

SALT

M I C R O S P A

At The Bristol Harbor Inn

259 Thames Street

Bristol RI

401-545-0690



Massage

60 & 90 minute treatments

SALT SIGNATURE 130 | 185

Swedish-style massage that uses oils to provide long, soothing strokes to the body, inducing deep relaxation while easing muscle tension

BLENDED PRESSURE 145 | 200

A blend of long relaxing Swedish strokes and firm pressure with intention. Designed for the guest who feels that Swedish is too light and deep tissue is too much. Experience the harmony of dual pressure.

DEEP TISSUE 155 | 210

Firm techniques with a smooth flow, this helps release defined muscular tension, relieving body pain, and improving your overall well-being

MAMA TO BE 140 | 180

Minimize the impact of stress on your body by easing aching muscles, alleviating pressure, and melting away tension. A special treat for both you and your baby.

HOT OCEAN STONE 155 | 195

Detoxify your body with this relaxing combination of hands and stones. This massage helps relieve the body of muscle and joint pain, while improving lymphatic circulation.

COUPLES OASIS 290 | 400

Experience the Couples Oasis: Enjoy a full-body massage (deep tissue or Swedish), foot reflexology, advanced hand, face, and scalp massage, enhanced with aromatherapy for the ultimate relaxation. Discover why this is our most sought-after service

•Can upgrade to Hot Stone, Deep Tissue, Prenatal, & Aromatherapy



Body Treatments

SALT SIGNATURE BODY TREATMENT 165

A revitalizing 60 minute full-body treatment with dry brushing, followed by deep hydration and magnesium infusion to restore balance and nourish the skin.

MARINE COLLAGEN BODY WRAP 165

Become one with the sea in this 60 minute deep sea mud treatment. Starting with dry brushing to stimulate the lymphatic system, while Dead Sea mud firms, tones, and improves circulation. Finished with a hydrating oil & cream.



Facial Treatments

SALT SIGNATURE 130 | 185

We save you all the work of guessing by effectively analyzing the skin and giving it exactly what it needs. It's just that simple.

C-QUENCH 140 | 195

Burst of Hydration and Vitamin C which helps reduce signs of aging while reducing hyperpigmentation, acne scarring, & promoting ongoing collagen production leaving you feeling radiant & illuminated.

AGELESS FACIAL 190

A 90 minute anti-aging treatment that features a deep exfoliation that will stimulate collagen production and increased cell turnover reducing the signs of aging. This facial is customized to restore the skin's vitality and radiance.

MOISTURE DRENCH FACIAL 135 | 190

A perfect choice for dull, dry or dehydrated skin. Give your skin a burst of new life with this ultra hydrating facial packed with peptides, ceramides and hyaluronic acid.

MAMA TO BE EXPRESS FACIAL 70

An express facial designed for moms to be. Pregnancy safe products to remove dull dead skin cells, brighten and hydrate! Add to massage or come in for regular maintenance.

GENTLEMANS FACIAL 130 | 185

Our Gentleman's Facial is designed specifically to address the unique skincare needs of men. Enjoy a deep cleanse, exfoliation, and hydrating mask tailored to promote a clear, smooth and nourished complexion.

EXPRESS FACIAL 80

A quick refresh for your skin. Includes cleansing, gentle exfoliation, and hydration to leave your skin smooth, refreshed, and glowing.

