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CAMP LINCOLN CAMP LAKE HUBERT

MINNESOTA, USA

2026 Parent Handbook

A Resource Guide for Campers and Parents

Bonus Content: PLEASE DISCUSS
Getting Ready for Camp: Together -
with your camper!

*(CHECKLIST of topics to review as a
family before arriving at camp):*

- Page 1 Mission and Core Values
- Page 5 Community
- Page 8 Fun
- Page 9 Excellence
- Page 12 Quality Relationships and
Communication
- Page 14 Personal Growth and
Development
- Page 15 Electronics
- Page 19 Packing and Preparation
- Page 22 Camp Health Information

If you have any questions about these
or other camp policies, please contact
us at

218-963-2339.

FORMS TO BE COMPLETED AND RETURNED TO CAMP:

ONLINE (CampInTouch or Companion
App)

- Address Verified via CampInTouch
- Cabinmate Request Form
- Camper Details Form
- Medical Form
- Travel Form

PAPER FORMS

- Parent Authorization Form
- Physician Form
- Immunizations

If applicable to your camper, these
forms are available as downloads:

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The Camp Mission

The mission of Camp Lincoln and Camp Lake Hubert is to provide a high-quality camping and recreational experience for children and adults by enhancing the mental, physical, social, and spiritual well-being of everyone.

POSITIONING STATEMENT

Our power lies in our ability to look beyond our own camps, to see our common community and realize the impact we provide.

Camp is a special place where a kid can be a kid. It's a place for fun and exploring the real, the genuine and the non-artificial. A place for growing: physically, emotionally, spiritually and socially. It's a place for learning and reflecting. A place for making friends and memories that will last forever.

And yet, it's a time in life that is over all too soon.

The essentials: good housing, nourishing food and a wide range of activities are the cornerstone to a positive camp experience. However, true comfort and growth are achieved through the alignment of values and through the gentle guidance of trusted adult mentors.

The Camp Core Values

As a leadership team, we have identified five core values on which we have agreed to base actions, decisions, and expectations of camp and our internal relations. These values are not simply words we recite; we live by them. We continue to be leaders in the camp industry and believe that our success can be attributed to our "values in action." We hope to instill these values in campers and staff members alike.

Community – You learn the true meaning of community while at camp. You will feel connected with and gain respect for each person. The camp community is founded on accountability, caring/compassion, honesty, loyalty, and trust. We celebrate the uniqueness that everyone brings with them, but also realize the similarities we have in needs.

Excellence – We strive for the best and encourage others to do the same. We have high standards and bring with us a great deal of commitment, expertise, and knowledge. Camp requires a positive attitude and a great deal of cooperation. Safety must be kept as our top priority.

Fun – We offer many activities that encourage each participant to enjoy their stay. Enthusiasm and a cheerful outlook at camp help to create an environment that yields lots of fun. Campfires, hanging out with friends (whether campers or staff members), skit nights, and special days bring with it, loads of laughter and smiles.

Personal Growth and Development – Camp is a place where one can continue to learn, no matter his/her age. We challenge each person as an individual, and encourage healthy risk-taking. Please take time to reflect upon who you are as a person at your core while encouraging campers to do the same. We aim to build confidence and self-respect in every individual.

Quality Relationships – Friendships at camp are based on a deep sense of caring and honesty. Camp teaches each participant about being responsible for his/her actions. As a result, campers and staff members alike develop the most meaningful relationships that can last a lifetime.

American Camp Association

Camp Lincoln and Camp Lake Hubert are proud to be **accredited by the American Camp Association (ACA)**. ACA accreditation is a voluntary process that requires camps to meet hundreds of nationally recognized standards related to health, safety, staffing, program quality, and camp operations. This ongoing review process helps ensure that both camps provide a safe, well-run, and developmentally appropriate experience for every camper. Standards are evaluated and updated yearly. The Minnesota Department of Health also inspects and licenses each camp yearly.

CAMPINTOUCH

CampInTouch offers many benefits and features to our camper parents. The CampInTouch Online Account is the gateway to these enhancements, which include:

- Address Updates
- Invoice Access
- Online Documents and Forms
- Online Payments

You may access your CampInTouch Account by visiting our webpage and clicking on the “Parents Tab” at the top of the homepage. Once there, “Login” will be one of the options. The e-mail address given during registration is your login e-mail. If you are not sure which e-mail address you gave, please call the camp office, and we will assist you.

CAMPANION

Campanion offers many benefits and features to our camp families. Campanion is the primary communication platform used before and throughout the summer, including:

- Announcements
- e-Letters
- Online Documents and Forms
- Photos and Updates

Families may access Campanion by downloading the app from the App Store or Google Play. The e-mail address used during registration is your login e-mail. Campanion replaces Bunk1 for photo letters and updates. If you are not sure which e-mail address is on file, please contact the camp office, and we will assist you.

Core Values in Action

COMMUNITY

The Community of Camp

Camp offers a secure and welcoming community where campers can broaden their interests, express themselves, feel a sense of belonging, make new friends, and try new activities. Living closely together allows for an experience of team building, which promotes life skills in compromise, cooperation, and sharing. Campers gain the pride of being a supportive member of their cabin group.

Although they are a part of a cabin group, each camper retains a sense of self-identity, with their own goals which they will accomplish during the session. Independence and self-reliance develop as campers care for their gear, help plan cabin meetings or campfires, help with cabin projects and tasks, and make individual activity choices. Campers do all these things while our counselors monitor and supervise their progress.

We work with our campers and staff members to promote an environment free of bullying/disruptive behavior/emotional and/or physical abuse/harassment. This type of behavior is not tolerated, has strong consequences, and may lead to dismissal.

Beverages, Candy, and Food

We ask that no beverages (including bottled water), candy, and/or food be brought or sent to camp for the following reasons:

1. Food in the cabin attracts chipmunks, flies, mice, and skunks.
2. It undermines the community if a few have food and others do not.
3. Snacks and limited amounts of dessert offerings are offered at camp.
4. Filtered water is available. Campers **SHOULD** bring a water bottle to camp in 2026.

