
Spa
ABJA
SPA MENU

SPA ETIQUETTE

To reserve any of our treatments and services, please call extension 6000 or email us at **spareservationscv@velasresorts.com**. If you need to cancel or reschedule your appointment, contact us at least 12 hours in advance.

All guests are required to complete a health questionnaire before their treatment. Please, we ask you to inform us about any medical condition, pregnancy, and/or allergies. We recommend arriving 10 minutes before your treatment so you can complete the questionnaire and enjoy the whole experience.

Any delay in your appointment means that your treatment time will be reduced or not be carried out as scheduled.

Upon entering the Spa, we provide you with a locker and a robe. We suggest you place your jewelry and valuables in the locker or the safe in your suite before your treatment.



Spa | ABJA

ABJA Spa invites you to discover an experience that will heighten your senses and evoke introspective changes in your views of protection, nobility, perfection, humility, strength, and beauty; these ingredients are essential in forming a personality. Our experts will guide you through each hydrotherapy station, preparing your body and mind for your selected treatment. Continue with your therapy, and embrace your desired harmony and beauty.

soft pressure *medium pressure* *deep pressure*



MASSAGES

HARMONY *soft* **50 MIN $180 | 80 MIN $225**
Regain your energy and inner peace through gentle and soothing manipulations that unite and harmonize your body. This massage will help relieve the stress and fatigue accumulated by the daily routine.

THERAPEUTIC *medium* **80 MIN $236**
An excellent combination of personalized techniques integrated into one massage. Lymphatic drainage, reflexology, acupressure, shiatsu, and stretching, among other methods, make this therapy an experience of relaxation and liberation.

DEEP TISSUE *deep* **50 MIN $236 | 80 MIN $312**
A specialized technique with deep, slow movements that work on a muscular level to eliminate the contractions caused by the stress of daily life, exercise, and sports.

CASA VELAS *soft* **80 MIN $215**
Obtain amazing sensations with this massage that works on the body's meridians through acupressure and gentle manipulations. Choose the aroma that pleases you the most to enjoy the warmth and softness of your candle: lavender, roses, passion fruit, or madagascar.

ROMANTIC RITUAL *medium* **50 MIN $378 | 80 MIN $459**
The renewal of two soulmates who receive the energetic transformation of the universe through therapy with techniques that balance and harmonize the couple with a massage that spiritually connects them.

Prices are listed in USD and include taxes



TENDERNESS *soft* **50 MIN $180**

A soothing experience that deeply connects the expectant mother with her baby through a relaxing massage using lavender oil and vitamin C balm, leaving the skin hydrated and soft. This ritual also includes rosehip oil to deeply nourish the skin and a thermo-cooling cryo gel applied to the legs, perfect for relieving heaviness and releasing accumulated stress during this wonderful stage.

ADD-ONS FOR MASSAGES

Reflexology **20 MIN $65**

Lymphatic drainage **20 MIN $65**

ANCESTRAL THERAPIES

PRE-HISPANIC STONE THERAPY *medium* **80 MIN $236**

Levels and balances the different energy centers of the body. The principal elements of the therapy are volcanic and river stones in various textures, sizes and shapes, which generate internal heat to provide deep relaxation of the body, mind, and soul.

4-HANDED HERBAL RITUAL *medium* **80 MIN $236**

Sharpen your senses through a healing spiral technique using aromatic herbal compresses such as orange peel, cloves, bay leaf, horsetail, and more. You'll gain countless benefits!

Prices are listed in USD and include taxes



FACIALS

ABJA **50 MIN $202**
Exclusive combination of natural actives that restore the essential functions of the skin, helping maintain an optimal level of hydration.

VITAMIN C+ **80 MIN $236**
Gently caress your face with 100% pure vitamin C citrus essence, stimulating active collagen production to renew skin firmness and elasticity. An antioxidant treatment that repairs skin damaged by the sun and pollution, leaving your complexion smooth and hydrated.

FACIAL TIMEXPERT WRINK-LESS **80 MIN $237**
State-of-the-art treatment inspired by botulinum toxin and collagen micro-injections. Thanks to its advanced technology, you will notice how expression lines are smoothed, and your facial architecture is redefined. It is the ideal alternative to rejuvenate your skin, providing a smooth texture and a visibly younger, more rested appearance.

FOR MEN **80 MIN $236**
An innovative treatment specialized in men's skin, designed to care for and preserve youthful skin. A revitalizing, detoxifying, firming, soothing, and refreshing facial treatment. Lightweight and pleasant textures.

EXCEL OXYGENATION **80 MIN $236**
It acts globally on the main signs of aging, activating and reinforcing the skin's defenses to prevent and slow the aging process.

ADD-ONS FOR FACIALS
Reflexology **20 MIN $65**
Lymphatic drainage **20 MIN $65**

Prices are listed in USD and include taxes



TERAPIAS CORPORALES

AFTER SUN **80 MIN $237**
Provides freshness, rest, and well-being for skin affected by sun exposure. This treatment restores hydration, rejuvenates the skin, and prolongs the tan, preventing peeling thanks to its balsamic effect.

SILK **80 MIN $237**
Delicious body wrap based on hydrolyzed silk protein with an incredibly smooth texture. The skin becomes smooth, radiant, and deeply hydrated for hours. It acts like a second skin, leaving it incredibly beautiful and silky.

VITAMIN C+ **80 MIN $237**
Professional program with all the antioxidant and anti-aging properties of Vitamin C+. The result? Renewed, radiant, and rejuvenated skin.

LAVENDER **80 MIN $237**
A treatment that calms and hydrates the skin, providing it with emollient, nourishing, and toning properties that alleviate bodily aches. It offers comfort and smoothness, enveloping the skin in a veil that leaves it incredibly satin-like.

TIRED LEGS **50 MIN $217**
Improves the blood microcirculation in the treated area, promoting the elimination of fluids and toxins, resulting in a pleasant feeling of relief and well-being.

BEAUTY SALON

SPA MANICURE **50 MIN $69**
SPA PEDICURE **50 MIN $81**
PARAFFIN MANICURE **50 MIN $95**

EXTRAS

GEL POLISH REMOVAL **50 MIN $20**
GEL POLISH **50 MIN $25**

Los precios están listados en USD e incluyen impuestos



CASA VELAS®

PUERTO VALLARTA

VELAS RESORTS®

MÉXICO

GRAND VELAS · CASA VELAS · VELAS VALLARTA · MAR DEL CABO

velasresorts.com