



THE SPA AT  
**HUTTON**  
HOTEL

## A SANCTUARY FOR REST, RHYTHM, AND RESTORATION.

Rooted in the creative heart of Nashville, our spa is an intimate retreat designed for artists, travelers, and locals alike. Inspired by rhythm, harmony, and the quiet moments between notes, each experience blends soulful intention with elevated technique.

# SIGNATURE EXPERIENCES

Mon-Thu | Fri-Sun

Only found here. Felt, not rushed.

## THE OVERTURE RITUAL

*A full-body welcome into stillness.*

90min \$325 | 345

A multi-sensory massage journey designed to restore balance through touch, scent, sound, and stillness. The experience begins with warm, aromatic towels and guided breathwork, gently grounding the body and quieting the mind. A flowing, rhythmic, firm massage using your choice of signature scents, the warm oils releases tension while subtle soundscapes and softened light create a deeply immersive environment. A calming scalp ritual completes the experience, leaving the body relaxed, the skin nourished, and the senses fully restored.

## GOLDEN HOUR RENEWAL

*For skin touched by late nights & long days.*

60min \$255 | 275

Our signature facial: A transformative facial featuring IISKIN and its proprietary NAC Y2™ formula combined with colloidal gold and damask rose extract to brighten, even tone, and restore luminosity, refine texture, and visibly sculpt the skin. Using a three-level approach to facial massage, to target deep muscle tension, stimulate circulation, and support lymphatic drainage for a lifted, contoured appearance, while warm hand and arm therapy grounds the body in relaxation. Rose quartz crystals and sculpting techniques enhance definition and promote a radiant, lit-from-within glow. Skin is left smoother, hydrated, and visibly revitalized - like stepping into the soft light of golden hour.

## GOLDEN HOUR BODY GLOW

*(Application only. No massage) A full-body glow, head to toe.*

Additional 30min \$115 | 135

An indulgent extension of the Golden Hour Renewal, pairing the facial with a luxurious full-body application of warm, nutrient-rich oils and illuminating hydrators. Skin is drenched in moisture and subtle radiance, enhancing tone, softness, and glow. The result is luminous, nourished skin and a beautifully unified glow from head to toe.

## THE STUDIO DUET

*Recovery for bodies that carry the work.*

SWEDISH  
60min \$420 | 440  
90min \$550 | 570

Inspired by long recording days and late-night rewrites, this therapeutic couple's experience is designed to release deep, accumulated tension while restoring connection. Side-by-side, you will receive targeted massage work focused on the areas that hold the most strain - neck, shoulders, hips, and lower back. Intentional stretching and guided muscle release techniques improve mobility and ease fatigue, while warm compresses soften stubborn tension. Slow, rhythmic movements quiet the nervous system, allowing the body to unwind and recalibrate. Whether you are creatives chasing inspiration, travelers crossing time zones, or partners simply carrying the weight of full lives, this session creates space to exhale together.

DEEP TISSUE  
60min \$440 | 460  
90min \$570 | 590

## MASSAGE THERAPY

### The Rhythm Collection:

#### SLOW TEMPO SWEDISH

Long, light touch, flowing strokes ease the body into a state of deep relaxation while improving circulation and mobility. Perfect for unwinding and resetting.

|       |             |
|-------|-------------|
| 60min | \$210   230 |
| 90min | \$275   295 |

#### DEEP CUT THERAPEUTIC MASSAGE

Intentional, focused pressure releases chronic tension and muscular fatigue while maintaining a grounded, unhurried pace.

|       |             |
|-------|-------------|
| 60min | \$220   240 |
| 90min | \$285   305 |

#### MAGNOLIA PRENATAL MASSAGE

A nurturing massage designed to support the body through pregnancy, easing fatigue and promoting comfort and calmness using organic, pregnancy safe products from Tasha & Co.

|       |             |
|-------|-------------|
| 90min | \$285   305 |
|-------|-------------|

