

Summer 2018 is almost here! Before we take out our duffel bags and pack for the summer, let us take a moment to look back at what made 2017 so great and bring that energy with us this year.

These are comments from the 2017 End of Summer Camper Feedback.

## **CAMP LINCOLN**

## CAMP LAKE HUBERT

| The Bog.  | How truthful everyone is.                              |
|---|--|
| Everyone is so nice.                                    | Dance Parties!   |
| You bond with everyone in your cabin.                   | How nice the counselors are.                           |
| I learned how to windsurf.                              | Meeting new people.                                    |
| How accepting the camp community is.                    | Trying new activities.                                 |
| How it challenged and pushed me out of my comfort zone. | Sailing with my friends.                               |
| Color Wars Part I and Part II.                          | we make new best friends.                              |
| The variety of activities.                              | getting to know amazing women.                         |
| I get to see my friends again.                          | I liked the diversity.                                 |
| the positive attitudes.                                 | The sea kayaking trip was very memorable.              |
| Living on the lake.                                     | you could be yourself no matter what.                  |
| The food is delicious.                                  | Being the fourth generation of my family to come here. |
| The freedom!  | Being in the Booster Club.                             |
| How open-minded everyone was.                           | Getting two bullseyes in a row in archery.             |

## EVERYTHING!



## SUMMER 2018 RALLY DAY DANCE THEMES

#### WHAT IS THE RALLY DAY DANCE?

During each of the four week sessions, a dinner and dance is scheduled for current (school year 2017-2018) 7th through 9th grade boys and girls. These campers get to come together for a themed dance while the Camp Lincoln Leadership Training (LT) Level 1 Participants DJ the night away.



## 1st Session – Wednesday, June 27th Hollywood on Hubert

Get ready for a formal affair on the shores of Hubert as we dance the night away while celebrating a night at the Oscars. The goal is to join Hollywood's A-List by strutting your stuff down the red carpet and smiling to the paparazzi all while joining the movie industry's showstoppers and jaw droppers. Dress to impress and dance to the best sounds of the day.



## Second Session - Thursday, July 26th Let's Rock at the Camp Lincoln Hop!

It is once again time to make the scene and go ape as Rally Day goes back to the 50s. Greasers and paper shakers are definitely welcome as we "Rock Around the Clock" to the sounds of Elvis and Jerry Lee Lewis in our poodle skirts, letterman sweaters, peepers, beehives and flattops. Word from the bird!







**Booster Item!** 

Your Booster will only count for someone who is new to camp. Siblings and new legacy campers are not included.

IF THEY COME TO CAMP, THEN YOU WILL GET YOUR MEMBER PATCH AND A PRIZE. FIND A NEW
FRIEND OR EVEN
REACH OUT TO
YOUR DISTANT
2ND COUSIN.

TELL THEM ALL
THE WONDERFUL
REASONS YOU
LOVE CAMP AND
WHY THEY
SHOULD COME.

CHECK IN TO SEE IF THEY SIGN UP. MAYBE TAKE THEM TO A CAMP MOVIE SHOWING.

FILL OUT A
BOOSTER CLUB
FORM ONLINE
AND BECOME A
MEMBER.

## HOW TO JOIN THE BOOSTER CLUB

Once you submit a Booster Club Form you will become a member.

All members will be invited to the exclusive Booster Club Party during camp, even if your friend does not come to camp.

If your friend DOES come, then you will get a prize. Work your way up the level prizes, only two levels at a time.

Level 1: Engraved Mini-Canoe Paddle

Level 2: Booster Club Blanket

Level 3: Embroidered Fleece Jacket

Level 4: NEW Camp Patagonia Backpack

Level 5: A Brand New Mountain Bike

# ARE YOU CHECK OU.

## 10 LEVE 11 CHALLENG

## **BRONZE**

Bring **FOUR** friends to camp - A Booster Patch, a Bronze Medal Certificate, and a \$150 spending spree at the camp or online store, plus a \$150 gift certificate to any store of your choice!

## **SILVER**

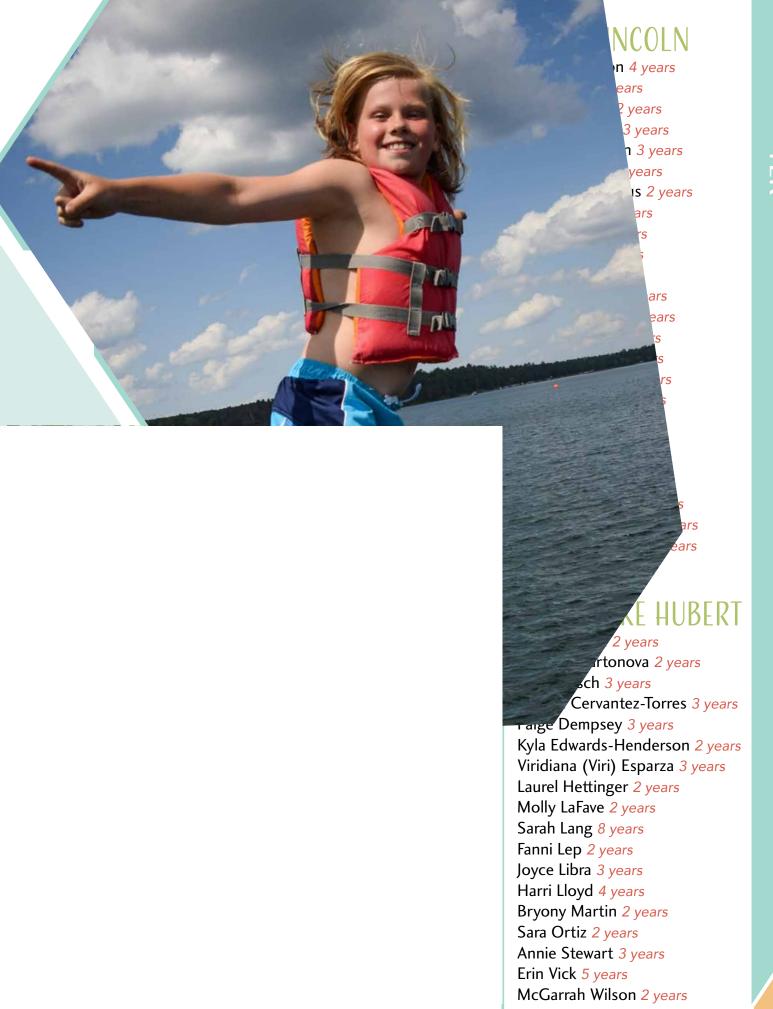
Bring **FIVE** friends to camp five tickets to a theme pa pizza and ice cream pay r Patch, a Silver Medal Certificate, ce (up to a \$400 value), and a abin!

