

Del 12 al 18 de Enero 2026 / From January 12th to 18th, 2026.

# Programa de actividades

## Activities program

| Hour /<br>Hora | Monday /<br>Lunes                                       | Tuesday /<br>Martes                          | Wednesday /<br>Miércoles                                | Thursday /<br>Jueves   | Friday /<br>Viernes                                      | Saturday /<br>Sábado  | Sunday /<br>Domingo                          |
|----------------|---|--|---|--|--|---|--|
| 7:00           |   | VELAS YOGA<br>STRETCHING<br>GYM TERRACE      |   | STRETCHING AND<br>MOBILITY<br>GYM TERRACE  | VELAS YOGA<br>STRETCHING<br>GYM TERRACE                  | VELAS YOGA<br>STRETCHING<br>GYM TERRACE                     | VELAS YOGA<br>STRETCHING<br>GYM TERRACE      |
| 8:00           |   |  |   | GLUTE SCULPT &<br>STRENGTH<br>GYM TERRACE  |  |   | BODY JUMP<br>TRAMPOLINE<br>PALAPA            |
| 9:00           |   | GLUTES POOL<br>WORKOUT<br>POOL 2             |   |  |  | AQUADYNAMIC ABS<br>& CORE<br>POOL 2                         |  |
| 10:00          | AQUA CYCLING<br>POOL 2                                  | AQUATIC FITNESS<br>EXPERIENCE<br>POOL 2      | AQUA CYCLING<br>POOL 2                                  |  | AQUA CYCLING<br>POOL 2                                   | AQUATIC FITNESS<br>EXPERIENCE<br>POOL 2                     | AQUATIC FITNESS<br>EXPERIENCE<br>POOL 2      |
| 10:00          | VELAS QUESTION<br>BY THE POOL                           | VELAS QUESTION<br>BY THE POOL                | VELAS QUESTION<br>BY THE POOL                           | VELAS QUESTION<br>BY THE POOL  | VELAS QUESTION<br>BY THE POOL                            | VELAS QUESTION<br>BY THE POOL                               | VELAS QUESTION<br>BY THE POOL                |
| 11:00          | WATER<br>FUNCTIONAL BIKE/<br>WATER VOLLEYBALL<br>POOL 2 | WATER POLO<br>POOL 2                         | WATER<br>FUNCTIONAL BIKE/<br>WATER VOLLEYBALL<br>POOL 2 | WATER POLO<br>POOL 2   | WATER<br>FUNCTIONAL BIKE/<br>WATER VOLLEYBALL<br>POOL 2  | WATER POLO<br>POOL 2  | WATER<br>VOLLEYBALL<br>POOL 2                |
| 12:00          | AQUA AEROBICS<br>POOL 2                                 | SPA ATELIER<br>NATURAL SCRUB<br>SE SPA       | AQUA-ZUMBA<br>POOL 2                                    | SPA ATELIER<br>SMUDGE STICKS<br>SE SPA   | AQUA-GYM<br>POOL 2                                       | AQUA-ZUMBA<br>POOL 2  | AQUA AEROBICS<br>POOL 2                      |
| 14:00          | ARTWORK SHOP +15<br>MIRAMAR                             | MOJITOS CLASS +18<br>ACTIVITIES CENTER       | COOKING CLASS<br>SEN LIN RESTAURANT                     | PAINT & WINE<br>MIRAMAR  | COOKING CLASS<br>FRIDA RESTAURANT                        | ARTWORK SHOP +15<br>MIRAMAR                                 | POKER GAME<br>ACTIVITIES CENTER              |
| 15:00          |   | PING PONG<br>TOURNAMENT<br>ACTIVITIES CENTER | BINGO GAME<br>ACTIVITIES CENTER                         |  | PING PONG<br>TOURNAMENT<br>ACTIVITIES CENTER             |   | PING PONG<br>TOURNAMENT<br>ACTIVITIES CENTER |
| 16:00          |   | BINGO GAME<br>ACTIVITIES CENTER              | MIXOLOGY<br>AUTOR BAR                                   |  | BINGO GAME<br>ACTIVITIES CENTER                          |   | MIXOLOGY<br>AUTOR BAR                        |
| 17:00          | TEQUILA TASTING<br>FRIDA RESTAURANT                     | WINE TASTING<br>TEQUILA & MEZCAL<br>BAR      |   | MEZCAL TASTING<br>TEQUILA & MEZCAL<br>BAR  | TEQUILA TASTING<br>TEQUILA & MEZCAL<br>BAR               | MEZCAL TASTING<br>TEQUILA & MEZCAL<br>BAR                   |  |
| 18:00          |   |  |   |  | MERCADO MEX<br>PALAPA                                    |   | THE WINE TABLE<br>KOI BAR                    |
| 21:00          |   |  | VELVET GUITAR +18<br>KOI BAR                            | POP ROCK TRÍO +18<br>KOI BAR<br><br>STARRY TUNES<br>KARAOKE NIGHT +18<br>SKY BAR | BLUE BAND +18<br>KOI BAR<br><br>SAX NIGHT +18<br>SKY BAR | VELVET GUITAR +18<br>KOI BAR<br><br>DJ NIGHT +18<br>SKY BAR | MEDIUM BAND +18<br>KOI BAR                   |

Actividades sujetas a cambios sin previo aviso, según la temporada. Por favor verifique con su concierge al momento de hospedarse.  
 Activities subject to change according to the season without prior notice. Please verify with concierge at the time of your stay.