#### HIGHLAND STONE MASSAGE

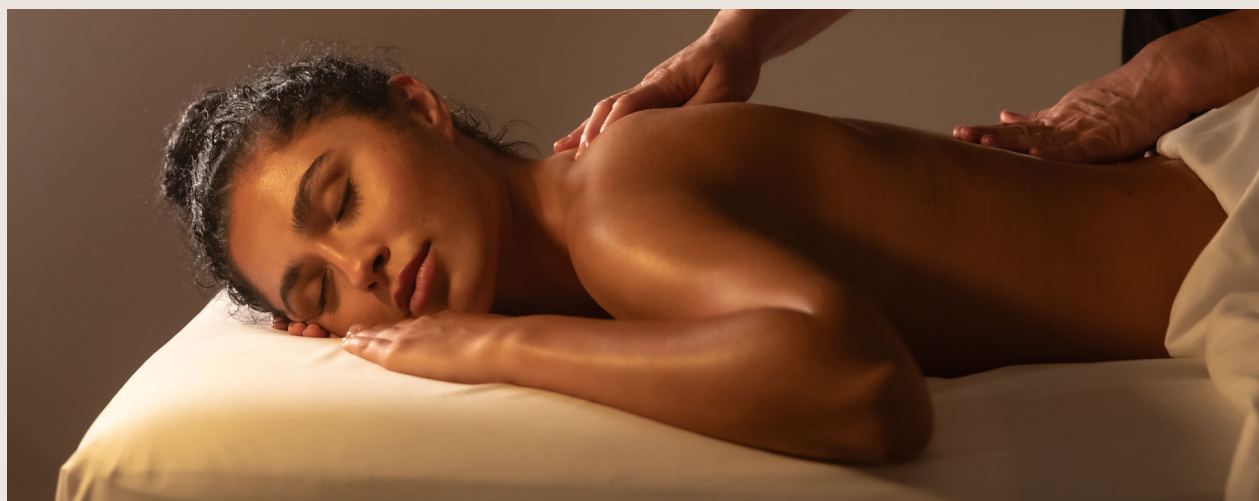
Heated Himalayan salt stones are used to melt away tension, soften tight muscles, and promote deep relaxation throughout the body. Rich in natural minerals, the stones gently exfoliate and nourish the skin while enhancing circulation and easing muscular fatigue. Slow, flowing movements combined with the steady warmth of the stones create a deeply grounding experience that restores both body and mind.

|       |             |
|-------|-------------|
| 90min | \$305   325 |
|-------|-------------|

#### CBD RECOVERY MASSAGE

A slow, deeply calming massage using Cause+Medic CBD-infused oils and targeted recovery cream to release tension, soothe the nervous system, and support full-body restoration. Designed to promote relaxation while easing areas of strain and fatigue.

|       |             |
|-------|-------------|
| 60min | \$230   250 |
| 90min | \$285   305 |



## Add Ons:

### GROUNDING REFLEXOLOGY RITUAL \$45

A targeted foot therapy designed to restore balance throughout the body using precise pressure techniques. This deeply grounding ritual calms the nervous system, supports internal function, and enhances overall relaxation from head to toe.

### WARM MAGNESIUM BALM \$20

A concentrated magnesium treatment applied to targeted areas to support muscle recovery, reduce tension, and promote relaxation. The gentle warming effect helps increase circulation and enhance overall comfort.

### CUPPING RECOVERY THERAPY \$40

A therapeutic decompression technique that lifts and mobilizes soft tissue, enhancing circulation, easing deep tension, and accelerating recovery for a visibly lighter, more restored body.

### PERCUSSIVE RECOVERY THERAPY \$35

A targeted percussive therapy designed to awaken muscle tissue, release deep-seated tension, and enhance circulation. This results-driven enhancement supports faster recovery, improved mobility, and a more restored, balanced body.

### LOCALIZED MUSCLE RECOVERY w/ CBD \$30

A targeted therapeutic enhancement using high-performance CBD to ease tension, calm inflammation, and support deep muscular recovery. Designed to deliver focused relief while enhancing overall relaxation and restoration.

### PINK HIMALAYAN HOT STONE \$35

A deeply grounding massage adding warm Himalayan salt stones to melt tension, enhance circulation, and restore balance. This mineral-rich ritual soothes the body while promoting a profound sense of calm and renewal.