Any food and beverage items brought or sent to camp will be disposed of at our discretion and will not be returned to the camper and/or sender. Please discuss this policy with your child as well as with their friends and relatives before camp.

Camper Cabin Placement

When creating a cabin group, our goal is to create a community where all campers can feel a sense of belonging in their home away from home, make new friends, and rekindle past friendships. To create this cabin community, we take into consideration the current school grade, various geographic locations of each camper, and years at camp. Some facts about our cabins that may be helpful to know:

- Each cabin has three bedrooms, called chalets, with up to six to eight campers living in each in a typical summer.

- Each camper is placed in a cabin with campers staying the same length of session. Half Session Campers live with Half Session Campers, and Full Session Campers live with Full Session Campers.
- Each camper is placed in a cabin with campers coming from a variety of geographic locations.
- We factor in current grades in school and social dynamics within the cabin group.

Cabinmate Requests

If you are considering requesting a cabinmate for your child, other factors you may find helpful:

- **ONE** cabinmate/friend request will be considered.
- Cabinmate requests are defined as for the same cabin, **NOT** the same chalet.
- Cabinmate requests must be received at least **THREE (3)** weeks before the session start date for your child to be considered.
- Cabin Placements are announced when the camper arrives at camp.

Camp Food Service

Three hearty all-you-can-eat meals are served each day. Each meal has fresh fruit, and a salad bar is available for the lunch and dinner meals. Cabin groups eat buffet or family style, share the responsibilities of setting and clearing their tables, and sit together. In 2026, meals served at each camp will be eaten both indoors and outdoors, weather permitting. A daily snack is also provided.

Special medical food concerns or needs, including food allergies (e.g., gluten or lactose intolerant or nuts) and preferences (e.g., vegetarian, etc.), should be brought to our attention **BEFORE** the summer.

Birthdays at Camp

If your camper celebrates a birthday while at camp, there is a birthday cake served for sharing with cabinmates as well as recognition from the camp community. We encourage you to send birthday cards to your child, but no care packages will be accepted.

Camper Address List

A camper address list for your camper's cabin will be emailed out at the end of the camp session. Your camper's address will be included in this camper address list. Please let us know if you do not wish to have your contact information disclosed.

Body Piercing and Tattoo Policies

For safety reasons, all body piercings (apart from a single post or stud earrings) must be removed. Any camper tattoo that is deemed as harassing, inappropriate, or offensive towards fellow campers, staff members, or others with whom the camps conduct business, as determined by the camp director, will be required to be covered for the duration of the session. If this is not done, the camper may potentially be sent home. The director will have the final say in which tattoos meet this criterion.

Alcohol, Drug, Tobacco, Vape, and Behavior Policies

Camp offers a safe, substance-free environment. Positive values set the tone at camp and are role-modeled by our staff members. There shall be no chewing/smoking/vaping of tobacco, drinking of alcoholic beverages, use of illicit drugs, or other abusive/harassment behaviors at camp. We reserve the right to dismiss any camper or staff member whose actions, attitude, or behavior, in our judgment, is contrary to the best interests of the camp or other campers and staff members. Please discuss these policies with your camper before their arrival.

Laundry Service

Laundry is done twice for Full Session Campers and is not provided for Half Session Campers except in an emergency. Please pack accordingly for the time that your camper is with us.

Please mark your child's name, **NOT** their initials, on each piece of clothing as well as on each laundry bag. A local service does our camper laundry, and the fee for this service is charged to the camper's account each time laundry is done. Camp will not be responsible for damaged, lost, or stolen articles.

Camp Store and Online Store

Supplies can be purchased at the camp store on a limited basis. Examples include activity manuals, batteries, flashlights, postcards, rain ponchos, songbooks, stationery, stamps, tennis balls, toothbrushes, and toothpaste. All purchases are charged to the camper's account and deducted from their Expense Deposit.

Our Online Store offers two options for purchasing camp gear and merchandise.

Everything Summer Camp is a third-party apparel provider offering a selection of basic camp clothing and items. This store is available for families who wish to purchase standard camp apparel and equipment before the summer.

We are especially excited to offer the official Camp Lincoln and Camp Lake Hubert Online Store, hosted on Shopify. This store features camp-created, exclusive swag you can only purchase directly from camp. This is a great way for campers and families to show their camp spirit with official gear.

The official camp store is open year-round, and items may be shipped directly to your camper's cabin during the session or delivered to your home. We encourage families to explore this store early and often for unique camp merchandise and special items created just for our community.

Money and Valuables

Money and valuables are not needed at camp. They are collected on the first day and are kept in the camp office. We encourage campers to lock all valuables (e.g., electronics, jewelry, etc.) in the camp office for the duration of their stay at camp. Camp will **NOT** be responsible for damaged, lost, or stolen items that are not stored in the camp office.

Visiting Camp

In 2026, both Camp Lincoln and Camp Lake Hubert will be hosting tours for Prospective Families **ONLY**. These tours should be made by calling the camp office so that we are fully prepared to showcase our camps. Parents, family members, and/or relatives of campers enrolled for Summer 2026 will **NOT** be able to visit their campers or tour either camp during their session. Should you want firsthand information about your child, we highly encourage you to call the camp office, and we will be happy to take a message and have your camper's staff member return the call, usually after the next meal. If your camper's staff member is unavailable, a member of the leadership team will contact you.

Getting Ready for Camp: Together

A few things about Community to talk through as a family before the summer begins:

- Camp is built on values. Camp is guided by five core values — community, excellence, fun, personal growth, and quality relationships— and you will see these lived out every day in how people act and support one another.
- You are a part of a camp community. Campers help each other out, live in cabins, practice being kind, respectful, and inclusive while still being themselves, and share space.
- Trying new things is encouraged. Camp is a place to build confidence, challenge yourself, and grow, with counselors there to support you along the way.
- Fun is everywhere. Activities, campfires, skits, special days, and time with friends make camp an exciting and joyful place to be.
- Staying connected feels good. e-Letters and letters help campers and families stay in touch, making it fun to share encouragement while campers are busy enjoying camp life.
- Food keeps you going at camp. Camp meals fuel busy days with lots of kid-friendly options at every meal, a built-in daily snack, and easy support for special dietary needs so everyone feels energized.
- Camp spirit is part of the fun. Campers can show their pride with special camp swag and gear, including items that can only be found through camp.
- Camp is a safe and supportive place. Everyone works together to make camp feel welcoming, respectful, and positive for all campers.