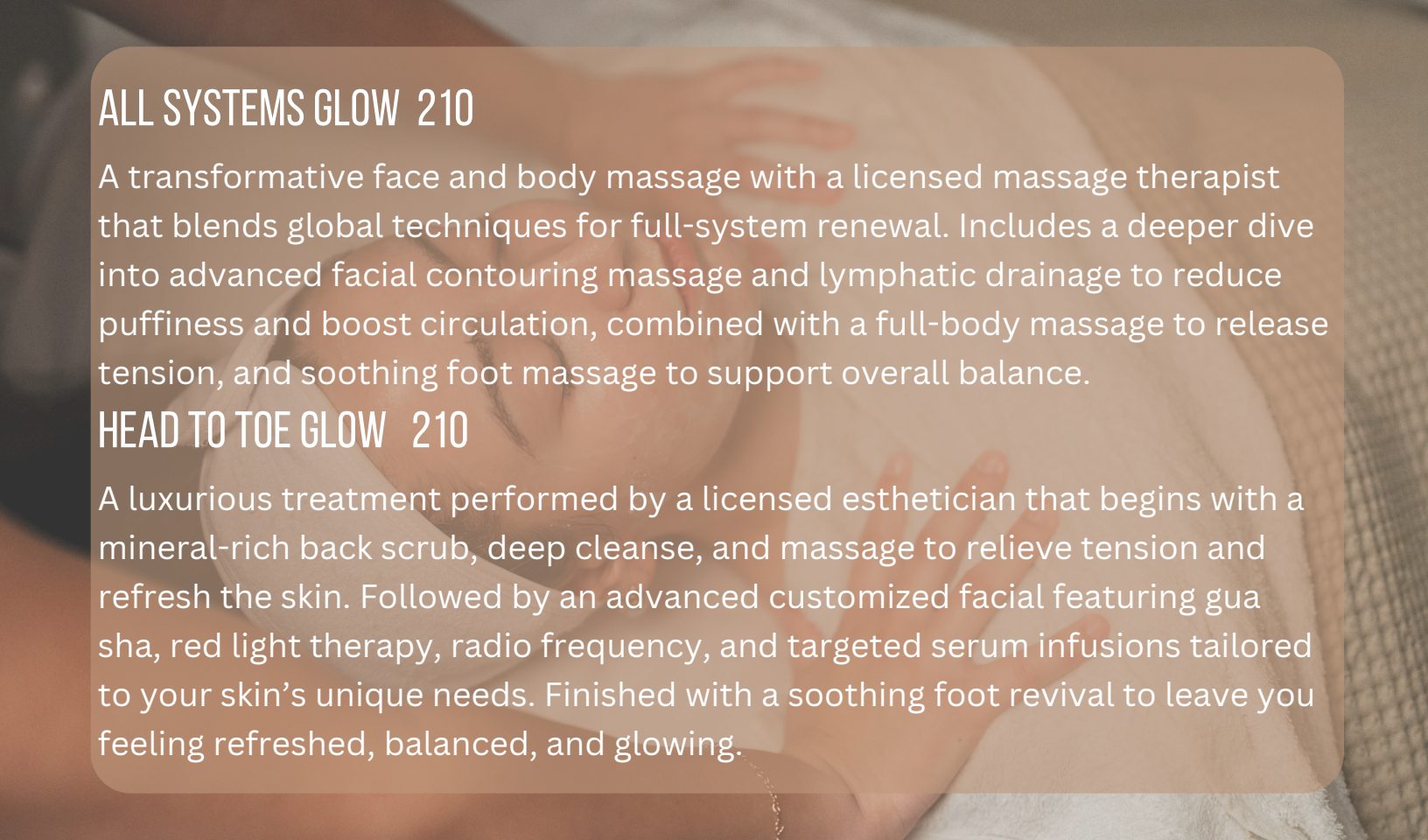
BACK FACIAL 130 | 185

Experience a lux back facial, tailored to reveal smoother, healthier skin. This is customized to individual needs, featuring a deep cleanse, exfoliation, extractions (upon request), custom treatment masks, and Swedish massage. This specialized treatment targets the often neglected areas of your back delivering a range of benefits.

A close-up photograph of a woman lying down with her head tilted back, eyes closed, and mouth slightly open. A hand is gently massaging her neck and the back of her head. The background is a plain, light-colored wall.

Best *of* Both

60 & 90 minute treatments



ALL SYSTEMS GLOW 210

A transformative face and body massage with a licensed massage therapist that blends global techniques for full-system renewal. Includes a deeper dive into advanced facial contouring massage and lymphatic drainage to reduce puffiness and boost circulation, combined with a full-body massage to release tension, and soothing foot massage to support overall balance.

HEAD TO TOE GLOW 210

A luxurious treatment performed by a licensed esthetician that begins with a mineral-rich back scrub, deep cleanse, and massage to relieve tension and refresh the skin. Followed by an advanced customized facial featuring gua sha, red light therapy, radio frequency, and targeted serum infusions tailored to your skin's unique needs. Finished with a soothing foot revival to leave you feeling refreshed, balanced, and glowing.



Add-ons & Enhancements



HAND TREATMENT

40

FOOT TREATMENT

75

AROMATHERAPY SCALP

30

WARM SEA STONE

25

LASH LIFT/TINT

100

BROW TINT

30

A 3% processing fee applies to credit card transactions. This fee does not apply to other accepted forms of payment.