## GOLD

Bring **SIX** friend a FREE CAMP your friend Id Medal Certificate,

I day trip with six of





CAMP LINCOLN RECREATION CENTER



## WOULD YOU RATHER

wear shorts for the rest of your life OR

wear pauts?

### WOULD YOU RATHER

portage a canoe from Camp Lincoln to
Camp Lake Hubert

OR

crawl all the way around Cake Hubert (knee pads included)?

#### WOULD YOU RATHER

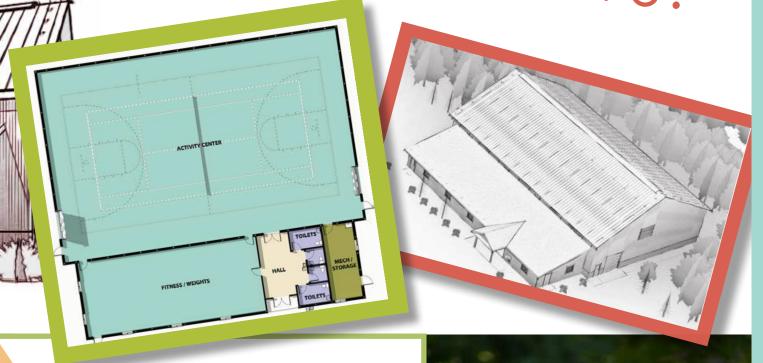
have no wifi for a month

0R

have no television for a year?



# Coming in 2018!



## WOULD YOU RATHER

have x-ray vision

OR

be able to read minds?

## WOULD YOU RATHER

have a rope swing outside every cabin

OR

a hammock?

## WOULD YOU RATHER

have unlimited money

OR

unlimited time?



How to Suspire Your Child to Be More Courageous, Curious, and Resilient

By Daniel J. Siegel, M.D. and Tina Payne Bryson, Ph.D.

ANIEL J. SIEGEL, M.D. AND.

THE

YES

BRAIN

HOW TO CULTIVATE COURAGE,
IN YOUR CHILD

"There is so much I want for my kids: happiness, emotional strength, academic success, social skills, a strong sense of self and more. It is hard to know where to even start. What characteristics are most important to focus on to help them live happy, meaningful lives?"

As doctors, we get some version of this question everywhere we go. Parents want to help their kids become people who can handle themselves well and make good decisions, even when life is challenging. They want them to care for others, but also know how to stand up for themselves. They want them to be independent and also enjoy mutually rewarding relationships. They want them to avoid melting down when things do not go their way.

Whew! That is quite a list, and it can put a lot of pressure on us as parents. So, where should we focus our attention?

Our book, "The Yes Brain", is our attempt to offer a response to that question. The essential idea is that parents can help children develop a "Yes Brain," which produces four key characteristics:

- Balance: the ability to manage emotions and behavior, so kids are less likely to flip their lids and lose control;
- Resilience: the ability to bounce back when life's inevitable problems and struggles arise;
- Insight: the ability to look within and understand themselves, then use what they learn to make good decisions and be more in control of their lives;
- **Empathy:** the ability to understand the perspective of another, then care enough to take action to make things better when appropriate.

In "The Yes Brain," we discuss practical ways you can nurture these qualities in your children and teach them these important life skills. You really can help your kids become more emotionally balanced, more resilient in the face of struggles, more insightful when it comes to understanding themselves, and more empathic and caring toward others.

This science-inspired approach is about helping kids say "yes" to the world. It is about encouraging them to open their minds to new challenges, to new opportunities, to who they already are and all they can become.

If you have ever heard Dan speak, you may have participated in an exercise where he asks his audience to close their eyes and pay attention to their bodily and emotional responses when he repeats a particular word. He begins by somewhat harshly saying "no" over and over again. He repeats it seven times, then switches to "yes," which he says much more gently, again and again. He then asks the audience members to open their eyes and describe what they experienced.

They report that the "no" portion of the exercise left them feeling shut down, upset, tense and defensive, whereas when Dan repeated the affirming "yes," they felt open, calm, relaxed and lighter. The muscles of their face and vocal cords relaxed, their breathing and heart rate normalized, and they became more open, as opposed to restricted or insecure or oppositional. Feel free to close your eyes now and try the exercise for yourself. Maybe enlist the help of a relative or friend. Notice what goes on in your body as you repeatedly hear the word "no" and then "yes."

These two different responses—the "yes" response and the "no" response—give you an idea of what we mean when we talk about a "Yes Brain," as well as its opposite, a "No Brain". If you expand that and think about it as an overall outlook on life, a "No Brain" leaves you feeling reactive when you interact with people, which makes it nearly impossible to listen, make good decisions or connect with and care for another person. A focus on survival and self-defense kicks into gear, leaving you feeling guarded and shut down when it comes to interacting with the world and learning new lessons. Your nervous system initiates its reactive fight-flight-freeze-orfaint response: fight means lashing out, flight means escaping, freeze means temporarily immobilizing yourself, and faint means collapsing and feeling utterly helpless. Any of these four reactive responses to threat can

become triggered, preventing you from being open, connecting to others and offering flexible responses. That is the reactive "No Brain" state.

The "Yes Brain," in contrast, emerges from different circuits in the brain that become activated and lead to receptivity rather than reactivity. Scientists use the term "social engagement system" to refer to the set of neural circuits that help us connect openly with others—and even our own inner experience. As a result of receptivity and an active social engagement system, we feel much more capable of addressing challenges in a strong, clear and flexible way. In this "Yes Brain" state, we open ourselves to a sense of equanimity and harmony, allowing us to absorb, assimilate and learn from new information.

"The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child," by Daniel J. Siegel, M.D., and Tina Payne Bryson, Ph.D., is available now.

## HERE ARE SOME QUICK TIPS FOR BUILDING A "YES BRAIN"

#### Ralance

- Maximize the amount of sleep your child is getting.
- Serve a healthy "mind platter" by balancing the family schedule.

#### Resilience:

- Instead of extinguishing problematic behavior, listen to the message then build skills to solve the problem.
- Shower your kids with the "Four S's"—Help them feel Safe, Seen, Soothed, and Secure.
- Teach mindsight skills—Show kids how to shift their perspectives so they are not victims to their emotions and circumstances.

#### Insiaht:

- Reframe pain—Ask kids, "Which struggle do you prefer?"
- Avoid the "Red Volcano Eruption"—Teach kids to pause before "erupting".

#### **Empathy:**

- Establish a language of empathy—Provide a vocabulary that communicates care.
- Expand the "Circle of Concern"— Increase your child's awareness of people outside their most intimate connections.