FUN

Activity Choices

Over 30 land and water activities are offered, giving campers a wide variety of exciting activities to try. Before camp, please encourage your child to be open to trying new activities and, when possible, to choose a good variety of activities for a well-rounded summer of fun. Exposure to a wide variety of activities oftentimes can plant the seed for a newfound passion to last a lifetime! If you have some specific program expectations for their participation, please discuss this with them as well and note this on the Camper Details Form (Online Form in CampInTouch or Companion).

Special Days and Events

In addition to our daily activity program, “Special Days” add excitement, festivities, and variety to our camp life. Special Days give campers a chance to take part in and celebrate a theme such as Camp Olympics, Color Wars (CL)/Color Games (CLH), Western Day, or by being in a lip sync or skit performance.

Banquets and Campfires

Each session begins with an opening campfire and ends with a farewell campfire. At the end of each session, award banquets are hosted to celebrate the accomplishments of campers within the camp community. Banquets and campfires allow for a community celebration and recognition of goals accomplished and skills learned.

Camping Overnight Experiences

Camp Lincoln and Camp Lake Hubert offer optional overnight experiences that give campers the chance to explore Minnesota’s natural beauty, build independence, and experience camp in a new setting. Destinations range from the Headwaters of the Mississippi River to the North Shore. All experiences are age-appropriate, thoughtfully planned, and well-supported.

All camping overnight experiences include meals, medications, and supervision, and we make every effort to accommodate most special dietary needs. Families are notified when their camper departs for an off-site trip and when they return. Photos from trips will be shared after campers return. Sleeping bags may be rented for off-site trips for an additional \$15.

Camp Lincoln

Full Session Campers

Camp Lincoln offers optional 2- to 5-night off-site camping trips during each session. Three trips are offered per session, with each trip designated for a specific age group and lasting 3–5 days, depending on camper age. Destinations range from the Headwaters of the Mississippi River to the North Shore near Duluth, and even to the Boundary Waters in and around Canada. These trips are designed to introduce campers to exciting outdoor experiences and may include activities such as canoeing and hiking.

Any camper who meets the age requirement may choose to sign up. Once trip groups are finalized, campers are asked to commit, as careful planning and logistics are required. Families will be notified when their camper departs camp for a trip and when they return.

Half Session Campers

Half Session Campers enjoy an on-site campout experience right at Camp Lincoln. Each cabin has the opportunity to spend a night under the stars, sleeping in tents with friends and enjoying a classic camp favorite — s'mores.

These campouts take place on Camp Lincoln Property and are designed to help younger campers build confidence with an overnight experience in a familiar, supportive setting. Campers remain with their cabin group and counselors, making the experience both exciting and comfortable.

All meals, medications, and supervision are provided. Departure and return notifications do not apply to on-site campouts. Photos from campouts will be shared after campers return to their regular camp routine.

Camp Lake Hubert

Full Session Campers

Full Session Campers at Camp Lake Hubert may choose to sign up for an optional 1–2 night off-site adventure trip. These trips are designed to introduce campers to exciting outdoor experiences and may include activities such as canoeing, hiking, and mountain biking, as well as sea kayaking and rock climbing.

For select trips — including sea kayaking and rock climbing — we partner with the University of Minnesota–Duluth Recreation Division to help outfit and support the experience with specialized equipment and guidance. These partnered trips carry an additional fee of \$75. Trips that do not involve the University partnership do not have an additional fee.

Space is limited, and not all campers who sign up will be able to attend. Once trip groups are finalized, campers are asked to commit, as careful planning and logistics are required. Families will be notified when their camper departs camp for a trip and when they return.

Half Session Campers

Half Session Campers at Camp Lake Hubert will enjoy a one-night on-site campout experience designed to be age-appropriate, fun, and imaginative. Campouts may include special themes — such as a fairy campout or a teddy bear campout — adding a touch of magic to a classic overnight at camp.

Campers will sleep in tents with their cabinmates, enjoy time outdoors together, and participate in themed activities that make the night feel memorable and exciting. A favorite camp tradition — s'mores — is always part of the experience.

All meals, medications, and supervision are provided. These campouts take place on camp property, so departure and return notifications do not apply. Photos from campouts will be shared after campers return to their regular camp routine.

Getting Ready for Camp: Together

A few things about Fun to talk through as a family before the summer begins:

- You get to choose your activities. Camp offers over 30 land and water activities, so you'll have lots of chances to try new things and find your favorites.
- Trying new things is part of camp. Being open to different activities helps make camp more fun and can lead to discovering something you really love.
- Special Days make camp extra exciting. Theme days, games, performances, and camp traditions add energy, surprises, and shared memories.
- Campfires and banquets bring everyone together. Opening and closing campfires and end-of-session banquets celebrate friendships, accomplishments, and goals reached.
- Trips and campouts are special highlights. Some campers may choose to go on overnight trips or enjoy campouts with their cabin, offering adventure, time outdoors, and memorable experiences with friends.

EXCELLENCE

Contact from Camp

Your child will be encouraged to write home at least once a week. Parents of our Half and Full Session Campers will receive an "Electronic Camper Letter" E-mail several days after your camper arrives, and a final letter after the end of camp. Parents of Full Session Campers will also receive a mid-session "update" letter. E-mail updates will be sent to both you and your spouse's Login/E-mail Address associated with your CampInTouch Account and Companion Accounts. If you would like to change your login e-mail address, you can change it under "Update Addresses/Phone Numbers" and "Login Details." If you feel it necessary to call camp, a message will be taken, and a staff member will call you back after the next meal. If your camper's staff member is unavailable, a member of the leadership team will contact you.