### BODY BALANCE MAGNET ACUPRESSURE THERAPY

\$60

Targeted acupressure enhancement using bio-magnetic therapy to support the body's natural energetic flow and recovery

---

“The world does not need more wellness spaces; it needs more space to be well. Travel is no longer just an escape, it’s an opportunity to stay in rhythm, restore balance, and engage in experiences that genuinely support the way our guests live.” -Unknown

# FACIAL THERAPIES

Mon-Thu | Fri-Sun

## The Harmony Series:

### CUMBERLAND CALM FACIAL

A soothing, barrier-restoring facial by [comfort zone] designed to reduce inflammation, replenish moisture, and bring the skin back into balance. Ideal for sensitive or stressed skin.

60min \$215 | 235

### THE SUBLIME NOTE

A customized double exfoliation by comfort zone designed to gently yet effectively renew the skin. Layered peeling techniques work in harmony to refine texture, brighten tone, and reveal a smoother, more luminous complexion. Skin is left refreshed, polished, and visibly revitalized with a healthy, radiant glow.

90min \$295 | 315

### APEX RENEWAL FACIAL

Precision results for visible transformation. A comfort zone facial designed for guests seeking measurable improvement in texture, firmness, and radiance, this advanced facial combines deep exfoliation, concentrated corrective serums, and targeted mask therapies to address fine lines, uneven tone, and environmental stress. Specialized techniques, including lymphatic drainage, sculpting massage, and gentle resurfacing, stimulate collagen production and support long-term skin health. Finished with a nutrient-rich booster and protective hydration, the skin is left luminous, strengthened, and visibly renewed. Ideal as a results-driven treatment or as a series for accelerated transformation.

60min \$250 | 270

### ENCORE DERMAL GLOW

A high-performance facial designed to resurface, refine, and deeply nourish the skin while restoring immediate luminosity. Advanced exfoliation techniques improve tone and texture, while targeted massage stimulates circulation and supports lymphatic drainage for a visibly lifted, sculpted appearance. Powered by 111SKIN and its proprietary NAC Y2™ complex, this treatment delivers intensive hydration and barrier-repair through potent antioxidants and restorative ingredients. Ideal for all skin types, it is especially effective in calming redness, soothing inflammation, and repairing skin affected by stress and environmental damage. The result is skin that feels smoother, appears brighter, and is visibly revitalized with a healthy, lasting glow—perfect before an event or as a restorative reset to the day.

60min \$315 | 335

Suggested add-on: dermaplaning.

*\*Extraction complimentary on all facials*

## MR. BOURBON & BOTANICALS FACIAL

Designed for tired, overworked skin, this results-driven men's facial restores balance after travel, late nights, and high stress. Using certified organic, plant-based formulations by Tasha & Co., rich in antioxidants and essential fatty acids, this treatment focuses on repair, hydration, and visible renewal. A deep but gentle cleanse removes buildup and environmental congestion, followed by targeted exfoliation to smooth texture and revive dull skin. Botanical extracts calm inflammation while nutrient-dense serums replenish moisture and strengthen the skin barrier. Attention is given to areas that carry tension — jawline, temples, neck, and shoulders — with a firm, grounding massage designed to improve circulation and release stress stored in the face and upper body.

*\*Alternative experience: Back facial*

60min \$210 | 230

Add-on: Beard conditioning ritual (\$20). Skin is left refreshed, clear, and steady, never shiny, never overworked. Ideal for: frequent travelers, creatives, executives, and anyone burning the candle at both ends.

## THE BALLAD: A CBD FACIAL

This luxurious 60 minute facial combines the calming, restorative benefits of CBD with advanced facial massage. These techniques reduce inflammation, strengthen the skin barrier, improve hydration, & restore a healthy radiant glow. Cooling cryotherapy, relaxing Gua Shua massage, and the use of Glo2 massage mode work together to reduce puffiness, promote lymphatic drainage, relieve facial tension, and enhance product absorption; leaving the skin calm, nourished, sculpted, and refreshed.