#### Dear First-Time Parents

Becoming a first-time camp parent is a big step. You have done your research, you have picked a camp and now you wait until the big arrival day. You might find that questions are constantly coming to mind or that you hope you packed all the right supplies. Here is the catch - it is going to be just fine. It is actually going to be more than fine. Your child is getting ready to go to summer camp and embark on an adventure that will shape their lives for an amazing future. Even after this pep-talk, you might need just an extra push to get you ready for the summer. That is why we have asked some of our first-time camp parents from 2017 to offer some advice.

## Laura Smith; Mother of Alec Smith INTRO 1 AT CAMP LINCOLN Saint Paul, Minnesota

My son heard about camp from other boys at his school and he approached me about attending. I had already heard of Camp Lincoln and was perfectly happy to let him give it a try. I was surprised he wanted to attend alone!

I happened to be in the area, so I dropped by the camp in May, before the first arrival day. Although it was the end of the day, the staff answered my questions and offered me an informational video to show my son. I felt more at ease having set foot in the office and on campgrounds. When we arrived to check my son in on arrival day, I was immediately impressed by the attention we got from the staff. In the parking lot, there were multiple staff standing around waiting to be of assistance, and their cheery greetings were genuine and reassuring. After his all too brief time at camp, I was pleased to see my son being more optimistic, friendly, open-minded, game to try things, and responsible for himself.

My friend advised us to send along a camping foam mat to help if the bed was uncomfortable. That was very handy, and I would suggest that to any first-time camp parent. I would also advise sending some pictures for your child to hang around their bed. We attached ours with painter's tape, so they left no mark.

Alec loved his time at camp and left wanting to try more activities. He really wanted to try overnight camping. Luckily, as a two-weeker, he can try more activities and go overnight camping with his cabin this coming summer.



#### Nicolas Jourdain; Father of Philou Jourdain 2W2 AT CAMP LAKE HUBERT Paris, France

There are many reasons why we sent our daughter to camp. A few of those reasons include: learning to live in community with other children under the responsibility of adults, developing maturity and building strong friendships, living and playing in a breathtaking environment, as well as improving her English.

# Camp sent us letters throughout the session about how our child was succeeding in her skill development and how she was integrating into camp life. It was awesome to know that our child was living exceptional moments that will remain etched in her memory.

My advice to a first-time parent would be to have confidence in the whole staff. They have great experience creating an unforgettable summer for your camper. We love knowing our child is living in a community and making friends in an exceptional place and having an incredible adventure.

DO YOU WANT TO HEAR MORE?
PLEASE VISIT OUR CAMP BLOG FOR ADDITIONAL ADVICE
AND STORIES FROM FIRST-TIME PARENTS.

Are you ready to have an amazing adventure this summer? We are going to have an awesome time! Some of our 2017 First-Time Campers want to make sure of that, so they have some insider tips to help you hit the ground running.

# DEAR FIRST-1 CAMP LINCOLN

JOE KELLY - 4W2 Wilmette, Ollinois

I was so excited that it was finally my turn to go to Camp Lincoln. I have four older brothers and all but one of them went to Camp Lincoln. I do not remember dropping my brother Christo off at Camp Lincoln in 2011. My mom likes to tell the story of how I disappeared for a bit and they later found me playing games with some older kids. I did not want to leave!

Finally, it was my turn in 2017. I signed up for riflery and archery right away. I also tried horseback riding and I loved it. We do not have horses at home, so it was fun trying something new. I loved it so much that I signed up for saddle crew. We woke up at 5:00 a.m. to take care of the horses and the stables. I earned a bunch of awards for riding and want to keep trying this coming summer.

Camp is awesome. The counselors are great and so are the kids. There are tons of activities, so you never get bored. I was happy to be back at home and see my mom and dad, but I really miss camp. I cannot wait to go back this summer.

#### JAMIE NELSON - 2W3 Cas Vegas, Nevada

My first summer was interesting, fun and a little crazy! A very important time at camp is the first day before dinner. This is where you can have fun and bond with some of your cabin mates. These friendships will be important throughout the session. Camp Lincoln is unique, with kids from different countries, which brings diversity to Camp Lincoln. Hanging around with the kids and counselors is fun.

## JAMESON SCHNEIDER – INTRO2

East Grand Rapids, Michigan

Camp was really fun and exciting. I cannot wait to go back this summer! What I love about camp is that you can sit back, relax, listen to your counselors, and have a great time! You are so busy having fun, you do not have much time to miss home. Not to mention, I loved the activities! Riflery and pottery were my favorite.



IME CAMPERS

CAMP LAKE HUBERT

WINNIE ORTH - 2W3
Winnetka, Ollinois

My first summer at Camp Lake Hubert was the best summer of my life. It was filled with many fun activities. Some of the outstanding activities that I participated in were paddleboarding, waterskiing, windsurfing, decoupage, and archery.

Some advice that I would share with first-time campers is to go to sleep early and get enough sleep for all the exciting activities. I would tell campers to put loads of bug spray on so that they are protected from the bugs. You want to enjoy every moment. Do not waste time being homesick because you only have two great weeks there!

My favorite part was meeting friends from all around the world. I met someone from Russia! These friends make you feel welcome and they turn into family. I am lucky that I had the opportunity to spend my summer at Camp Lake Hubert. I loved it so much that this year I am going for a month. I cannot wait for summer!

#### HAILEY FEUCHT - INTRO2

Rosemount, Minnesota

My first summer at camp was so much fun! There was always something to do. First-time campers should try a lot of activities. I tried horseback riding and found that I loved it.

## ELLIE LUCAS – 2W4

Denver, Colorado

My first summer of camp was really fun. I liked having more independence at camp, like making my bed every morning and tidying my chalet (sleeping room). It taught me to stay on task with a schedule, like having a certain amount of time to get ready before setting tables in the dining hall. If you wanted to do fun activities like polar bear swim or saddle crew (barn work), you had to learn how to wake up early. I want first-time campers to know that being away from home could be scary, but it is not as scary as it seems.

The counselors are always there to help you. I always felt included with my cabin mates and made some nice friends. My favorite part of camp that I hope first-time campers will love too is swan jumping (a two-story pontoon boat). It was so cool being out in the middle of Lake Hubert for the first time. It was fun watching other people jump off the top. While I did not jump off the top this past summer, I plan to next summer!