Dedicated Camp Counselors and Staff Members

Camp Lincoln and Camp Lake Hubert carefully select the men and women of our staff member group for their commitment to and interest in working with children. Each staff member meets a high standard of dedication and skill. Staff members attend an intense 10-day orientation that emphasizes activity skills, counseling skills, group dynamics, and safety procedures/protocols. Our counselors form a strong, committed team with a single focus: A safe summer filled with fun, growth, and learning opportunities for each camper. Camp policy does not allow "gratuities" or "tipping" for any staff member. Your cooperation is greatly appreciated!

Safety at Camp

Safety is given top priority at camp. Facilities and policies have been constructed to provide a consistent and thorough safety program. During Orientation and Staff Member Development (OSD), counselors are trained in safety expectations and rules for all aspects of camp life. Safety regulations are posted and practiced by all campers and staff members. Please talk to your campers about the importance of following safety rules and appropriate risk-taking.

Getting Ready for Camp: Together

A few things about Excellence to talk through as a family before the summer begins:

- Camp follows high standards. Camp Lincoln and Camp Lake Hubert meet hundreds of safety, health, and program standards each year so campers can have a high-quality, safe, and well-run camp experience.
- Caring adults are always nearby. Camp counselors are carefully chosen, highly trained, and focused on helping campers have a fun, safe, and successful summer.
- Safety comes first. Campers learn and practice safety rules during activities and daily life so everyone can enjoy camp while taking appropriate, healthy risks.
- Families stay informed. Campers are encouraged to write home, and families receive updates from camp so everyone feels confident and connected throughout the session.
- Everyone works as a team. Campers and staff members support one another, follow camp expectations, and help create a positive environment where everyone can do their best.

QUALITY RELATIONSHIPS and COMMUNICATION

Partnering with Parents

We pledge honest and open communication while your child is with us and ask that you do the same in disclosures before camp and be willing to collaborate with our staff members to make your child's experience a success.

We ask that you offer encouragement to your child around issues concerning adjustments, the camp community, or conflicts, should they develop. If you have any questions, please contact the director or your child's staff member immediately.

Address Update and Camper Details Form

Please login to your CampInTouch Account and click on the "Update Addresses/Phone Numbers" Link under "Your Family." Your camper's counselor will use this information to send you updates and contact you should they have any questions. E-mail updates will be sent only to your Login/E-mail Address.

The Camper Details Form is also located online (under the "Forms and Documents" Link in CampInTouch or on the Campanion App). This form will be reviewed directly by your camper's counselor. Comments, expectations, goals, and program requests all serve as a guide for your child's experience. The specifics you share are a valuable resource, allowing your child's counselor to get to know them better.

Letters Are Important!

Please send cheerful letters with a focus on camp, **NOT** about what they are missing at home. So that they have mail waiting for them when they arrive, please write a letter to your child before they leave home at the address below, minus the cabin name, which will be made known after your camper's arrival at camp. Please write to your child at least 2 or 3 times a week! For more information on writing quality letters to your camper, please read Dr. Chris Thurber's "Summer Camp Handbook."

Again, the cabin name will be known after your camper arrives at camp. Please add this information to letters sent after your camper has arrived at camp.

Please write to:

CAMPER'S NAME

CABIN NAME (will be made known after arrival)

CAMP LINCOLN/CAMP LAKE HUBERT

P.O. Box 1308

Lake Hubert, Minnesota 56459

Faxing to and from Camp

Faxes are delivered with regular mail, usually the next day. Please remember to put your camper's first and last name on each page.

Our fax number is:

218-963-2447

Campanion

Photos and Updates

Throughout the summer, we will share microposts and photos. Campanion allows families to easily view and follow along with what their camper is experiencing at camp.

e-Letters

Families will be able to send messages to campers directly through the app. Camper replies will be scanned into your Campanion App, creating a simple and reliable way to stay in touch during the session. All primary and alternate households registered in your CampInTouch Account will be able to communicate with their camper. More information and tutorials on how to send e-Letters is forthcoming.

Forms and Documents

All required pre-camp documents and forms will be available in Campanion as well as in your CampInTouch Portal throughout the spring. Families can complete and upload forms digitally, and we recommend checking both platforms regularly as summer approaches. You should no longer need to fax or email forms!

Telephone Contact

Once your child has arrived at camp, they will place a phone call home to tell you that they have arrived safely and where they will be living while at camp. If you are not available, they will leave a message. Other than calling you when they arrive at camp, we do not allow campers to use the telephone or to call home except in the case of an emergency.

Should you wish first-hand information about your child, we highly encourage you to call the camp office, and we will be happy to take a message and have your camper's staff member return the call, usually after the next meal. If your camper's staff member is unavailable, a member of the leadership team will contact you.

Our phone number is:

218-963-2339

UPS/FedEx Shipping Address

If you would like to send something via a service instead of the United States Postal Service, please send it to:

Camper Name
Cabin
Camp Lincoln or Camp Lake Hubert
23416 Camp Lincoln Road
Lake Hubert, Minnesota 56459

Cell Phones

Today, cell phones are a common part of daily life. We recognize that both campers and parents may rely on a cell phone for comfort while traveling to and from camp. We require that all camper cell phones be turned in to us upon their arrival at camp, so that they may be securely locked and stored in the camp office. Cell phones turned into the camp office will be charged and returned to the camper for their trip home.

Campers are **NOT** allowed to have or use cell phones while at camp. If a camper is found in possession of a cell phone at any time, it will be collected and mailed home to the parents at their expense.

We ask that you please support us in our decision not to allow cell phones and discuss with your camper(s) the importance of this policy, so there is no misunderstanding when they arrive at camp. Should you have questions on this policy, please contact our camp office.

Getting Ready for Camp: Together

A few things about Quality Relationships and communication to talk through as a family before the summer begins:

- Camp is a partnership. Campers, counselors, and families work together to help everyone feel supported, successful, and cared for during the summer.
- Counselors get to know you. Camp counselors read camper information ahead of time and use it to help make camp a great experience just for you.
- e-Letters and letters help everyone stay connected. Getting messages from home is exciting, and writing back is a fun way to share camp stories and feel supported while you are busy at camp.
- Photos and updates tell your camp story. Families can follow along with photos and updates that show what camp life looks like each day.
- Camp is a place to unplug. Without phones, campers can focus on activities, being fully part of the camp community, and friendships.
- Families are always within reach. Parents can contact the camp office if they have questions or need information, and camp staff members are ready to help.