*\*Alternative experience: Back facial*

60min \$225 | 245

## Enhancements

Facial Enhancements to elevate your experience include:

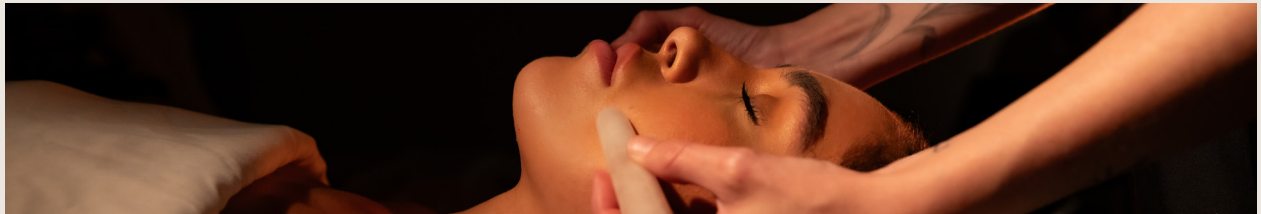
|                                                                 |                           |
|-----------------------------------------------------------------|---------------------------|
| FACIAL CUPPING .....                                            | \$20                      |
| LED LIGHT THERAPY .....                                         | \$40                      |
| ULTRASOUND w/ GLO2FACIAL MACHINE .....                          | \$40                      |
| EYE TREATMENT w/ THERABODY WAND .....                           | \$40                      |
| RADIO FREQUENCY UNDER EYE DEPUFFING w/ GLO2FACIAL MACHINE ..... | \$40                      |
| NECK & DECOLLETE w/ GLO2FACIAL MACHINE .....                    | \$40                      |
| GUA SHA STONE .....                                             | \$20                      |
| EAR SEED APPLICATION .....                                      | \$45                      |
| EXTRACTIONS .....                                               | INCLUDED WITH ALL FACIALS |

## RHYTHM & LIFT FACIAL

111Skin Black Diamond + Glo2Facial Fusion

A world first exclusive collaboration, harnessing 111SKIN's most potent 'anti-wrinkle' Intensive Collection –to encourage a youthful, sculpted and visibly firmer appearance. A series of active steps and illuminating antioxidant-rich formulas aided through diamond absorption. The multi-masking treatment to the face, eyes and neck/decollete reduces pigmentation for brighter and more balanced-looking skin. A signature sculpting massage ensure the skin is taut and deep lines are minimized, for a lifted, youthful appearance. Choose from three tiers:

*\*Extraction complimentary*



### SIGNATURE SCULPT LIFT

A foundational sculpting facial focused on improving circulation, refining skin texture, and enhancing natural lift through advanced massage techniques. Skin appears smoother, brighter, and refreshed with improved tone and vitality.

Choice of one targeted enhancement.

75min \$395 | 405

### ADVANCED SCULPT LIFT

An elevated treatment incorporating intensified exfoliation, advanced delivery of active ingredients, and extended sculpting massage techniques. Targeted tools and modalities work deeper within the facial muscles to visibly lift, firm, and define the contours of the face.

Choice of two targeted enhancements

80min \$455 | 475

### ULTIMATE DIAMOND SCULPT LIFT

Our most comprehensive and opulent facial experience. This multi-layered treatment combines advanced exfoliation, high-performance actives, and intensive sculpting techniques to lift, firm, and refine the skin at a deeper level. Enhanced with specialized tools and extended massage, the face appears visibly contoured, smoother, and more youthful with a luminous, event-ready glow. Includes all three targeted enhancements

90min \$495 | 505



# Targeted Enhancements

Personalize your results

These can be added to any level of the Rhythm & Lift Black Diamond Sculpt Lift Facial Collection:

