skilled hands utilize specific pressure points found on the feet to alleviate stress and tension in the body.

### MOTHER MASSAGE

50MIN \$175 | \$185

After first trimester to postpartum. Providing gentle and thorough massage during this very special time.

### TEXAS RIVER ROCK

50MIN \$180 | \$190      80MIN \$260 | \$270

Warm and smooth Basalt stones use their density and heat to gently penetrate deep into muscle. Melt away stress and tension while inducing calmness and reconnection.

### THERAPEUTIC MASSAGE

50MIN \$180 | \$190      80MIN \$260 | \$270

Release tension and stress deep within your muscle while providing deep relaxation and renewal.

## BODY TREATMENT

### LADYBIRD WILDFLOWER WRAP

50MIN \$155 | \$165      80MIN \$230 | \$240

Dry brushing stimulates lymphatic system followed by a shea butter wrap like a cocoon containing Calendula, Rose, Chamomile and Lavender which work in synergy, moisturize and soothe dry skin for a total hydration

### SCRUB

50MIN \$155 | \$165      80MIN \$230 | \$240

Exfoliation and Hydration at its finest!

Skin rejuvenating treatment with double exfoliation removing dead skin cells, smoothing and softening rough dry skin followed by a body butter to nourish and hydrate skin deeply leaving the skin soft & silky

#### SCRUB SCENT OPTIONS

- LAVENDER SAGE | earthy and floral  
Best choice for relaxing body and mind while it stimulates healing the skin, easing tension, stiff and pain in muscles and joints
- HONEY LAVENDER | sweet and fragrant  
Fine sea salt with a subtle scent of raw honey and fresh garden lavender restoring skin complexion
- SWEET CREAM | buttery and sweet  
Silky rice bran oil combined with the finest of salt grains for soft and glowing skin

## A LA CARTE

Add on (25min)

Reflexology	\$75
Scrubs	\$75
Scalp and Neck Massage	\$75
Hot Stone Focus	\$95

Enhancement

Dry Body Brushing	\$25
Paraffin Hand	\$30
Paraffin Feet	\$30
Paraffin Hand & Feet	\$55

20% AUTO GRATUITY WILL BE ADDED FOR ALL SERVICES UPON CHECK OUT

Pricing is determined by the day of the week.

Refresh Days are Monday through Thursday and Indulge Days are Friday through Sunday



## FACIALS

Featuring services with  
**Skinceuticals** & **Phytomer** product line

### EXPRESS FACIAL

25MIN \$95 | \$105

Cleanse, Exfoliate and Hydrate! An instant refresh!

### C THE CHANGE FACIAL

50MIN \$160 | \$170

A vitamin C boost facial that helps brighten and retexturize the skin, reducing the appearance of fine lines, wrinkles and hyperpigmentation

### BACK FACIAL

50MIN \$185 | \$195

A treatment geared to clarify and repair harder-to-reach areas of the back and shoulder providing tailored deep cleansing-exfoliation and extractions as needed

### CYFOLIA ORGANIC FACIAL

50MIN \$185 | \$195

An energizing facial combining marine and organic ingredients that ensures skin regeneration, elasticity and suppleness

### PRO-GLOW FACIAL

50MIN \$185 | \$195

An anti-aging facial with a bio-cellulose restorative mask and micro peeling that visibly reduces expression lines, wrinkles and blemishes providing an instant smooth skin and youthful look

### XMF LUMINOUS GLOW

60MIN \$210 | \$220

A restorative facial that delivers instant result with all the benefits of marine biotechnology. Uses resurfacing multi-exfoliant, marine sugars, and finishes with XMF mask instantly smooths wrinkles and redensifies the skin matrix revealing a plumped, firmer and radiant skin

## PEELS

### GLYCOLIC PEEL / AHA

25MIN \$160 | \$170

### SALICYLIC PEEL / BHA

25MIN \$160 | \$170

## A LA CARTE

Add on (25min)

Guasha	\$35
Décolleté	\$35
Extraction & Acne Treatment	\$55

Enhancement

Eye and Lip Collagen Mask	\$20
Bio Cellulose Mask	\$25
Spot Treatment	\$30
Paraffin Hand	\$30
Paraffin Feet	\$30
Paraffin Hand & Feet	\$55



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## PACKAGES

### TEEN PACKAGE

80MIN \$255 | \$265

*For ages 13-17*

A 50min Back, Neck and Shoulder Massage and a 25min facial customized by our expert esthetician for your specific skin type and needs. Includes skin coaching and a take home travel size toner

### COUPLES MASSAGE

50MIN \$380 | \$390

80MIN \$540 | \$560

Enjoy relaxation and pampering side-by-side with custom massage using gentle to firm pressure.

### LOVERS AT THE LAKE

80MIN \$560 | \$570

A 50 min custom massage for two and a 30min exclusive use of couple's room and steam room with a serving of chocolate covered strawberry and 2 small bottles of Prosecco

### LAKEWAY JOURNEY

4HRS \$605

All-in-one relaxation with 50min of each service;

Ladybird Wildflower Wrap

Body Scrub

Lakeway Lavender Massage

Youuniversal Facial

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