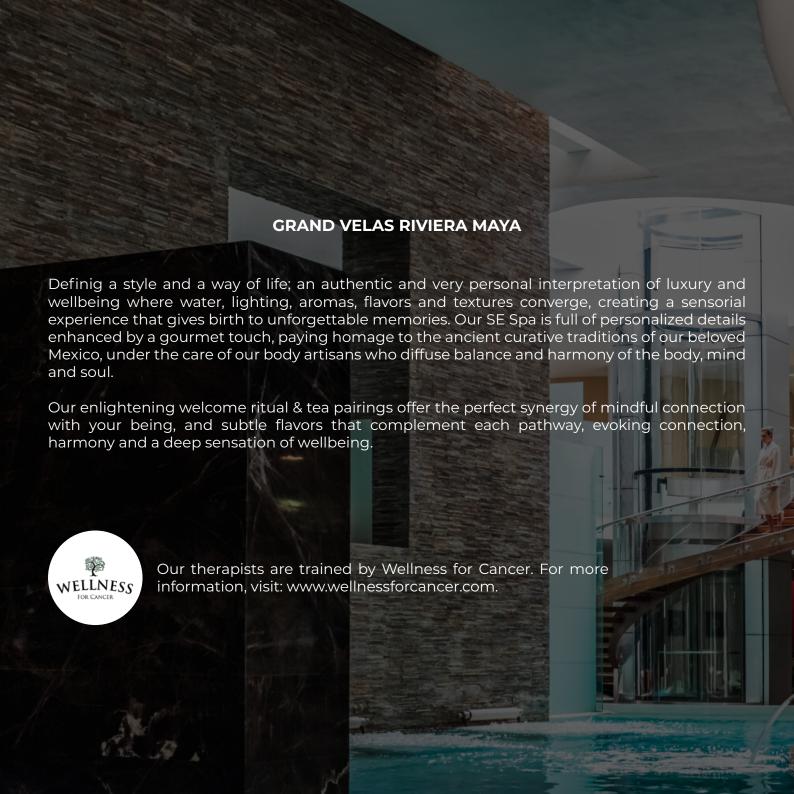


**SPA MENU FOR SUITES** 





#### **MASSAGES**

## Rest and well-being

#### **ALOE WRAP (Light to medium pressure)**

50 min | \$159 USD

Provides deep hydration to the skin. Soothes and relieves sunburn, helps prolong your tan and prevents peeling.

### **MAYAN POULTICES (Medium to firm pressure)**

50 / 80 min | \$159 / \$220 USD

Helps improve circulation, reduce joint inflammation, and detoxify the skin.

## **NEURO-AROMATHERAPY (Light to medium pressure)**

50 / 80 min | \$159 / \$220 USD

Deep relaxation of the nervous system, reduces stress and anxiety, and improves mood.

### **EFFLEURAGE (LIGHT PRESSURE)**

50 / 80 min | \$159 / \$220 USD

Long, rhythmic strokes that help improve surface circulation, relax the muscles, and increase oxygenation of the skin.

## SE SPA WELLNESS (Pressure tailored to your needs)

50 / 80 min | \$159 / \$220 USD

Relieves muscular tension.

## **DEEP TISSUE (Deep pressure)**

50 / 80 min | \$159 / \$220 USD

Releases chronic muscle tension, relieves pain, improves flexibility, reduces inflammation, and breaks down tissue adhesions.





### **MASSAGES**

## Rest and well-being

#### **HOT STONES (Medium to firm pressure)**

50 / 80 min | \$159 / \$220 USD

Activates circulation through heat and relaxes the nervous system. Ideal for deep relaxation.

### **DRAINING MASSAGE (Light pressure)**

50 min | \$159 USD

Immerse yourself in the benefits of rhythmic pressotherapy boots—a technique designed to stimulate the lymphatic system, reduce water retention, and support the body's natural detox process.

# HINDU FOOT & SCALP MASSAGE (Light to medium pressure) 50 / 80 min | \$159 / \$220 USD

Balances the Doshas (vital energies), detoxifies the body, and improves the flow of Prana (vital energy).

### TIME FOR MOM (Pressure tailored to your needs)

50 / 80 min | \$159 / \$220 USD

Find relief from back pain, reduce swelling, and improve circulation with our revitalizing treatment. This experience promotes deep relaxation, reduces stress and anxiety, and supports more restful, restorative sleep. Choose a relaxing massage, a revitalizing facial, or combine both in an 80-minute journey designed to renew body and mind.

80 min | \$220 USD

### **CBD MASSAGE (Light to firm pressure)**

Helps reduce inflammation and pain, promotes muscle relaxation, relieves stress and anxiety, improves sleep quality, and supports endocannabinoid system balance.



## **FACIALS**

#### A reflection to the inside

## **VITAMIN C (Brightening)**

50 min | \$159 USD

Delivers radiance and acts as a powerful antioxidant.

#### **COMFORT SKIN (Restorative)**

50 min | \$159 USD

Combines repairing ingredients that reduce congestion and redness thanks to its phytotherapeutic extracts.

#### **HYDRALURONIC** (Anti-aging)

50 min | \$159 USD

Filler effect for expression lines thanks to the release of hyaluronic acid (HA) into the deeper layers of the skin.

#### **MULTI GLOW (Vegan)**

50 min | \$159 USD

Hydration boost packed with vitamins and antioxidants for nourished and protected skin.

### **VOLCANIC** (For men, toning)

50 min | \$159 USD

Purifies the skin by removing impurities and excess oil for a clean, fresh feel. Includes a revitalizing plastic mask.

## **DIAMOND LIFE INFUSION (Revitalizing & anti-aging)**

80 min | \$220 USD

Intensive treatment that restores skin vitality at the cellular level.





# **SPA ETIQUETTE**

#### TO PRESERVE THE HARMONY AT SE SPA:

- Please keep your cell phone turned off or in silent mode during your visit.
- · Food and beverages are not allowed inside the spa.
- · For your safety, we reserve the right to deny service to guests under the influence of alcohol or substances.
- We recommend leaving your jewelry and valuables in the safe located in your suite. SE Spa is not responsible for any items left behind or lost in the treatment areas.

#### **IMPORTANT:**

Before your treatment, you will be asked to fill out a health questionnaire. Kindly inform us if you have any medical condition such as pregnancy, allergies, high blood pressure, asthma, or any other relevant matter.

#### **SPA EXPERIENCE:**

Our body artisans are certified by official national institutions and trained in a wide range of facial, body, and massage techniques. They receive continuous training under the highest quality standards, both in-house and directly from the exclusive brands we work with.

#### **CANCELLATION POLICY:**

Changes or cancellations must be made at least 6 hours prior to your appointment. Otherwise, a 50% charge of the total service value will apply.

If your experience was prepaid and you do not show up, no refund will be given. To reschedule due to illness, a medical certificate will be required.



GRAND VELAS · CASA VELAS · VELAS VALLARTA · MAR DEL CABO

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