## ULTRASOUND INFUSION

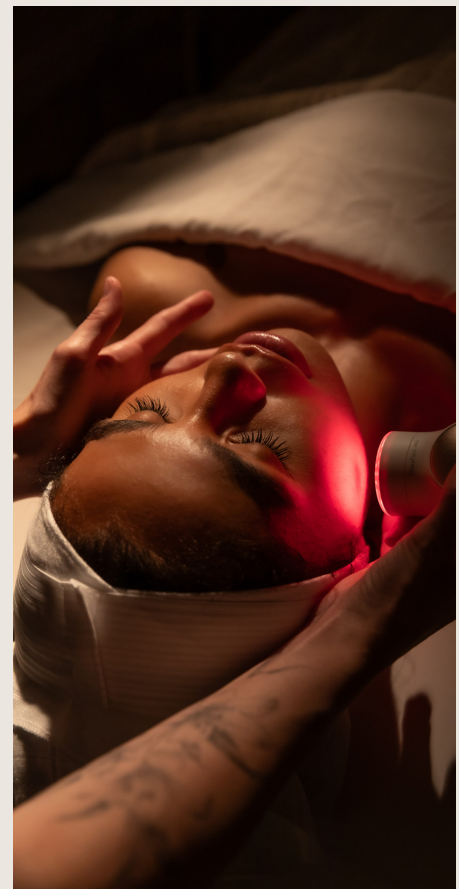
Deeply hydrates and plumps through enhanced product penetration, leaving skin smooth and replenished.

## PERCUSSIVE MASSAGE

Relieves tension, enhances sculpting, and improves circulation for deeper relaxation and definition.

## LYMPHATIC DRAINAGE

Reduces puffiness, supports detoxification, and refines facial contours while promoting overall skin balance.



## BODY TREATMENTS

Mon-Thu | Fri-Sun

### SMOKY MOUNTAIN BODY POLISH

Awaken your skin with a full-body exfoliation using mineral-rich textures and warming aromatics that buff away dullness and restore softness. The ritual is completed with a rich, nourishing application of your choice of organic oils or CBD-infused botanical elixirs, leaving the skin silky, hydrated, and radiant. A grounding experience that melts away tension while honoring the rhythms of the Smoky Mountains. Finishes with Massage.

Choose: Organic CBD or Organic Botanicals

90min

\$310 | 330

### HIMALAYAN DETOX COCOON

This transformative body treatment begins with a detoxifying wrap designed to stimulate circulation and encourage the release of toxins. This treatment starts with lymphatic brushing, followed by mineral-rich clays and plant-based botanicals that draw out impurities while promoting balance. The ritual concludes with a deeply restorative hot stone massage, leaving the body renewed, energized, and grounded - a full sensory journey that calms the mind and invigorates the skin.

90min

\$295 | 315



## HANDS, FEET & GROOMING

Mon-Thu | Fri-Sun

### MUSIC ROW MANICURE/PEDICURE

This elevated nail ritual is designed with meticulous attention to detail using organic botanical blends rich in antioxidants and essential nutrients. Detailed nail care is performed with refined precision, honoring both structure and natural beauty. A deeply hydrating massage of the hands and forearms or feet and lower legs completes the service, using Tasha & Co. certified organic oils and plant-based soaks, scrubs & butters chosen for their restorative and skin-strengthening properties. The result is polished, balanced, and effortlessly elegant.

MANICURE  
~50min \$95 | 110

PEDICURE  
~50min \$125 | 135

Finishes with: your choice of Dazzle Dry polish or a natural buffed shine

Pedicure can be traditional or waterless

### FRONT PORCH CBD MANICURE/PEDICURE

A warm aromatic soak begins the ritual, softening skin and easing the pace like a summer evening settling over the South. A smoothing sugar exfoliation follows, gently refining and restoring glow to hands or feet. Detailed nail and cuticle care is performed with unhurried precision, shaping and refining to perfection. Heels and rough edges are softened, and skin is replenished with rich hydration. The experience deepens with a restorative massage of the hands and forearms or feet and lower legs using CBD-infused botanical oil, designed to calm inflammation, ease tension, and quiet the nervous system. Slow, rhythmic movements encourage circulation while melting away the weight of travel, long days, and standing ovations alike.