# 2018 CAMPERS AS OF FEBRUARY 23, 2018

Nate Abbott Rachel Abbott Drew Abbs Jamez Abdul Allie Abel Jack Abel Benjamin Ackerley **Hunter Ackerley Barrett Adams** Marin Adams John Adkins Caitlin Ahluwalia Eli Ailloni **Betsy Alcorn Emily Alexander** Sophia Alexander Anders Allen Berit Allen Pittman Alley Allie Allocco Frannie Alshouse Madeleine Alshouse Peter Alshouse Wenona Alshouse Santiago Alvarez Tostado Estrada Jose Pablo Ancira Guizar Linnea Anderson **Avery Anderson** Gabby Anderson Groethe Nicholas Anzalone Lauren Armstrong Max Armstrong Olivia Armstrong

Gus Aronsson

Marianna Atwood Jorge Ayala Gonzalez James Backstrom Margaret Backstrom **James Bae** Aarushi Bahadur Sabrine Bahi Dani Baig Haaris Baig Katherine Baker Lindsay Baker Whitney Baker Rhea Balachandran Ainsley Baldridge Avery Baldridge **Emmett Ball** Maddie Ball Summer Bannigan Charlie Barber George Bashaw Henry Bashaw William Bashaw Brandt Baskerville Clarke Baskerville Charlie Battel Kate Baur Malcolm Bean **Ashley Beans** Greta Becker Natalie Becker-Stevens Owen Bednar Alexis Bender

Leo Bender

Chloe Benson

Griffin Benson Sophia Benson Viv Benson Augusta Berg Malcolm Berg Katie Berges Hailey Bergeson Ayla Berman Coco Berman Stella Berman Ava Beverly Kyla Beverly Sydney Biagiotti Stella Birdsong Ben Bishop Ella Blackford Walker Blake Coco Bland Georgia Bland Sawyer Bland Greta Blaugh P.J. Block Vanessa Block Bo Blount **Houston Blount** William Blount Noah Blue Parker Boback Clint Bogart Laura Bogart Eleanor Boger Ady Borchert Charlie Borchert Ilsa Borgen Gabo Bortoni Navarro Ronan Borus **James Bouchard** Matthew Bouchard Sydney Bouchard



Scott Boutry Ella Bowers Cat Bowman Addison Bowser **Avery Bowser** Logan Boyd Olivia Boynton Orlando Boynton Gus Bradford Cassius Bradford Isabel Bragg Luci Bransel **Erol Bratt** Lyssa Breiland Micah Breisch Kassidy Brenner **Andrew Brennick** Logan Brick Ava Briese Blake Brislin Hastings Brislin **Teddy Broder** Victoria Brown Crawford Browne Hillman Browne Jameson Bryant Ruth Buchner

Lily Buckingham Max Bunten Anna Burroughs Josh Burroughs Nick Burroughs Rex Burstein Cecelia Burt Max Burton **Audrey Buss** Owen Buss **Grayson Butler** Emilia Calamari Iohn Calamari Reid Calamari Harper Calkins Marin Calkins

Coco Callahan

Poppy Callahan

Tessa Caputo

Euge Camarena Gonzalez Alexa Campbell

Chloe Campbell William Campbell Alec Canaday Declan Canaday Corde Canavati Perez Cristobal Canavati Perez Alexandra Canmann Jack Canmann

Winnie Carmichael

Ava Carroll Riley Carroll Henry Carstens Will Carstens Caleb Cassidy Roan Cassidy Jack Castelli Kate Castelli Luke Castelli Johnny Castro Scottie Caswell Christian Cauvel Liam Cavanaugh Michael Cavanaugh Ryan Cavanaugh Maria Chapa Farias

Rachel Chapa Farias Kai Chastain Henry Cheatham Campbell Chesney

Ella Cho

Coco Christopher Renna Church Ava Ciresi Caitlin Ciresi Vincent Ciresi

Bruno Clariond Garza Mauro Clariond Garza Fede Clariond Rodriguez

Kristen Clay Samantha Clay Pauline Clayman Bridget Clennan Carrie Clennan Henry Cline Coco Close **Beckett Cobb** Claire Cochrane JT Cochrane Abby Cohen Ava Cohen Brennan Cohen Gracie Cohn Jackson Cohn Henry Colbert Nate Colbert Ned Colbert III Robby Coleman Abby Colodny Zach Colodny Kenny Conklin Snowden Connor

Clara Conrad

Matthew Cook

Caroline Coors

**James Coors** Maggie Coors Aida Coppo Drew Corchran Charlie Corchran Dylan Corrigan **Audrey Cote** Sam Cote Lyla Cotter

Anna Claire Courtney Carly Courtney Marisse Covin Anna Craig Colin Craig Olivia Craig Jenna Crosswhite Liam Crowley

James Cunningham Isabella Curiel Sarinana

Caroline Currie Davis Currie Nate Currie Hayden Dahlof Ellie Dale-Rusk

Alexandra Dalrymple-Roth

Henry Danis **Jackson Davis** Trey Davis Brenna Davison Jayce Dayton Kelly Dayton Allison De la Garza Diego De la Garza Guzman

Anders Dean Blythe Dean Laurel Dean John Degnan Nadia Degnan

Tommy Deignan Lilly Denney Sarah Depp

**Leyton Dewing** 

Andres Diaz Infante Camarena

**Emily Dickey** John Dickey Milly Dickherber **Daniel Dickinson** Samantha Dimler Joaquin Doehner Coindreau

Sofia Doehner Coindreau

Harmony Drake **Juliet Drake** Jack Drawz Ian Dredge Daphne Dresner Caroline Drew



Lizzie Drew
Henry Drew
Charlie Duchene
Jamie Duda
Taylor Duda
Fritz Duda III
Erin Duggan
Jack Dunham
Emily Dunn
Jack Dunn
Eliza Dupps
Roman Dupps
Cricket Dur

Collin Durbin
Blake Durham
Ariana Dvorak
Benjamin Dvorak
Bernie Dvorak

Caroline Dylewski Lukas Eaton

Julia Egtvet
Phee Ehlers
Grace Elder
James Elder

Elena Elfstrum Wyatt Elfstrum Eva Elizondo Marcos

Floria Elliott
Brooke Elmquist
Ford Elmquist
Hillary Elmquist
Quinn Elmquist
Henry Elser
Erica Engelhardt
Benjamin Epps
Madeline Epps

Matty Erickson Meg Erickson Avery Erwin

Elle Epstein

Cooper Erwin
Elsa Eugster
Lily Evans
Elizabeth Eyler
Justin Fagelson
Anna Farley
Maggie Farley
Mark Farley
Will Farver

Brendan Faulkner Teddy Fedorinchik Tommy Fedorinchik Rebecca Feiner Whit Ferlic Emilio Fernandez Julio Fernandez Santiago Fernandez

