

Hour / Hora	Monday / Lunes	Tuesday / Martes	Wednesday / Miércoles	Thursday / Jueves	Friday / Viernes	Saturday / Sábado	Sunday / Domingo
7:00	YOGA STRETCHING GYM TERRACE	YOGA STRETCHING GYM TERRACE	YOGA STRETCHING GYM TERRACE	YOGA STRETCHING GYM TERRACE	YOGA STRETCHING GYM TERRACE	STRETCHING & MOBILITY GYM TERRACE	YOGA STRETCHING GYM TERRACE
9:00	TABATA BLITZ GYM TERRACE	GLUTES POOL WORKOUT POOL 2	BODY JUMP TRAMPOLINE PALAPA	AQUADYNAMIC ABS & CORE POOL 2	TABATA BLITZ GYM TERRACE	GLUTES SCULPT & STRENGTH GYM TERRACE	BODY JUMP TRAMPOLINE PALAPA
10:00	AQUA CYCLING POOL 2	AQUATIC FITNESS EXPERIENCE POOL 2	WATER FUNCTIONAL BIKE POOL 2	AQUATIC FITNESS EXPERIENCE POOL 2	AQUA CYCLING POOL 2		AQUATIC FITNESS EXPERIENCE POOL 2
10:00	VELAS QUESTION BY THE POOL	VELAS QUESTION BY THE POOL	VELAS QUESTION BY THE POOL	VELAS QUESTION BY THE POOL	VELAS QUESTION BY THE POOL	VELAS QUESTION BY THE POOL	VELAS QUESTION BY THE POOL
11:00	BEACH VOLLEYBALL BEACH	WATER VOLLEYBALL POOL 2	BEACH VOLLEYBALL BEACH	WATER VOLLEYBALL POOL 2	BEACH VOLLEYBALL BEACH	WATER VOLLEYBALL POOL 2	BEACH VOLLEYBALL BEACH
12:00	AQUA AEROBICS POOL 3	AQUA-ZUMBA POOL 3 SPA ATELIER NATURAL SCRUB SE SPA	AQUA-GYM POOL 3	AQUA AEROBICS POOL 3 SPA ATELIER SMUDGE STICKS SE SPA	AQUA-ZUMBA POOL 3	AQUA-GYM POOL 3	AQUA AEROBICS POOL 3
14:00	ARTWORK SHOP +15 MIRAMAR	MOJITOS CLASS +18 ACTIVITIES CENTER	COOKING CLASS LUCCA RESTAURANT	PAINT & WINE MIRAMAR	COOKING CLASS FRIDA RESTAURANT	DANCE CLASS ACTIVITIES CENTER	PING PONG TOURNAMENT ACTIVITIES CENTER
15:00		MIXOLOGY 15:30 KOI BAR	FAMILY BREAKING THE PIÑATA PALAPA			FAMILY ART LAB PALAPA	DODGEBALL AZUL GARDEN 13:00 h
16:00	FAMILY ISLAND ESCAPE BEACH	SOUND HEALING MEDITATION GYM TERRACE 16:00		FAMILY TREASURE PALAPA			MIXOLOGY 15:30 h KOI BAR

Actividades sujetas a cambios sin previo aviso, según la temporada. Por favor verifique con su concierge al momento de hospedarse.

SPRING

Activities subject to change according to the season without prior notice. Please verify with concierge at the time of your stay