MANICURE  
~50min \$100 | 120

PEDICURE  
~50min \$125 | 135

Finish with: your Dazzle Dry polish of choice or a natural buffed shine

Pedicure can be traditional or waterless

### THE STUDIO PEDICURE

Inspired by the craftsmanship of a recording studio, this advanced, waterless pedicure is designed for guests who require elevated care without compromise. Guided by diabetic-safe protocols and medical-grade sanitation, each step focuses on nail health, callus refinement, and optimal skin integrity, without soaking. Using controlled electric-file techniques and professional GEHWOL callus-softening formulations, the feet are carefully restored, smoothed, and rebalanced. A warm, circulation-supporting massage with GEHWOL's lipid-rich formulations - featuring ingredients such as shea butter, jojoba oil, and essential oils - grounds the experience in comfort and calm while supporting the skin's natural barrier. Thoughtfully designed for sensitive skin, dryness, and health-conscious guests, while maintaining the indulgence and rhythm of a luxury spa experience.

PEDICURE  
~50min \$125 | 135

Finishes with: a natural buff or Dazzle Dry polish of choice, sealed with a protective moisture veil.

Diabetic-safe | Waterless | Precision care

## Targeted Enhancements

Thoughtful additions designed to deepen relaxation, refine results, and elevate your experience.

### EXTENDED HAND OR FOOT MASSAGE (+10min) ..... \$25

An extended massage designed to move beyond the basics, allowing time for deeper relaxation and targeted tension relief. Slow, intentional movements improve circulation, soften muscle tightness, and encourage full-body calm through focused work on the hands, forearms, feet, or lower legs. Ideal for guests seeking a more immersive and restorative finish.

### CUPPING ..... \$25

A targeted decompression technique that gently lifts the tissue to improve circulation, release tension, and support muscular recovery. This therapeutic enhancement helps ease areas of tightness while creating a sense of lightness and improved mobility throughout the body. Ideal for deeper relief without added pressure. No additional time

### DIP POLISH REMOVAL (+30min) ..... \$30

A gentle and precise removal process designed to safely dissolve dip powder while protecting the natural nail. This service ensures nails remain healthy, smooth, and properly prepped for your next application or a clean, natural finish.

### PARAFFIN WAX ..... \$25

A warm paraffin treatment that deeply hydrates and softens dry skin while soothing tired hands or feet. The comforting warmth helps ease joint stiffness and leaves skin silky smooth..

### REFLEXOLOGY (+20min) ..... \$45

A focused foot therapy using targeted pressure techniques designed to restore balance throughout the body. By stimulating specific reflex points, this treatment supports circulation, calms the nervous system, and encourages overall relaxation from head to toe. A deeply grounding addition that enhances both physical and energetic well-being.

### GEL ADD-ON / REMOVAL (+30min) ..... \$25

Enhance your manicure or pedicure with a high-performance gel polish designed for extended wear, lasting shine, and chip-resistant durability. Removal is performed with care to protect the natural nail, ensuring a clean, healthy foundation for your next service.

### CND PLEXIGEL BUILDER ..... \$30

A brush-on gel enhancement that delivers strength, structure, and customizable length to natural nails. Designed for moderate to long enhancements, this versatile formula creates durable, beautifully shaped nails with up to 3+ weeks of wear.

## HAIR & BEAUTY

### Volume & Vinyl

#### SHAMPOO & BLOW DRY

\$90 | \$110

35 - 50min

A polished blowout with body, movement, and staying power. This ritual begins with a tailored cleanse for hair and scalp refresh, followed by precision drying and round-brush styling designed to enhance your natural texture or create smooth, amplified volume. The finish is touchable, luminous, and effortless - like your favorite record played at the perfect volume.

### Smooth Operator

#### SHAMPOO

\$95 | \$115

35 - 50min

A sleek wash and style designed for smooth texture, soft movement, and polished shine. Finished with precision heat styling for a refined, effortlessly smooth look.

### Studio Strength Treatment

#### DEEP CONDITIONING HAIR THERAPY

\$55 | \$75

50min

A restorative infusion for hair that's been overworked, overstyled, or simply in need of revival. Concentrated botanical conditioners and strengthening proteins penetrate deeply to repair, fortify, and restore elasticity. Warm steam enhances absorption while a tension-relieving scalp massage encourages circulation and relaxation. Hair emerges stronger, silkier, and visibly healthier - resilient enough for the spotlight, soft enough to run your hands through.