PERSONAL GROWTH AND DEVELOPMENT

Campers Missing Home

Missing family members (even pets) and home are natural for children. Our staff members are trained in working with children and helping them deal with missing their family members.

Commonly, the first letters you receive may indicate a trace of sadness. **Ninety-five percent of campers experience a short adjustment period during the first few days of camp.** Soon, campers get caught up in the excitement of activities, camp adventures, and new friends. Your support of this normal process is critical to your camper's success.

How can you help your child adjust to being away from home?

- Practice overnights with family members/friends to help first-time campers get used to being away from the comforts of home.
- Please send pictures of family members and friends with your camper to camp.
- Set the goal of staying for the whole session. **Please do not tell your child that they can come home or that you will pick them up if they are homesick, as it sets them up for failure instead of success.**
- Start while your camper is still at home and help them be proud of being independent and ready for camp. Please review our camp video with them and reinforce their excitement/interest about camp.
- While your camper is at camp, please send cheerful, upbeat letters that focus on how much fun they are having and less on what they are missing at home.

What About When You Miss Your Child?

We know it is difficult for parents to be away from their child during camp, which is completely normal. We want to work together to make the experience positive for you and your child! Here are some tips from other camp parents on what you can do:

- Before your camper leaves, make a list of things you are going to accomplish while they are enjoying their camp experience (like things you have not gotten around to before now!).
- Remind yourself about why you chose our camps - try watching the camp video again to remind you of the development, growth, and independence you want for your child.
- Talk with another parent who has experienced the same feelings when their child left for the first time.
- Take time for yourself! Just like your camper is experiencing personal growth and trying new things, please be sure you do the same so that you can be reenergized when they arrive home with all their stories.
- Write your child encouraging e-letters through Companion, fax, or snail mail.

Spirituality

Spiritually, our camps are Christian-oriented, but we maintain a nonsectarian approach to our Sunday Services and spiritual programs. We have children and staff members of many faiths at camp, and we respect individual beliefs. Campers and staff members plan and present these programs and are all expected to attend all such functions. The themes of these services focus on our core values of community, excellence, fun, personal growth and development, and quality relationships.

PLEASE NOTE:

Camp Lincoln Campers are asked to wear Camp Lincoln Apparel on Sundays. This includes jackets, joggers, shorts, sweatshirts, t-shirts, etc.

Camp Lake Hubert Campers are asked to wear all white clothing to Camp Chapel. This includes sweatshirts if needed.

Getting Ready for Camp: Together

A few things about Personal Growth and Development to talk through as a family before the summer begins:

- Missing home is normal. Many campers feel a little homesick at first, and camp staff members are experienced in helping campers work through those feelings as they settle in.
- Camp helps build independence. Learning to be away from home, sticking with the experience, and trying new things helps campers grow more confident and proud of themselves.
- Feelings change as camp gets exciting. As campers get busy with activities, adventures, and new friends, those early feelings often fade quickly.
- Encouragement makes a big difference. Positive letters and messages from home help campers feel supported and excited about what they are doing at camp.
- Camp supports the whole camper. Camp programs help campers grow emotionally, personally, and socially while learning more about themselves and others.
- Spiritual life is part of the camp community. Camp includes welcoming spiritual programs that focus on shared values like community, growth, and kindness, while respecting individual beliefs.

ELECTRONICS

In a continued effort to maintain a more “unplugged” atmosphere, camp is a place to connect with fellow campers and staff members and to play outdoors. Therefore, we do not recommend that electronic devices be brought to camp. They tend to be expensive and fragile, and bringing these valuable items is done at your own risk. Camp is **NOT** responsible if any of these items become damaged, lost/misplaced, or stolen. Certain electronic devices are prohibited, including smart watches (e.g., Apple Watches, etc.).

Electronic devices and games are capable of the following and **ARE Prohibited**:

- 1) Communicating via the Internet.
- 2) Connecting to cell towers and/or operating as a cell phone.
- 3) Viewing or storing videos.

These devices can be brought to camp for use during travel, but will be placed in the camper’s valuable envelope while they are at camp.

Please Note: CD/MP3 Players/iPods (non-video models), if brought to camp, are restricted to cabin use only.

E-Readers will be permitted based on model type. However, e-Readers permitted cannot have any type of cellular internet access, nor can they have the ability to access apps, games, or movies during the camp session.

The Approved e-Readers List:

- Kindle Basic
- Kindle Paperwhite (Wi-Fi Only)
- Kindle Voyage (Wi-Fi Only)
- Kobo e-Reader Touch
- Nook Glow Light
- Nook Simple Touch
- Sony eBook Reader Tablet E Ink Pearl

Each approved model must be the version without cellular (3G, 4G, 5G, etc.) connectivity. Directors reserve the right to make any adjustments or changes to the e-Reader Policy to have it comply with our expectations, mission, and policies. Should an e-Reader become a distraction or be used improperly, it may be removed or restricted by the camp staff member.

AirTags

Apple AirTags and other tracking devices are becoming increasingly popular. We kindly ask that all AirTags and similar devices be stored in a camper’s luggage or turned in to the office on Camper Arrival Day, along with cell phones and other valuables. These devices are **NOT** to be in a camper’s backpack or physically on a camper at any time during the session. Camp is not responsible for damaged, lost/misplaced, or stolen tags, the replacement of tags, etc., or similar devices.

Getting Ready for Camp: Together

A few things about Electronics to talk through as a family before the summer begins:

- Camp is a place to unplug and be present. Time without screens helps campers focus on being fully part of camp life, friendships, and outdoor fun.
- Being unplugged helps camp feel special. Without devices, there is more time for conversations, games, laughter, and real connections with cabinmates and counselors.
- Valuables stay safe during camp. Electronics brought for travel are stored securely so campers can relax and enjoy camp without worrying about their belongings. Phones and iPad will be charged for campers prior to their departure.
- Reading can still be part of camp. Some simple e-readers are allowed, giving campers a quiet way to enjoy books during downtime.

