

Hour <i>Hora</i>	Monday <i>Lunes</i>	Tuesday <i>Martes</i>	Wednesday <i>Miércoles</i>	Thursday <i>Jueves</i>	Friday <i>Viernes</i>	Saturday <i>Sábado</i>	Sunday <i>Domingo</i>
7:00 a.m.	Yoga Stretching +12 Gym Terrace	Yoga Stretching +12 Gym Terrace	Yoga Stretching +12 Gym Terrace	Yoga Stretching +12 Gym Terrace	Stretching & Mobility +12 Gym Terrace		
9:00 a.m.	Tabata Blitz +16 Gym Terrace	Glutes Pool Workout +16 Pool 2	Body Jump Trampoline +16 Palapa	Aquadynamic Abs & Core +16 Pool 2	Tabata Blitz +16 Gym Terrace		
10:00 a.m.	Aqua Cycling +16 Pool 2 Volleyball Pool 2	Aquatic Fitness Experience +16 Pool 2 Soccer Azul Garden	Water Functional Bike +16 Pool 2 Volleyball Pool 2	Aquatic Fitness Experience +16 Pool 2			
11:00 a.m.	Velas Question Around the Pool	Velas Question Around the Pool	Velas Question Around the Pool				
12:00 p.m.	Aquaerobics Main pool	Natural Scrub +18 SPA Atelier Aqua-zumba Main pool	Aqua-gym Main pool	Smudge Sticks +18 SPA Atelier Aquaerobics Main pool			
14:00 p.m.	Art Workshop +15 Activities Center	Mojito Class +18 Activities Center	Cooking Class +18 Restaurant	Bocce Ball Central Garden			
15:00 p.m.				City Tour			
16:00 p.m.		Sound healing Meditation Gym Terrace	Mixology +18 Autor Bar	*A reservation is required Lobby			
17:00 p.m.	Tequila Tasting +18 Frida	Wine Tasting +18 Frida		Mezcal Tasting +18 Frida			
18:00 p.m.			Family Karaoke Sky Bar 19:00 to 21:00 h				
20:00 p.m.							
21:00 p.m.			Karaoke +18 Sky Bar				

Actividades sujetas a cambios sin previo aviso, según la temporada. Por favor verifique con su concierge al momento de hospedarse.

Activities subject to change according to the season without prior notice. Please verify with concierge at the time of your stay