### The Signature Cut

#### WOMAN'S HAIR TRIM

\$160 | \$180

60 - 80min

A refined reshaping designed to maintain integrity while elevating your overall silhouette. Your stylist will consult on length, structure, and movement before executing a precise, customized trim that enhances your features and personal style. Finished with a professional blow-dry and styled. It's not just maintenance — it's intention. Clean lines. Balanced movement. Effortless confidence





## HAIR & BEAUTY

### The Night Cap

#### OVERNIGHT SCALP FACIAL

\$125

45 - 60min

The ultimate scalp and hair transformation. This luxurious ritual combines deep cleansing, exfoliation, restorative treatment, and extended massage therapy. Includes complimentary Overnight Scalp & Hair Elixir to maintain results at home.

### The Red Carpet Arrangement

#### UPDO

\$180 | \$220

60 - 80min

A professionally styled updo tailored for weddings, galas, performances, and special occasions. Whether soft and romantic or sleek and sophisticated, each style is customized to complement your look while providing lasting hold and polished elegance.

### The Executive Edit

#### MEN'S HAIRCUT

\$75 | \$95

30min

A modern, tailored cut designed for precision and polish. Includes a cleansing wash, detailed scissor and clipper work, neckline refinement, and a light finishing style. Thoughtful attention is given to shape, texture, and longevity so the cut grows back seamlessly. Clean. Intentional. Understated power.

### The Refined Edge

#### BEARD TRIM

\$40 | \$60

30min

A sculpted beard service focused on balance and definition. Includes shaping, contouring, neckline cleanup, and conditioning to soften and strengthen facial hair. Finished with a warm towel and nourishing oil or balm to leave the beard smooth and impeccably groomed.

## Enhancements:

FLAT IRON OR CURL ..... \$20

DAILY GLOW RITUAL ..... \$60

Skincare for your scalp. This thorough yet relaxing ritual cleanses, gently exfoliates, and deeply nourishes your scalp while rebalancing its natural ecosystem. Leave with healthier hair and renewed radiance.

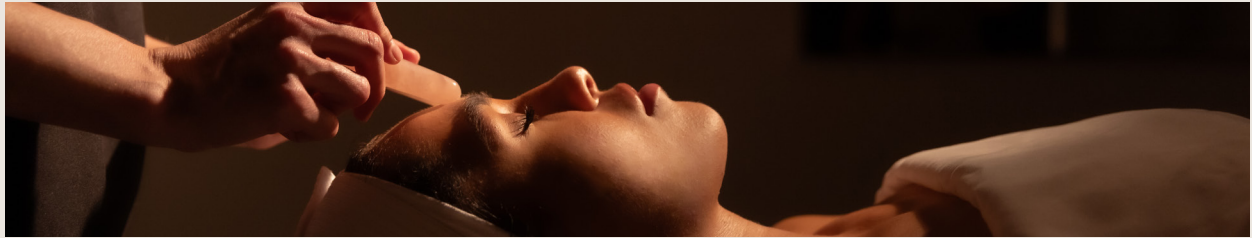
VITALITY SCALP BOOSTER ..... \$20

This nourishing treatment soothes, rebalances the scalp microbiome, and promotes relaxation while supporting healthier hair from root to tip.

7 MINUTE SCALP RESET ..... \$45

Seven minutes of pure tranquility. Our therapeutic scalp massage with Overnight Scalp & Hair Elixir melts away tension while essential oils promote deep relaxation and mental clarity.

## PACKAGES



### High Fidelity

Full-spectrum recovery. Deep restoration. Elevated calm. A fully immersive, CBD-infused experience designed to restore the body, refine the skin, and quiet the nervous system from head to toe. “High Fidelity” layers targeted therapies with intentional touch, creating a seamless rhythm of recovery, relaxation, and renewal. Each service is enhanced with Cause+Medic formulations, known for their calming, anti-inflammatory, and restorative properties—supporting deeper muscle relief, improved circulation, and a more grounded state of ease. This is your reset after long days, late nights, travel, or anything that pulls you out of rhythm.