Alexis Ferrer Hailey Feucht Betsy Figge Michael Figge

Noah Findlay McDougall

Mallory Fischer
Morty Fischer
Lola Fisher
Hutton Flakne
Campbell Fleming
Linley Fletcher
Lucy Fletcher

Adrian Flores Gutierrez

Abbie Forman
Parker Forsyth
Charles Foster
Jules Foster
Miles Fowkes
Charlotte Fowle
Dillon Fowle
Kaya Fowler
William Franden
Beatrice Franklin
Andre Freccia

Adrian Frias Martinez Maddy Frieman Maeve Frisella Lucy Fromm Grant Gaechter Lilly Gaechter Caroline Gainer Charlie Gainer Kate Gainer

Danny Garcia Moreira Cristobal Garcia Munoz Raul Garcia Munoz Alina Garcia Serna

Lily Garrido Nolan Garvin

Isabela Garza Gonzalez

Adriana George Elli George Ava Gerbig Griffin Gerdeman Sophie Gerdeman Caiden Gerhardson

Sanjay Gerry Shanti Gerry Ella Gershon Jackson Gilbert Layla Gilbert Lilly Gilbert Joy Gilbertson Tate Gilbertson

Ali Girk

Eloise Gitchell Gray Gitchell Owen Gitchell Evan Glade Jack Gleason Mackenzie Gleason Paige Gloudemans

Zeke Glynn Maeve Glynn Emily Goetz



Sarah Goetz Cecy Gonzalez Garza Chuy Gonzalez Garza Jesus Gonzalez Garza Paloma Gonzalez Mattei Lorenzo Good Paloma Good Grace Grabowski Lucy Grabowski Sophia Graeber Lillian Graham Alex Grant Ainsley Greenhaw Milly Greenhaw David Griffin Henry Griffiths **Annabel Grinney** Katherine Grinney

Will Gruidl Andrea Guajardo Martinez Baby Guajardo Martinez Mariana Guajardo Salas Pau Guajardo Salas Piper Guilbert Diego Guiot Greta Gundy Natalie Gundy Addison Gunther **Annalise Gunther** 

John Grove

Stephan Gustafson Valeria Gutierrez Ramirez Sam Haddad Addy Hager Ellie Hager Anika Hahn Evan Hahn Margaret Hake Lauren Hall Lucy Hall Ouinn Hall Shira Hanovich Elsie Hansen Paulina Haraszti Maddy Harbison Quinn Hardy Sam Hardy lackson Harr Charlie Harre JJ Harrigan Sophia Harrigan

Cameron Harry

Lucia Heathcote

**Hudson Hart** 

Noah Hecker

Carolyn Heindl

**Josie Heinen** Olivia Heiss Paige Helmer George Hemingway James Hemingway Emerson Hendren Spencer Hendren Izzy Henrich Jackson Henrich Ellie Henry **Gunnar Henry** Nina Henry Annika Hensel Matthew Hensel Nickolas Hensel Stella Hernandez

Cordelia Hernandez Garcia

**Emmie Hicks** 

Mackenzie Highfield Hannah Hockman Lindsey Hockman Abby Hodder Alan Hodder Adam Hoefel **Bridget Hoefel** Sebastian Hoehn Brayden Hoel-McKenzie

Gus Hoffman Bridget Hogan Louisa Holzbeierlein

Cece Hood Owen Hornberger

Ella Hornig Sophie Hornig Will Hornig **Evan Horton** Hayden Hoster Makayla Houston **Schuyler Houston** Lydia Hronski Cameron Huff Corley Huffman Jake Hulse Jimmy Hulse MC Hulse Simon Humke Ellie Humphrey **Tatum Humphrey** Lindsay Hutt

Ryan Hutt Grey Iden Finn Ihlanfeldt E Ikelheimer

Geri Ikelheimer Jocelyn Ingbretson Logan Ingbretson

Sophia Ingerto Lilly Jacks Tatum Jaffe Tiki Jaffe Adrianna Jastrow Finn lensen Mac Jensen Fiona Jobson Amari Johnson Caroline Johnson Drew Johnson Ella Johnson Gracie Johnson Gyrffin Johnson Henry Jonson Jack Johnson Jane Johnson Jeanie Johnson Kate Johnson Lilly Johnson Liza Johnson Lucy Johnson Michael Johnson Nina Johnson Sally Johnson Tate Johnson Waitman Johnson Zara Johnson Philou Jourdain Addy Justice

**Avery Justice** Marcelo Kalifa Villarreal Alex Kalish

Sam Kalish Caroline Kane Addie Kanouff Will Kanouff Katie Kapacinskas Robbie Kapacinskas

Sam Karber Nik Karvelas Karina Kastelic Keira Kastelic Isaac Katter Trixie Kay Holly Keir Grayson Kelly Jack Kelly Joe Kelly Kaitlyn Kelly Julia Kennedy Alex Kepler Aaliyah Khimji Ella Kingsley Rosie Kingsley

Charlie Kirkland



Laura Kirkpatrick Anna Kleewein Oona Kling Caroline Knaggs Isabella Knaggs Maddy Kolb Bennett Koster Gigi Koster Stribling Koster Alexander Kouchoukos Kate Kouchoukos Tommy Kouchoukos Amelia Kremer Cole Man Krochmal Zane Krochmal Sophia Kropp Kingsley Kryska

Xander Kryska Elle Kully Lily Kully Alex Kuster **Jack Kuster** Will Kuster Katya Lackey Marcus Lacy **Dow Lafevers** Zoe Lafferty Alexander Lahti Daniel Lahti William Lahti Ian Laiter Annie Lajoie Gracie Lajoie Jack Lambert Lorelei Lamers

Anton Lang Peterson Amelia Lang-Fallon Marce Lankenau Gonzalez

Connor Lane

Izzie Larsen Jack Larsen Gunnar Larsson

Beatrice Laterman Camilla Laterman Cyrus Laterman

Mia Latz

Kailee Lawrence Lucia Lazarus Theodore Lazarus

Avery Lein
Hector Lein
Samuel Lennox
Sam Leonard
Zachary Lerner
Davis Lesher
Graham Lesher

Laura Levescy Maggie Levescy Lexi Levin Leah Lewis Ellie Lin Annika Linnet

Britt Lochhead

Myla Locke Benjamin Lominska Sophie Lominska

Antonio Lopez De la Torre Claudia Lopez De la Torre Eugenio Lopez De la Torre Vero Lopez Elizondo

David Lozano Diaz Ellie Lucas Leighton Lunetta Lizzie Lurie Quinn Macejko Matthew MacEntee Gray MacMillan Harriet MacMillan