Packing and Preparation

Welcome to the upcoming camp season! It is time to prepare your child for an exciting and safe adventure. Here are some essential guidelines to ensure a fantastic camp experience for your camper. Please keep in mind that your camper will be responsible for packing their personal belongings at the end of camp. We encourage you to involve them in packing on the way to camp, so they have a little experience before doing it themselves.

PACKING LIST

Bedding

- 2 Blankets***
- 1 Pillow and 2 Pillowcases***
- 4 Sheets (Flat)***
- Sleeping Bag - If doing a Camp Trip in 2026.

Please do not send an egg crate or mattress topper with your camper.

Clothes

- Jacket/Windbreaker
- 2 Long-sleeved Cotton Shirts
- 1 Nice Outfit for the Awards Banquet and Special Events**
- 5 Pairs of Jeans/Pants/Sweatpants
- 5-6 Pairs of Shorts
- 2 Pairs of Athletic Shoes/Tennis
- 1 Pair of Teva Type Sandals/Aqua Sox****
- 3-4 Pajamas/1 Robe
- Full Raingear/Poncho
- 10 Short-sleeved T-shirts
- Socks (enough for 2 weeks)
- 2 Sweatshirts/Sweaters

- 2-3 Swimsuits
- Underwear (enough for 2 weeks)

Miscellaneous

- Addresses/Stamps/Stationery
- Backpack (carry-on)
- Flashlight and Extra Batteries
- Flip Flops for showers
- Hat or Visor
- Insect Repellent
- Lip Balm/Sunscreen
- 2 Laundry Bags (that tie shut)
- 1 Pair of Riding Boots/Shoes with Heels*
- Sunglasses
- Water Bottle

Toiletries

- 3 Bath or Beach Towels
- Brush/Comb
- Shampoo/Soap/Soapbox
- Hand Sanitizer – Personal size
- Toiletries Basket/Case
- Toothbrush/Paste

Optional

- Ball Glove
- Board Games/Non-electronic Games/Playing Cards
- Books/Reading Material
- Camera (We suggest a disposable.)
- Hiking Boots
- Small Fan
- Tennis Racket
- Watch (Please do not send a smartwatch with your camper.)

Camp Lincoln Only

- Camp Lincoln Gear (Jackets, Joggers, Shorts, Sweatshirts, T-shirts, etc.) for Sundays at Camp Lincoln.*****

Camp Lake Hubert Only

- Crazy Creek-Style Stadium Chair
- White Shirt, Shorts, and Sweatshirt for Sunday Chapel

- * A shoe with a heel (like a hiking boot, riding boot, etc.) is helpful for horseback riding. Athletic shoes with an indentation will also work.
- ** Outfits are generally blouses, dresses, pants, and skirts for girls, and nice shorts and collared shirts for boys.
- *** Rent Camp Bedding or pack your own. Please see Bedding on the following page.
- **** Some type of foot covering is required to participate in **ALL** Waterfront Activities, including sailing.
- ***** The Camp Lincoln Store is open every day, and campers may purchase Lincoln Gear using their expense deposit while at camp.

Intro Camp Packing List

Camp provides all activity equipment — Please pack comfortable, simple items that are easy to manage

Bedding

- 1–2 Blankets***
- 1 Pillow with Pillowcase***
- 2 Flat Sheets***

Please do not send an egg crate or mattress topper with your camper.

Clothing

- 5–6 T-shirts
- 2–3 Pairs of Shorts
- 2 Pairs of Pants or Joggers/Sweatpants
- 1 Sweatshirt or Warm Layer
- 1- Rain Jacket
- 2–3 Pajamas
- Underwear (1 per day + extra)
- Socks (1 per day + extra)
- 2 Pairs of Athletic Shoes
- 1 Pair of Closed-Toed Water Shoes****
- 1 pair of riding shoes/boots with heels*
- 2 Swimsuits

Toiletries

- Toothbrush and Toothpaste
- Shampoo/Conditioner /Soap/Soapbox
- 2 Bath or Beach Towels
- Comb or Hairbrush
- Lip Balm and Sunscreen
- Toiletry Caddy or Small Bag

Everyday Essentials

- Refillable Water Bottle
- Backpack
- Hat
- Bug Spray
- Laundry Bag (Labeled)

Optional Comfort Items

- Stuffed Animal or Small Comfort Item
- Books or Simple Non-Electronic Games
- Stationery or Postcards (Optional)

* A shoe with a heel (like a hiking boot, riding boot, etc.) is helpful for horseback riding. Athletic shoes with an indentation will also work.

*** Rent Camp Bedding or pack your own. Please see Bedding on the following page.

**** Some type of foot covering is required to participate in **ALL** Waterfront Activities, including sailing.

Please Mark Your Clothing and Equipment

- **Naming Items:** Help your child's belongings stand out by labeling all clothing and equipment with their name. Visit the camp website for useful name tags and guidelines.
- **Proper Labeling:** Make sure each piece of clothing has a visible name tag, especially on hats, shoes, and inside waistbands. Use name tapes on items like blankets, pillowcases, and towels. Please do not forget to mark personal items like cameras and sports equipment. Remember to label duffel bags with full names for easy identification.
- **Importance of Labeling:** Properly labeled clothing and equipment make it easier to locate misplaced items. Unclaimed items will be donated to local charitable groups in the Spring.

Packing Instructions

- **Use Duffel Bags:** For convenient carrying and storage, opt for duffel bags. Attach the camp-provided tags with your child's name to the bags.

Clothing Guidelines

- **Play Clothes:** Encourage your child to bring clothes suitable for daily activities that may get messy. Avoid sending expensive items and clothing; the camp is not liable for damage, loss, or theft. This includes activity/sports equipment.
- **Lost and Found:** Labeled clothing and equipment left behind or forgotten will be mailed to the family at their expense.

Please remember that any personal equipment brought to camp must comply with the American Camp Association and the State of Minnesota Safety Standards.