#### Includes:

##### CBD RECOVERY MASSAGE

60min

A slow, deeply calming massage using CBD-infused oils and targeted recovery cream to release tension, soothe the nervous system, and support full-body restoration. Designed to promote relaxation while easing areas of strain and fatigue.

##### CBD RECOVERY FACIAL

60min

A results-driven facial designed to calm inflammation, restore hydration, and support barrier repair. Antioxidant-rich CBD helps reduce visible redness and stress in the skin, leaving the complexion balanced, smooth, and visibly refreshed.

##### CBD MANICURE

30min

An elevated nail ritual incorporating CBD-infused botanicals to soften skin, ease tension in the hands and forearms, and deliver deep hydration. Finished with your choice of polish or natural buff.

##### CBD PEDICURE

60min

A restorative foot treatment featuring CBD-infused soak, exfoliation, and massage to relieve fatigue, reduce inflammation, and restore comfort. Ideal after travel, standing, or long days on your feet.

DURATION: 4 HOURS

WEEKDAY \$535 | WEEKEND \$555

CALL FOR BOOKING

## PACKAGES

### Stage Ready

A curated, head-to-toe experience designed to refine, restore, and prepare you for whatever comes next. This package blends results-driven skincare with polished finishing services, creating a seamless transition from restoration to presentation.

Whether you're preparing for an event, stepping out for the evening, or simply want to feel completely put together, The Stage Ready package delivers a balanced experience of skin, hair, and detail.

#### Includes:

##### THE SUBLIME NOTE FACIAL

60min

A customized double exfoliation designed to brighten tone, smooth texture, and restore luminosity. Skin is left polished, refreshed, and visibly radiant—creating the perfect canvas for the rest of your experience.

##### VOLUME & VINYL BLOWOUT

50min

A polished blowout with body, movement, and staying power. This ritual begins with a tailored cleanse for hair and scalp refresh, followed by precision drying and round-brush styling designed to enhance your natural texture or create smooth, amplified volume. The finish is touchable, luminous, and effortless - like your favorite record played at the perfect volume..

##### MUSIC ROW MANICURE

30min

An elevated nail ritual incorporating CBD-infused botanicals to soften skin, ease tension in the hands and forearms, and deliver deep hydration. Finished with your choice of polish or natural buff.

DURATION: 3.5 HOURS

WEEKDAY \$405 | WEEKEND \$425

CALL FOR BOOKING





## PACKAGES

### The Gentleman's Rest

A full-body recovery experience designed for men who carry stress in the body and want to reset without excess. This curated treatment blends therapeutic bodywork, results-driven skincare, and refined grooming—finished with a quiet moment to unwind.

Crafted with Tasha & Co organic botanicals, this experience focuses on restoration, hydration, and tension release—leaving the body lighter, the skin refreshed, and the mind clear and detail.

#### Includes:

##### DEEP CUT THERAPEUTIC MASSAGE

60min

Targeted bodywork focused on relieving tension in the back, shoulders, neck, and hips. Slow, intentional pressure works to ease tightness and improve mobility while maintaining a calming, grounded pace.

##### MR. BOURBON & BOTANICALS FACIAL

60min

A results-driven facial designed for stressed, overworked skin. Botanical ingredients calm irritation, replenish hydration, and restore clarity while focused massage releases tension in the jaw, temples, and neck.

##### THE STUDIO PEDICURE

50min

A refined foot treatment focused on nail care, callus smoothing, and hydration. Finished with a tension-relieving massage to restore comfort and ease.

##### THE FINISH

complimentary

The Bourbon Pause. A moment to settle and unwind.

Guests may enjoy a glass of bourbon or a non-alcoholic alternative as a final moment of relaxation, allowing the body to fully settle before returning to the day or evening.

DURATION: 3.5 HOURS

WEEKDAY \$495 | WEEKEND \$515

CALL FOR BOOKING