Abraham Lower

Sylvie Mague Riley Mahoney Ellie Maiberger Julia Malygin Isabella Manley Maria Manley Sophia Manley Bret Margolis Lola Margolis James Margulis Kate Margulis Elise Mariano Aiden Marin

Mimi Mague

Ella Marshall
Keira Marshall
Macallan Marshall
Sophie Marshall
Bill Martin
Brynn Martin
Lars Martin
Alesia Martinez Orte

Alesia Martinez Ortega Diego Martinez Ortega Valeria Martinez Ortega Sofia Martinez Torres Molly Martini Alexandra Martz

Azara Mason Mary Maus Cameron McCarthy Kathryn McCarthy Campbell McClamroch

Maddie McDermott

Max McDermott
Drake McDill
Griffin McDill
Waverly McGee
Charlotte McIlnay
Liam McKee
Lilly McKee
Michael McKee
Robert McKee
JJ McKenna
Kaitlyn McKeon
Kylie McKeon
Morris McLiney

**Peter McLiney** Rosie McLiney Cate McMorrow Maisie McMorrow Sophie McMorrow Maeve McNulty Alex Meek Zoey Mehmert Addie Mendelson Eloise Mendelson Dylan Meredith Jack Merrill Klara Meyer Sam Mikula Mikaela Mikulec Emerson Milchman Cooper Miles Sophie Miles

Mackenzie Mill Aly Miller **Anabel Miller** Ava Miller Clo Miller Lizzy Miller Finn Miller Jay Miller Jordan Miller Iulia Miller Keira Miller Liam Miller Margaux Miller William Miller Adele Milligan Christian Mills lade Mills Stewart Mills IV Travis Mills Jr Annalee Miner Cabot Miner

Bo Mingenbach

Chloe Molins

Nicole Molitor

Suzie Mondragon

Romeo Monti
Billy Morgan
Peyton Morley
Bianca Morris
Levi Morris
Tate Morrison
Vale Mota Guerra
Ingrid Mrachek
Romina Muela Sanchez
Eloise Muellerleile
Felix Muellerleile

Eloise Muellerleile
Felix Muellerleile
Angus Muldoon
Lydia Muldoon
Brianna Mulrooney
Jero Munoz Castillo
Vic Munoz Castillo
Henry Murchinson
Nola Murchinson
Helena Murphy
Lucia Murphy
Gia Musacchio
Ben Myerburg

Eugenio Najera Gomez Andrew Nelson Cooper Nelson Emilia Nelson Jamie Nelson CJ Newman Joshua Newman Luke Newman Gia Neyens Lola Neyens John Elliot Nichamoff

Reece Myers

Bennett Nientimp Mas Nigro

Uma Nigro Hayden Nordstrom

RJ Noyes

Lauren Nygaard
Helen Oblonsky
Andres Ochoa Galvan
David Ochoa Galvan
Kellen O'Connell
Anna O'Donnell
Danny O'Hara
Daphne O'Hara
Abby O'Keefe
Ben O'Keefe
Claire O'Keefe
Faye Okesson
Graham Olbers

Owen Olbers

Kenzie Orloff

Lucas Ortegon

Francie Orth

Winnie Orth
Alejandro Ortiz Paez
Caroline Owen
Peter Owen
Lila Pallesen
Graham Papenfuss
Milla Papenfuss
Colleen Park
Oliver Parker
Walker Parks
Lauren Paschke
Colt Patterson
Isaac Patterson
Eva Pavlova

Emme Peace Lia Peace Bennett Pearce Harrison Pedrero Francesca Pellicano

Ethan Peltier Eleanor Perrigo Abbey Perry Kenny Perry Nel Peter

Ashton Peterson Miles Peterson **Josset Pflaum** Carlo Piccolo Diego Piccolo Luly Piccolo Iulianna Pickett Kate Pickford Paisley Piepgras Sally Pierce **Daniel Pino** Quinn Piper Gabriel Pizarro Addie Placzek Grant Placzek Olivia Platt **lack Pohlad** Parshall Pollnow Caroline Potter Nora Potter Owen Potter

Caroline Potter
Nora Potter
Owen Potter
Jeffrey Pratt
Lucia Prchal
Alex Precourt
Luke Precourt
Ellis Preissing
Quinn Preissing
Kyndra Preston
Peyton Preuss
Taylor Preuss
Addison Price
Holly Priest

Rene Puerto Alfaro Isabel Pyle Ava Quinn

Arturo Quinonez Guerra Caro Quinonez Guerra Alvaro Quiroga Elosua Oliver Raff

Oliver Raff
Payne Raff
Reese Rafferty
Sam Ramey
Lily Ramos Jimenez
Katherine Randall
Sophia Randall
Harper Randolph
Nathan Ranum
Alexandra Rao

Ivah Rao Logan Reitzner

Blake Reuter Annie Reynolds Roselene Reynolds Boden Rice

Wilson Rice
George Richards
Lucas Richardson
Sofie Richardson
Owen Ricker
Jack Rimel

Jack Rimel
Kate Rimel
Charlie Rippey
Sam Rips
Finley Ritchie
Piper Ritchie
Brooks Rixson

Laurianne Robert Charlotte Robertson Josephine Robertson

Juliette Robertson Gavin Roby

Sebastian Rodriguez Lobeira

Laura Rogers
Lily Rogers
Molly Rogers
Nati Rojas Gayon
Richard Romans
Finley Romer
Marielle Roselli
Frank Ross
Izzy Ross
Lilly Ross
Ruby Ross

Ruby Ross Alisha Roth Karina Roth Anna Rowekamp

Owen Rowekamp Elena Rubens Goldfarb



Chloe Rubinger Liv Rucker Griffin Rudolph Parker Runquist Emma Rush Lucy Rush Anna Russ Jack Rustum Cade Ryan Carter Ryan Carter Ryan Emilia Ryan Jack Ryan

Mau Salinas Sanchez Maggie Sampsell-Jones

Eloise Sampson William Sampson Wyatt Sampson

Otis Ryan

Roberta Sanchez Barraza

Emily Sands
Katy Sands
Matthew Scharbo
Emily Scheuer
Caroline Schmale
Eliana Schmelz
Maria Schmelz
Jameson Schneider
Landry Schneider
Lexi Schoenecker
Kate Schoenfeld
Stephen Schoenfeld
Caroline Schroeder
John Schroeder

Jack Schurtz-Ford Sammy Schwartz Carter Scott Sid Scott Katie Sears Livvy Sedillo Charlie Seeger Caleb Seeland Olivia Selden Faith Semeleng Ashby Semple Callie Sharfstein