Toiletries and Bedding

- **Toiletries:** Due to shared facilities, please bring a toiletry basket/case for easy transport to and from bathrooms. Shower shoes are also very helpful.
- **Bedding:** Ensure your child has blankets, pillows, pillowcases, and sheets. These items can be rented at camp. Please specify bedding preferences in the Camper Details Form.

We kindly ask you not to send your camper with an egg crate or mattress topper. Unfortunately, these items cannot be left at camp as they are unsuitable for disposal or donations. Please remember that everything your camper brings to camp must go back home with them. Thank you for your understanding!

Camp Is Care Package-Free!

At camp, we create a space where kids can unplug, focus on friendships, and enjoy all the joys of being outdoors. To help keep things fair and simple for everyone, we have a no-care package policy, and we truly appreciate your support in honoring it.

The best way to stay connected with your camper is through snail mail or Companion Messaging. A thoughtful letter, encouraging word, or funny story from home can brighten their day and help them feel your love—without disrupting the camp experience.

Stick to the Packing List

Our CL and CLH Camp Packing List includes everything your camper needs for a comfortable and successful stay. If something important is accidentally left behind, please contact the Camp Director before sending anything. Items sent without approval will be returned to you, unopened and at your expense.

What Counts as a Care Package?

A care package is anything beyond a standard letter. This includes books, novelty items such as AniMails™, padded envelopes, snacks, or toys.

Magazines may be sent (as reading material listed on the packing list); however, magazines such as Cosmo, Maxim, Vogue, or similar publications are not appropriate for the camp setting and should not be sent.

Pack In, Pack Out

Everything your camper brings to camp must also go home with them. We are not equipped to donate, dispose of, or store large personal items such as extra bedding, mattress pads, or rugs. If these items are brought to camp, they must be packed and returned home with your camper. Please help your camper understand that everything they bring should fit back into their bag(s) for departure.

Spread the Word

Please share this policy with extended family members, friends, and grandparents who may be thinking about sending mail or packages. Your support helps keep camp focused on community, connection, and the experience—not on things.

If you have any questions about this policy, please contact the Camp Director. Thank you for helping us make camp a positive experience for every child!

Getting Ready for Camp: Together

A few things about Packing and Preparation to talk through as a family before the summer begins:

- Getting ready for camp is part of the adventure. Helping pack before camp makes it easier to know what you have and feel confident packing up at the end of the session.
- Camp clothes are meant for fun. Camp days are active and sometimes messy, so comfortable, everyday clothes work best.
- Everything you bring should come home with you. Campers are responsible for their belongings, so packing items that fit easily back into bags is important. Remember, campers have to pack themselves as they get ready for departure with the guidance of their camp counselor.
- Labels are your best friend. Clothing and gear labeled with your name help items find their way back to you if they wander off.
- Camp is care package-free. Campers stay focused on friendships and fun, and e-Letters or letters are the best way to feel connected to home.
- Camp helps keep things simple. Packing just what is on the list makes camp life easier, more organized, and more enjoyable for everyone.

CAMP HEALTH INFORMATION

Medical Form (Online) and Physician Form (Paper)

We must have a complete and detailed health history for each child. ***PLEASE*** return the completed Medical and Physician Forms at least **THREE (3) weeks *BEFORE*** their session start date. **Your child may not attend camp without their completed Medical Forms.**

Required Information:

1. Medical Form – All sections are to be completed by a parent or legal guardian.
2. Physician Form – Should be completed by your physician/nurse practitioner.

Please notify the camp if the camper is exposed to any communicable disease within 21 days before camp and if their health conditions change after the date on which the Medical Form is signed.

There are two supplemental forms – Anaphylaxis and/or Mental, Emotional, and Social Health (MESH) – available in your CampInTouch Account, if applicable to your camper. You may also call the camp office at 218-963-2339 to request these forms.

Camp Health Service

Each camp health center is overseen by 2 to 4 healthcare staff members. Each camp is approximately 30 minutes from the nearest hospital or clinic if additional care is needed. General care and first aid supplies are available at camp at no cost. Charges related to clinic or hospital visits, items not covered by insurance, prescriptions, special medications, and trips to town will be billed to your child's account and or your personal insurance.

Campers who show flu-like symptoms, have a fever, require a private bathroom, or need constant care will be isolated in the health center. Once their condition improves through rest or medication, campers may return to their cabin and program per medical guidance.

*****If your child is prescribed medication, stays overnight in the health center, or requires emergency care, a camp health care staff member will contact you by phone or email.***

Medications and Prescriptions

The following medication policies apply to all campers.

For the 2026 Season, we have partnered with CampMeds, an external medication packaging service. All American Campers who require prescription medications or daily over-the-counter medications, including vitamins and supplements, must register with CampMeds at www.CampMeds.com at least 30 days before their session.

CampMeds Registration Fees are charged per camper: \$65 if registered by March 1, \$85 by May 15, and \$105 after May 15. Each camp has a unique registration code: LIN for Camp Lincoln and LAK for Camp Lake Hubert.

CampMeds will fill and prepackage:

- Prescription Medications (daily or “as needed”)
- Over-the-Counter Medications such as allergy medications
- Vitamins and Supplements

CampMeds cannot supply:

- Avi-Qs
- Injectable Medications (including insulin, epinephrine, growth hormone)
- Accutane or Seysara
- Birth Control
- Temperature-Controlled Medications
- Subscription-Based Supplements

Medications not supplied by CampMeds may be brought to camp in **original packaging** and will be processed by the health center upon arrival.

All CampMeds Medications are shipped directly to camp. All medications, whether provided through CampMeds or brought separately, are stored in the health center and administered by camp health care staff. Medications must be clearly labeled with the camper’s name, medication name, dosage, and physician instructions.

Campers required to use CampMeds who arrive without completing registration will incur a **\$200 Medication Processing Fee**, charged to the camper’s account, to cover additional staff member time and safety procedures.

International Campers and Special Circumstances

International Campers, and campers with medications not handled by CampMeds, may bring or ship medications directly to camp. **All documentation must be translated into English before arrival. Medication labels must match the Medical Form exactly.** Any changes must be made by a physician or pharmacist before arrival.