Will Schroeder

**Andrew Schulz** 

**Aubrey Schurtz** 

Josh Schulz

Josh Shriver Ella Shropshire Maya Shropshire

**Quinny Sherry** 

Jake Shriver

Fi Sieck

Vera Sieck
Mallory Siedschlag
Eloise Sigworth
Weston Sigworth
David Simmons
Thomas Simmons

Elliott Simon
Jackson Simon
Chattin Simpson
Keely Simpson
Kavi Singh
Alec Smith
Alli Smith
Charlotte Smith
Clay Smith

Charlotte Smith
Clay Smith
Harry Smith
Billy Smith
Payton Snaza
Annabelle Sogard
Addison Soroka
Riley Soroka

Michaela Soucy Finn Spaulding Will Sperling Abbott Spiller Tobin Spiller Michael Springer Ethan Stabenow Paige Stabenow

Kai Stackpole Trey Stackpole Leila Stadler Helena Stafford Owen Stafford Lily Stankowski

Hunter Staufer Kai Staufer Parker Stava Noah Stern Patrick Stern Sophie Stern

Joe Stanton

Will Stern Brookelyn Stevens Kendall Stevens Emma Stewart Maggie Stewart Michael Stewart Nelson Stewart

Abby Stiegler Jacob Stiegler Lauren Stiles Frances Stokes Ruthie Stokes Vivian Stokes Sadie Storie Milo Stout Sophie Stowe Wyatt Strasburg Aspen Stull

Elizabeth Stutsman
Carter Susman
Christian Sutter
Clark Swanson
Eleanor Swanson
Louisa Swanson
Max Swanson

Noah Swanson Chloe Swildens Johan Swildens Saskia Swildens Hannah Tarpey Ryan Taylor Erica Terrion Payton Terrion

Ian Thomas
Luke Thomas
Molly Thomas
Nick Thomas
Finn Thompson
Nora Thompson
Paige Thoreson
Helen Tieder
Parker Tix
Riley Tix

Faith Toner

Julian Toomey

**Steel Tornatore** 

Lilly Tourville Fer Trevino Plancarte

Emilia Triebold
Carson Tucker
Isabelle Tufty
Kate Tupling
Abby Tutterow
Boone Tutterow
Ella Tutterow
Heidi Unser
Daphne Urquidez
Mae Urquidez
Kaitlin Vagra
Grady Van Buren

Grady Van Buren
Gram Van Buren
Sasha Van Den Berg
Arthur Van Geertruyden
Hendrik Van Geertruyden
Kristian Van Orden

Kristian Van Orden
Camila Vega Rodriguez
Luisa Vega Rodriguez
Charlie Ver Eecke
Emily Ver Eecke
Connor Vigso

Fidel Villarreal Elizondo Gabriel Villarreal Elizondo Luciana Villarreal Franco Miranda Villarreal Franco Aidan Viste Drake Vogelpohl Margaret Vogelpohl Eva Voyakin Mila Voyakin Zoe Wagner Catherine Walker Ruby Walker Beth Walsh Shea Walsh Max Wanger **Ayslin Wanless** Lizelle Wanless Layton Ward Aiden Wareham Lachlan Warford Wallace Warford Gavin Warren **Nate Waters** Tessa Weaver Henry Webb **IC** Weeks Lyla Weeks Harper Rose Wegener Henry Wegener **Ethan Weiss** Martin Weiss Claire Welch Carter Wells-Wanlass **Jackson Wells-Wanlass** Ouinn Welter Alex Wendt **Jackson Werner** Hayden Wert George West Jack West **Betsy Wetherall** Ari Whalen Cate Whalen Charlie Whalen Corey Whalen Deg Whalen Seamus Whalen Will Whalen Jonathan Wheeler **Peyton Wheeler** Jimmy White Max White-Vilmouth Mia Wichman Will Wichman

Anderson Wiener

Luke Wiley

Griffin Williams Claudia Williamson Caroline Wilson **Curtis Wilson** Max Wilson Whitney Wilson Henry Wing Patrick Wing **Andrew Winkels** Blake Winkels Henry Winland Henley Wismer Jeff Witwer **Robby Witwer** Ruby Wold BJ Wolf Mack Wolf **Brownie Wolf** Kiki Wood Roman Wood Will Wood Jackson Woodley Lane Worthing Rich Worthing Jack Wozniak Peilia Wu Qinming Wu Lhotse Wyckoff Payton Wyckoff Genevieve Wynne **Eva Xioutas** Nan Yoder Oliver Young Zander Young Alexa Youssi Trevor Youssi Clara Zach Gabriel Zach Annie Zachritz Patrick Zawieruszynski Andrew Zbaraz Christiana Zehr Christopher Zehr Ziling Zhou Landon Zock Nano Zubiria Ayala

Charles Zwillenberg



## ARE ALL YOUR FRIENDS ON THIS LIST?

9f иот, it is not too late!
Please reach out to your
friends and encourage them
to join you this summer.

You can even "booster" them for the opportunity to receive a cool prize.
See pages 4 and 5 for more information.





Have you ever wanted to own property on Lake Hubert? H
Camp Lincoln Waterfront? Or maybe the Camp Lincoln Climbing archery range? Well, now you can. That is right; Monopoly is coming to L
this summer. Our new special day will feature a different kind of competit
focused on strategy, decision making, business acumen, and a little bit of luck.
Who will accumulate the most valuable Camp Lincoln Real Estate Empire? Can
anyone bankrupt Old Man Ruggs and force him to move into Apache Cabin for the
rest of the summer? There is only one way to find out!

#### COLOR WARS PART ONE

The tradition continues! We plan to build on the successes of last summer by adding a few more creative twists to make Color Wars Part One 2018 even better than those in the past.

This day promises to foster the utmost in energy, enthusiasm and team pride in our campers and staff. All will heed the call of their Color Wars Team morning, noon and night. Current 9th Grade Campers, please do not forget that this is your year to come up with an original and creatively choreographed song and dance routine complete with lyrics for Songfest 2018. May the best team win!

I.I.M.P.M.T.

2W2, 3W1, 4W1 – July 2nd 2W4, 4W2 - July 31st

2W1, 3W1, 4W1 - June 25th

2W3, 4W2 - July 24th

Collect. Piece together. Decipher. Solve code. Depart. Lincolnites, please be prepared for a new and exciting twist on the days of old...The Great Escape, The Extreme Dream and To Mr. Ruggles's Radical Rendezvous...Adieu!

Pack your bags fellas as it is time for us to travel to some out of this world locations.