If medication is packed in luggage, campers must give it to a cabin staff member or a health care staff member upon arrival. This option applies only to international campers or those with Non-CampMeds Medications.

Medication Administration and Safety

*****For campers on behavioral medications, PLEASE ensure they continue their regimen throughout their time at camp, with enough medication provided for the entire duration of the stay.***

Whenever possible, medications should be scheduled for administration at breakfast unless otherwise indicated on the Medical Form. All timing instructions listed on the Medical Form will be followed.

Each health center stocks common over-the-counter medications. Please do not send these items unless your camper takes them daily or as prescribed.

For camper safety, no medications, supplements, or vitamins are allowed in cabins except approved emergency medications, such as inhalers or EpiPens, with prior director approval.

Accident Insurance Policy

A Group Accident Reimbursement Policy is provided as an added service to camp families at no additional cost. Camp Lincoln/Camp Lake Hubert exercises the greatest care and supervision for all campers.

The Group Accident Reimbursement Policy covers your child:

1. Anywhere on the campgrounds.
2. While traveling under supervision with other campers to and from approved and scheduled camp activities.
3. While traveling directly between home and camp and directly before or after the camp session.

Accident Medical Coverage has a maximum benefit of \$3,500.00 per camper. The camp will administer this coverage for the convenience of parents.

Not Covered

This accident insurance policy does not cover cosmetic or plastic surgery except as necessary for the alleviation of damage or repair due to dental work or dental treatment on natural teeth, eyeglass replacement, injury, medical examinations not incident to treatment, pre-existing conditions, pregnancy, prescriptions, preventative medicines, self-inflicted injuries, sickness or illness, or war or act of war.

Any expenses for services by a clinic or hospital regarding non-covered services will be billed directly to the parent or the parent's health care coverage policy.

Getting Ready for Camp: Together

A few things about Camp Health Information to talk through as a family before the summer begins:

- Camp takes great care of your health. Camp has a health center with trained medical staff members who help campers feel better and get back to fun as quickly as possible.
- Staying healthy helps the camp run smoothly. Campers follow routines that help everyone stay safe, rested, and ready for each day.
- Medicine is handled safely. All medications are stored and given by health staff members, so campers do not have to worry about managing them on their own.
- Help is always nearby. If a camper is not feeling well or needs extra care, camp staff members are there to help and keep families informed.
- Safety is part of daily camp life. From activities to downtime, campers learn how to take care of themselves and others in a safe, supportive environment.

EXPENSE DEPOSIT

Expense Deposit for Miscellaneous Expenditures

An additional deposit for Miscellaneous Expenditures, paid in advance, is required for your child's stay at camp. Items charged against this account may include bedding rental, cash withdrawals, laundry, medical illness, store purchases, etc. The first statement will include the estimated deposit necessary for the session in camp, as explained in your 2026 Enrollment Agreement.

Any balance remaining will be refunded, or an overdraft will be billed. A Final Statement summarizing all charges and credits for the camp session will be sent in late September.

CAMP DATES

CHECK-IN TIMES, IF DRIVING

1:00 P.M. TO 4:30 P.M.

CHECK-OUT TIMES, IF DRIVING

8:00 A.M. TO 10:30 A.M.

**** Please note that most campers have left camp via the buses, or their parents have picked them up by 10:00 am.**

Full Sessions

Session 1: Tuesday, June 16th – Saturday, July 11th

Session 2: Tuesday, July 14th – Saturday, August 8th

Half Sessions

Half Session A: Tuesday, June 16th – Sunday, June 28th

Half Session B: Monday, June 29th – Saturday, July 11th

Half Session C: Tuesday, July 14th – Sunday, July 26th

Half Session D: Monday, July 27th – Saturday, August 8th

Intro Camp

Intro A: Monday, June 29th -Friday, July 3rd

Intro B: Tuesday, July 7th - Saturday, July 11th

CAMP TOURS

In 2026, both Camp Lincoln and Camp Lake Hubert will be hosting tours for Prospective Families **ONLY**. These tours should be made by calling the camp office so that we are fully prepared to showcase our camps. Parents, family members, and/or relatives of campers enrolled for Summer 2026 will **NOT** be able to visit their campers or tour either camp during their session. Should you wish firsthand information about your child, we highly encourage you to call the camp office, and we will be happy to take a message and have your camper's staff member return the call, usually

after the next meal. If your camper's staff member is unavailable, a member of the leadership team will contact you.

Other Cote Family-Owned Places to Stay While Your Child Is at Camp

or Anytime:

While your Family is in Nisswa, Minnesota, please consider visiting...

**GRAND VIEW LODGE
Resort, Golf Course, and Tennis Club**

The Grand View Lodge Spa and Golf Resort has been providing guests with memorable vacations since 1916. It is our mission to continue the legacy of a high standard of service and a unique atmosphere that has been upheld for over 100 years. Located in the Brainerd Lakes Area, the resort's main property is located on Gull Lake and offers activities galore, deluxe accommodations, eight dining venues, full event and wedding facilities, two championship golf courses, and a world-class spa. The resort is growing and now features two indoor pools and waterslide facilities, an outdoor pool, a year-round outdoor hot tub, a 60-room boutique hotel, and over 300 different accommodation styles. It is hard not to find a reason to come to Minnesota's largest resort!

800-432-3788

www.grandviewlodge.com

While Your Family is in Tucson, Arizona, please consider visiting....

**TANQUE VERDE
GUEST RANCH RESORT**

Tanque Verde Ranch (TVR) has been providing guests with adventure and everlasting memories for over 150 years. Located at the base of the Rincon Mountains and overlooking the rolling foothills of Saguaro National State Park, Tanque Verde Ranch offers charming, southwestern lodging and is among one of Tucson's top destinations for horseback riding and other outdoor activities. TVR is also a premier location for events, meetings, and weddings. Our all-new meetings and event venue, The Barn, is sure to be the enchantment of Tucson. Whether you spend your days relaxing poolside, at the spa, or exploring new horizons on horseback, the memories created will be the reason for your return.

800-234-3833

www.tvgr.com