#### COLOR WARS PART TWO

2W2, 3W1, 4W1 – July 9th 2W4, 4W2 – August 7th

This age-old camp tradition where the RED TEAM competes against the BLUE TEAM is one of the most anticipated days of each session. In 2017, the BLUE TEAM was victorious during both sessions. Will the RED TEAM bring the heat and become the winners this summer? Only time will tell. One thing is for certain...Summer 2018's installment of Color Wars Part Two will only be better as we add new campers, new events, more fun, and crown a new champion. Get ready to help lead your team to victory and to add to the legacy that is Color Wars Part Two.



## CAMP LINCOLN

#### LEVELS 1 AND 2

Jesse Adkins Denver, Colorado Sean Battey Prairie Village, Kansas **Christopher Berry** Cypress, Texas Jimmy Bohn Chanhassen, Minnesota Calvin Caputo Pennington, New Jersey Max Caputo Pennington, New Jersey Hunter Dyer Fort Collins, Colorado Matthew Forman Winnetka, Illinois Stevie Frisch Saint Paul, Minnesota Jimmy Hereford

Saint Louis, Missouri

Leo Jourdain Paris, France Jack Kirkpatrick Fort Lauderdale, Florida Will Kully Washington, District of Columbia Danny Parks Kenilworth, Illinois Nate Ryan San Diego, California **Jackson Schulz** Modesto, California Stuart Swearingen Bettendorf, Iowa Garrett Weil Chesterfield, New Hampshire Robbie Wetzel Saint Louis, Missouri



#### Core Values

Camp Lincoln and Camp Lake Hubert are committed to character building through five key core values... values that have been part of our tradition since 1909. These care values are an important part of everything we do, and are central to intentional camping. You can see our values in action, as our campers:



Build a strong community through the give-and-take experiences of living together;



Strive for excellence through challenges and achievements in activities and programs;



Have a lot of fun in a setting that creates joy and laughter with each new day;

## CAMP LAKE HUBERT





Enhance and gain a sense of personal growth and development that comes with new-found independence and developed through the encouragement of caring young adults;



Establish many lasting quality relationships that are made as the cabins work and play together.

#### PHASE I

Duluth, Minnesota Kassidy Brenner Edina, Minnesota **Audrey Cote** Chanhassen, Minnesota Brenna Davison Park City, Utah Allison De La Garza Nuevo León, Mexico Lilly Denney Kansas City, Missouri Sarah Depp Boston, Massachusetts Lilly Gaechter Winnetka, Illinois Maddy Harbsion Overland Park, Kansas Ellie Henry Denver, Colorado Hannah Hockman Bloomfield Hills, Michigan Laura Levescy Oklahoma City, Oklahoma Molly Martini Wayzata, Minnesota Klara Meyer Miami Beach, Florida Nicole Molitor Edina, Minnesota Kenzie Orloff Thousand Oaks, California **Holly Priest** Surrey, United Kingdom Caroline Schmale Kirkland, Washington Helen Tieder Saint Paul, Minnesota Faith Toner Denver, Colorado

**Abby Tutterow** 

Beth Walsh

Edina, Minnesota

Margaret Vogelpohl

Shorewood, Minnesota

Cherry Hills Village, Colorado

#### PHASE II

**Katie Berges** Eden Prairie, Minnesota Chloe Campbell Washington, District of Columbia **Emily Dickey** Mission Hills, Kansas Hillary Elmquist Woodinville, Washington **Eloise Gitchell** Breezy Point, Minnesota **Emmie Hicks** Niwot, Colorado Sally Johnson Fort Collins, Colorado Caroline Kane Tulsa, Oklahoma Margaux Miller Lake Forest, Illinois Abby O'Keefe Highlands Ranch, Colorado Sofie Richardson Edina, Minnesota Chloe Rubinger Excelsior, Minnesota Emma Stewart Denver, Colorado Sophie Stowe North Kingston, Rhode Island Ruby Walker Boulder, Colorado

Nan Yoder

Denver, Colorado



## 3 THINGS YOU CAN DO WITH Bug Quice

Oh, bug juice. The taste of sunny summer days and cabin cookouts. Just a glass of bug juice and you can hear the birds chirping, smell the burgers cooking, and feel the Lake Hubert Breeze. Here is the thing.... you do not have to wait until summer. You can have your bug juice right now.... or something like it — Kool-Aid. Bug juice may taste better, but Kool-Aid can tie you over until the summer. So, while you sip your glass of "bug juice" and think of camp, try out these fun activities to shake up your summer beverage of choice.

#### Buggin' 9ce Cubes

This is an effortless way to make any drink more playful. All you must do is take an ice cube tray and fill it with whatever bug juice flavor is your favorite. Put your ice cube tray in the freezer overnight. The next day you will have color ice cubes for a drink of your choice. A lemon-lime soda makes for a perfect combination.



Please ask help from an adult when using a stove. Ingredients:

- 2 cups of sugar
- 3 tablespoons of cornstarch
- 1 cup light corn syrup
- 1 1/3 cup water
- 2 tablespoons of butter
- 1 teaspoon salt
- 1 small packet of bug juice (or Kool-Aid)
- 1 teaspoon vanilla
- Butter a large cookie sheet and set to the side.
- In a medium saucepan, combine sugar and cornstarch. Add corn syrup, water, butter, and salt. Mix well before heating.
- Bring mixture to boil on medium-high heat, stirring occasionally, until it reaches 250 degrees Fahrenheit on a candy thermometer (hard ball stage).
- Remove from heat, and immediately stir in the vanilla and the bug juice powder.
- Quickly pour onto prepared cookie sheets.
- Let it stand a few minutes until it is cool enough to handle with your hands.
- Grab a few helpers to pull the taffy with buttered hands until the taffy lightens its color and becomes firmer. This might take a few minutes.
- Roll taffy into bite-sized pieces.
- Wrap individually in squares of wax paper.

#### Juicy Window Clings

- Pour bug juice powder into a bottle of school glue.
- Mix thoroughly using a thin, long utensil, like a chopstick.
- Use glue regularly to create art on canvas, paper, or plastic wrap.
- Once your creation is dry you can cling it to your window.

## PRO-TIP:

When using more than one color, allow each color to dry first; otherwise the colors may run together.



## DECORATE YOUR OWN STICKER

## Hey Campers!

We are looking for a new sticker design and we want your help. If you have a cool idea then please draw it below. Your design might be picked for our future sticker. Here is what you need to know:

- Your sticker can be any shape. Oval, circle, square...you name it!
- 2) Please color the sticker the way you would like it.
- 3) Your sticker must have Camp Lincoln and/or Camp Lake Hubert somewhere on it.
- 4) Ideas must be submitted before **June 1st** by posting a picture of this page to Facebook/Instagram and tagging:

## @CAMPLINCOLNCAMPLAKEHUBERT



7460 Market Place Drive, Suite A Eden Prairie, Minnesota 55344

Change Service Requested









